



# **Gujarat University**

## **Gender Equity and Sensitization Report 2014 to 2024**



**Vice Chancellor: Prof. (Dr.) Neerja A. Gupta**

**Registrar: Dr. Piyush M. Patel**

## INDEX

<b>Sr.No.</b>	<b>Contents</b>	<b>Page No.</b>
1.	About Gujarat University	3
2.	About WDC	4
3.	About ICC	5
4.	Overview of events	6 - 9
5.	Detailed Account 2014-2015	9 - 15
6.	Detailed Account 2015-2016	15 - 21
7.	Detailed Account 2016-2017	21 - 26
8.	Detailed Account 2017-2018	27 - 33
9.	Detailed Account 2018-2019	33 - 45
10.	Detailed Account 2019-2020	45 - 60
11.	Detailed Account 2020-2021	60 - 72
12.	Detailed Account 2021-2022	72 - 96
13.	Detailed Account 2022-2023	96 - 117

# **Gujarat University**

The Gujarat University is a public state university located at Ahmedabad, Gujarat, India. The university is an affiliating university at the under-graduate level and a teaching university at the postgraduate level. It is accredited B++ by NAAC. It was established in 1949. Many leaders like Mahatma Gandhi, Sardar Patel, Anandshankar Dhruv, Ganesh Vasudev Mavalankar and Kasturbhai Lalbhai recommended formation of the university in the 1920s, and the university was established soon after the independence of India. Gujarat University was evolved out of Ahmedabad Education Society, a major educational organisation of Gujarat then.

Gujarat University was formed under the Gujarat University Act of the Government of Gujarat in 1949 as a teaching and affiliating university. It was established under the recommendation of a committee headed by Ganesh Vasudev Mavalankar for rearrangement of university education in Bombay State. Many universities were established later which resulted in decrease in jurisdiction of Gujarat University.

It is an affiliating university at the under-graduate level and a teaching one at the post-graduate level. Close to three-hundred thousand students' study at university in the courses, faculties and affiliated institutes. The university caters for external as well as enrolled students. Affiliates include 285 colleges, 35 approved institutions and 20 recognised institutions, as of 2014.

Gujarat University is the only University in the state to have received the 5 Star category ranking by ICARE ratings GSIRF, Government of Gujarat in 2020.

Gujarat University is in the top 50 Universities in India under the National Institutional Ranking Framework (NIRF) ranking and 13<sup>th</sup> among all state universities in 2020.

The National Institutional Ranking Framework (NIRF) ranked Gujarat University 60th overall in India and 44th among universities in 2020.

Gujarat University Ranks 1st in Gujarat and 26th in India for the Category: "Public State Universities" under the prestigious Outlook I Care India University Ranking 2019.

Gujarat University has received the University Level National Service Scheme Award

(2016–17) by President of India Ram Nath Kovind.

### **WOMEN DEVELOPMENT CELL (WDC)**

The principle of gender equality is enshrined in the Indian Constitution in its Preamble, Fundamental Rights, Fundamental Duties and Directive Principles. The Constitution not only grants equality to women, but also empowers the State to adopt measures of positive discrimination in favour of women.

Gujarat University is effectively working towards achieving these broad objectives laid down by the Ministry of Women and Child Development, Government of India. Gujarat University has a responsibility towards empowerment of women not only through their appropriate education but also skill upgradation for a better life. In fact, at the same time looking at their safety and security, the Women Development Cell (WDC) has been established.

The mandate primarily focuses on development and also addresses need based solutions to overcome obstacles in the same, if any. This would be achieved through participation of the students in seminars, workshops, and training programmes.

<b>WDC Policy Committee till 2020</b>		
1.	<b>Dr. Neerja A. Gupta</b>	WDC President, Vice Chancellor Gujarat University
2.	<b>Shree Arun Oza</b>	Govt. Pleader & Public prosecutor
3.	<b>Smt. Kokila Trivedi</b>	Former Law Secretary, Gujarat State
4.	<b>Shree B. L. Mehta</b>	Former Law Secretary, Gujarat State
5.	<b>Prof. Jyoti Pareek</b>	Chairperson - WDC, Professor & Head, Department of Computer Science (Gujarat University)
6.	<b>Dr. Prachi Motiyani</b>	Member Secretary- WDC, Head, Department of Law (Gujarat University)

#### **Contact**

Prof. Jyoti Pareek : 079-26300877

Dr. Prachi Motiyani : 079-27913797

**e-mail: [wdc.icc.gu@gmail.com](mailto:wdc.icc.gu@gmail.com)**

**[wdc@gujaratuniversity.ac.in](mailto:wdc@gujaratuniversity.ac.in)**

**[icc@gujaratuniversity.ac.in](mailto:icc@gujaratuniversity.ac.in)**

<b>WDC Policy Committee 2020 -2024</b>		
1.	<b>Dr. Neerja A. Gupta</b>	WDC President, Vice Chancellor Gujarat University
2.	<b>Prof. Jyoti Pareek</b>	Chairperson - WDC, Professor & Head, Department of Computer Science (Gujarat University)
3.	<b>Prof. Jyoti Pareek</b>	Chairperson - ICC, Professor & Head, Department of Computer Science (Gujarat University)
4.	<b>Dr. Prachi Motiyani</b>	Member Secretary- WDC, Assistant Professor, School of Law (Gujarat University)

## INTERNAL COMPLAINT COMMITTEE (ICC)

<b>ICC Committee 2020 -2024</b>			
1.	<b>Dr. Jyoti Pareek</b>	ICC, Chairperson,	Professor & Head, Department of Computer Science (Gujarat University)
2.	<b>Dr. Prachi Motiyani</b>	ICC, Member Secretary	Member Secretary- ICC, Assistant Professor, School of Law (Gujarat University)
3.	<b>Mrs. Nipa Shukla</b>	NGO Member	Stree Chetna
4.	<b>Prof. (Dr.) Nutan Kotak</b>	Member	Department of English (Gujarat University)
5.	<b>Dr. Komal Shah</b>	Member	Department of Journalism and Mass Communication (Gujarat University)
6.	<b>Prof. Meenu Saraf</b>	Member	Director, School of Science (Gujarat University)
7.	<b>Mr. P. M. Joshi</b>	Non-Teaching Staff Member	Academic Section (Gujarat University)
8.	<b>Shri Deepak Limbachia</b>	Non-Teaching Staff Member	Establishment (Gujarat University)

### **Contact**

Prof. Jyoti Pareek : 079-26300877

Dr. Prachi Motiyani : 079-27913797

**e-mail: [wdc.icc.gu@gmail.com](mailto:wdc.icc.gu@gmail.com)**

**ACTIVITIES of WDC-ICC since 2014 : A bird's eye view**

<b>Sr. No.</b>	<b>Name of the event</b>	<b>Type of event</b>	<b>Year</b>
1.	Self Defense Solutions: Safety and Security	Workshop	August 2014
2.	FIT is HIT: Health Management	Interactive Forum	January 2015
3.	Mahila Suraksha: Safety and Security	Workshop	February 2015
4.	Herbs N Health: Health	Seminar	July 2015
5.	Mind the Mind: Mental health	Seminar	October 2015
6.	International Women's Day	Seminar	March 2016
7.	Challenge the Challenge: Motivation	Seminar	August 2016
8.	Health Management: Health	Seminar	August 2016
9.	Emotional Quotient for Success: Mental Health	Workshop	February 2017
10.	Personal grooming for Success: Personality development	Workshop	March 2017
11.	Pratibha 2017	Inter-department competitions	March 2017
12.	International Women's Day	Cultural Programme and Prize Distribution	March 2017
13.	Cyber Security 2017: Security	Seminar	August 2017
14.	Financial Management 2017 : Finance	Seminar	January 2018
15.	Home Gardening (HG 2018): Hobby	Workshop	January 2018
16.	Pratibha 2018	Inter-department competitions	March 2018
17.	International Women's Day	Cultural Programme and Prize Distribution	March 2018
18.	Sexual Harassment at Workplace	Awareness	July 2018



		Programme	
19.	Don't worry be happy: Stress management	Interactive session	August 2018
20.	Bhagwad Geeta-Treasure Hunt	Brainstorming Session	December 2018
21.	Heartfulness for Happiness: Meditation	Workshop	February 2019
22.	Self-confidence for Success: Personality Development	Workshop	February 2019
23.	Pratibha 2019	Inter-department competitions	March 2019
24.	International Women's Day	Cultural Programme and Prize Distribution	March 2019
25.	Respect Redefined : Gender Sensitization	Seminar	July 2019
26.	Healthy Women Happy Home: Health	Seminar	August 2019
27.	Celebrating Life: Motivation	Workshop	December 2019
28.	Zero Tolerance: Legal Awareness	Seminar	January 2020
29.	Depress Depression: Anxiety Management	Workshop	January 2020
30.	Pratibha 2020	Inter-department competitions	March 2020
31.	International Women's Day	Cultural Programme and Prize Distribution	March 2020
32.	National Webinar on UNPLUG TO DE-STRESS: An initiative to manage stress	Webinar	September 2020
33.	National Webinar on TKCR 2020: An initiative towards cancer awareness in women	Webinar	October 2020
34.	Meeting with Dr. Rajulben Desai, Member, National Commission for Women	Interactive session with ICC members from other universities	January 2021
35.	IT'S TIME: Training IC members in	Webinar	January

	handling complaints related to sexual harassment of women at workplace		2021
36.	National Webinar on TIMELESS TIME-An initiative to manage TIME	Webinar	January 2021
37.	National Webinar on CULTIVATING RESILIENCE-An initiative to manage oneself in difficult times	Webinar	February 2021
38.	PRATIBHA 2021	Inter-department competitions	February 2021
39.	National Webinar on ATMANIRBHAR BHARAT- N. E.P. 2020 Women's Perspective	Webinar	March 2021
40.	International Women's Day	Cultural Programme and Prize Distribution	March 2021
41.	Cyber security	Webinar	July 2021
42.	Redefining Careers 2021	Webinar	July 2021
43.	Money Matters-Let's Value it	Webinar	August 2021
44.	Amulya mulyo	Webinar	August 2021
45.	Strengthening Positivity	Webinar	September 2021
46.	Jagrut Mahila Surakshit Mahila	Webinar-SWC	October 2021
47.	Bharatna Swatantrata Sangramna Naari Ratno	Webinar- Azadi ka Amrut Mahotsav	December 2021
48.	Personal Capacity Building	Webinar-NCW	January 2022
49.	Professional Career Skills	Webinar-NCW	January 2022
50.	Digital Literacy & Effective use of social media	Webinar-NCW	January 2022
51.	Pratibha Competitions	Inter-department Competitions	March 2022
52.	International Women's Day	Cultural Programme & Prize	March 2022

		Distribution	
53.	Eat Right and Live Healthy	Webinar	July 2022
54.	Managing Personal Finance	Seminar	August 2022
55.	Regional Consultation Meet	NCW meet	September 2022
56.	Strengthening Research Acumen	Webinar	September 2022
57.	Ame Aatmanirbhar	Exhibition	October 2022
58.	Comprehending the Constitution of India	Quiz competition (Pratibha 2023)	November 2022
59.	Caring for Elders- Challenges and Opportunities	Webinar	January 2023
60.	Mental, Emotional and Physical Health of adolescent and adulthood in women- Sakhi Swasthya	National Symposium	January 2023
61.	Pratibha Competitions	Inter-department Competitions	January 2023
62.	Now No More: An awareness initiative for Prevention of Sexual Harassment (PoSH) at Workplace	Seminar	January 2023
63.	International Women's Day	Cultural Programme & Prize Distribution	March 2023
64.	NRI Marriages-Do's and Don'ts: A Way Forward	Awareness programme	March 2023

**List of Events from 2021-2023**

<b>Sr. No.</b>	<b>Name of the event</b>	<b>Type of event</b>	<b>Year</b>
1.	Cyber security	Webinar	July 2021
2.	Redefining Careers 2021	Webinar	July 2021
3.	Money Matters-Let's Value it	Webinar	August 2021
4.	Amulya mulyo	Webinar	August 2021
5.	Strengthening Positivity	Webinar	September 2021
6.	Jagrut Mahila Surakshit Mahila	Webinar-SWC	October 2021
7.	Bharatna Swatantrata Sangramna Naari Ratno	Webinar- Azadi ka Amrut Mahotsav	December 2021
8.	Personal Capacity Building	Webinar-NCW	January 2022
9.	Professional Career Skills	Webinar-NCW	January 2022
10.	Digital Literacy & Effective use of social media	Webinar-NCW	January 2022
11.	Pratibha Competitions	Inter-department Competitions	March 2022
12.	International Women's Day	Cultural Programme & Prize Distribution	March 2022
13.	Eat Right and Live Healthy	Webinar	July 2022
14.	Managing Personal Finance	Seminar	August 2022
15.	Regional Consultation Meet	NCW meet	September 2022
16.	Strengthening Research Acumen	Webinar	September 2022
17.	Ame Aatmanirbhar	Exhibition	October 2022
18.	Comprehending the Constitution of India	Quiz competition (Pratibha 2023)	November 2022
19.	Caring for Elders- Challenges and Opportunities	Webinar	January 2023

20.	Mental, Emotional and Physical Health of adolescent and adulthood in women- Sakhi Swasthya	National Symposium	January 2023
21.	Pratibha Competitions	Inter-department Competitions	January 2023
22.	Now No More: An awareness initiative for Prevention of Sexual Harassment (PoSH) at Workplace	Seminar	January 2023
23.	International Women's Day	Cultural Programme & Prize Distribution	March 2023
24.	NRI marriages-do's & dont's : a way forward	Awareness Programme	March 2023

## **DETAILED ACCOUNT OF ALL EVENTS**

**2014-2015**

### **SELF DEFENSE SOLUTIONS 2014**

A workshop on **Self Défense Solutions 2014 (SDS 2014)** was organized by Women Development Cell (WDC) on Friday 22<sup>nd</sup> August 2014. Mr. Pruthvi Bhatt, Founder President of the Lok Raksha Sewa Samiti & Woman's Defence Committee and also editor of Lok Rakshak Police Patrika, a weekly newspaper, was invited to be the resource person.

Welcoming Mr. Bhatt, Prof. Savita Gandhi, Chairperson-WDC stressed on the significance of the workshop and conveyed heartfelt gratitude to Mr. Bhatt and his team of trainers for having spared their valuable time in the interest of the participants of the workshop. Prof. Savita Gandhi conveyed her best wishes to the participants and hoped that it would pave the way to better confidence among the participants. Mr. Bhatt very appropriately encouraged the participants to interact, express and display their fears and ultimately helped them overcome the same. Mr. Bhatt very rightly suggested that being able to fight for own safety is the need of the hour. His team of trainers not only demonstrated the ways to prevent an attack but also provided an opportunity to the participants to get a hands-on-training in the same. The girls felt much more confident and promised to practice and spread the message of learning self-defence. The boys were sensitized towards the urgent need to be fit, agile, be aware of their surroundings and all the same be ever ready to help anyone in need of help. Dr. Himanshu Pandya, Staff-in-Charge, GUBS, coordinated the event along with Dr. Archana Mankad, Member Secretary-WDC. All participants received certificates of participation. The participants appreciated the workshop and have expressed willingness of learning martial arts in an advanced workshop later in this month. Infact, this workshop was conceptualised earlier this year in March during a seminar on Safety And Security for All 2014 (SASA 2014) organised by GUBS and WDC with Ms. Ruzan Khambhatta. The staff and students from various PG departments benefitted from the workshop. The event was anchored by Dr. Megha Bhatt very gracefully.

## Workshop on **Self Défense Solutions 2014 (SDS 2014)**



Inauguration of the Workshop Prof. Savita Gandhi welcoming the resource person



Mr. Prithvi Bhatt – Resource person



Training in progress



Training in progress



Training in progress



Training in progress



Training in progress



Dr. Megha Bhatt-anchoring the event



Ms. Charvi Pandya-Vote of Thanks



## **FIT IS HIT 2015**

Women Development Cell (WDC) organized an **Interactive forum** on **FIT is HIT 2015 (FH 2015)** on Wednesday 28<sup>th</sup> January 2015 at the Department of Botany, Gujarat University. The one most urgent aspect for all of us is our fitness and health. We all agree that “Health is Wealth” and with the changing lifestyles and work pressure, it is high time we prioritize fitness and health in our daily regime. Alongside the various aspects of personality that make anyone an instant hit by making a good impression comes by personal grooming and effective body language. The programme included these themes and there were two invited lectures one on Fitness (FIT) and the other on making a good impression (HIT). Prof Savita Gandhi, Chairperson –WDC and Head-Computer Science Department welcomed the guests. She also highlighted the need of such timely co-curricular activities for an overall grooming and personality development of one and all. Dr. M. N. Patel, Honourable Vice Chancellor and President of the function blessed the gathering. He stressed on the need of physical fitness for a better life and motivated the students to take up fitness on a priority basis. Dr. Rajan Dalal very effectively justified the significance of physical exercise in our daily schedule. His creative presentation appealed to all present to address the problems of both excess weight and underweight. He demonstrated the right type, duration and frequency of exercise to be done for a toned body. The participants interacted with him with several questions after his lecture. Ms. Sonia Shah gave an impressive account of the significance and types of impressions. Focussing on looks for first impression, she impressed upon all the need of taking care of facial expressions and body language for an effective first impression. She took the help of volunteers from amongst the students present to explain several personality traits and made the group evaluate the activity thus conveying the various aspects of body language. The students participated very enthusiastically and enjoyed the lectures all the same they were sensitized to the fact that a celebrity is not merely a celebrity because of his luck ...but is a celebrity because of the care taken for both physical fitness and impressive body language. Dr. Archana Mankad concluded the forum thanking all specially the Honourable Vice Chancellor, Dr. M. N. Patel for his continuous presence and inspirational words of wisdom. The event witnessed participation of post graduate students, research scholars, women scientists, faculty and invited guests from Botany-Bioinformatics-Climate Change Impacts Management and Computer Science departments.



Inaugurating the Forum    Welcome Hon. Vice Chancellor Dr.M.N.Patel



Dr. Rajan Dalal



Ms. Sonia Shah



Activity in progress



August dignitaries in the audience

### **MAHILA SURAKSHA: An Initiative on Mahila Jagruti**

Ahmedabad Police Suraksha Setu celebrated **Mahila Jagruti Month** from 7th February 2015 to 7th March 2015. The aim of this initiative was to spread awareness about the rights of women, law relating to safety and security of women to prevent crime against women, and also provide them with fear less environment. A workshop was organized with the support of NGO Life Skill Foundation as a first step towards protecting women.

A workshop on Mahila Suraksha was conducted by Women Development Cell, Gujarat University at Department of Botany Auditorium on 26<sup>th</sup> February-2015. The aim of this workshop was to spread awareness about the rights of women, law relating to safety and security of women, to prevent crime against women and also provide them with fear less environment. This workshop was organized with the support of NGO Life Skill Foundation, partner with Police Suraksha Setu as one of the steps towards protecting women. About 200 students and Faculty members from various departments participated in the interactive sessions during the workshop.

Prof. Savita Gandhi, Chairperson WDC, Head Computer Science department introduced the workshop and welcomed the guest, Mr. John from Life Skill foundation. The First session was conducted by Mr. Ujjwal Jaiswal, and it was an interactive session in which he demonstrated various techniques for self defense in case of attacks. He talked about four main pillars of self defense viz. courage, presence of mind, muscular strength and defines skills which are necessary in order to respond to a sudden attack. He also showed some vital points of the offender like eyes, nose, back skull etc., which should be targeted in case of sudden attack. He pointed out importance of fitness and exercise to retain the strength of the body. He made an effective demonstration of simple fitness exercises and defense techniques.

In the second session, Mr. John provided a detailed information regarding laws under various IPC sections for the protection of women like laws against Sexual harassment at workplace, Domestic violence and POCSO, a special law for protection of children from Sexual harassment. He also provided the guidelines regarding what activities come under workplace harassment and what things should be kept in mind while filing a complaint. Mr. John encouraged the audience to register in 1091, a helpline number provided under Police Heart initiative which can be called in case of emergency.

The workshop was attended by more than 200 participants from various PG departments. Both boys and girls enthusiastically learned the essentials of fitness and self defense. Dr. Jyoti Pareek, Computer Science department, delivered a formal vote of thanks to the guests. In all the workshop focused

on awareness of self defense and legal literacy among women but at the same time also stressed on the fact that women need to be cautious so as to prevent situations, which can make them vulnerable to attackers.



Prof. Savita Gandhi - About the workshop and Welcoming the guest



Self defense training in progress Mr. Ujjwal demonstrating self defense



Mr. Ujjwal teaching martial arts

Participants of the workshop



Mr. John discussing legal issues    Dr. Jyoti Pareek delivering Vote of thanks

**2015-2016**

**HERBS N HEALTH 2015 (HNH 2015)**

A one day Seminar on **Herbs N Health 2015 (HNH 2015)** was organized by Gujarat University Botanical Society (GUBS), Women Development Cell (WDC), Internal Complaint Cell (ICC) in collaboration with Gujarat Medicinal Plant Board and Shashwat at Department of Botany, Gujarat University, Ahmedabad on Friday, 10<sup>th</sup> July, 2015. The programme was aimed to promote herbal medicine, naturopathy, yoga and ayurveda among city residents and to nurture medicinal plants at home. Dr. M. N. Patel, Honourable Vice Chancellor, Gujarat University along with Shri B. N. Patel, Technical expert from Gujarat Medicinal plant Board (GMPB) inaugurated the seminar and blessed the event. Dr. Archana Mankad welcomed the guests and the participants. The participants included staff, students with their parents, and eminent persons from forest department and GMPB. Inaugurating the seminar, Honourable Vice Chancellor, Dr. M. N. Patel emphasized the urgent need of taking care of our health. Ms. Saswati Chandra, President - Shashwat, very effectively introduced the seminar objectives. Prof. Savita Gandhi, Chairperson- WDC and Head- Department of Computer Science and Prof. Rajshri Bhatt, Chairperson-ICC and Head- Department of Statistics blessed the participants. The inaugural session was followed by refreshments and the participants and guests enjoyed healthy snacks in the form of *boiled pulses salad* and *yummy sargava-no-soup*. The first technical session was conducted by Shri B. N. Patel from GMPB who highlighted the activities of GMPB. The second technical session was conducted by Prof. Minoo Parabia, appropriately titled as *Dadima -nanuskha*, the session generated a lot of interest among the participants. Alongside there were free health checkups arranged by GMPB and Shashwat group for everyone. In these checkups, ayurvedic doctors gave free counselling to the participants for their health-related issues. The third technical session was conducted by Dr. Hemant Joshi, District Ayurved Officer. Dr. Joshi emphasized the need of relooking at our changing lifestyles and illustrated the amalgamation of Ayurveda in it. The traditional Lunch was not only sumptuous but also healthy and all the participants really enjoyed the Palak Paratha, Soya corn in punjabi gravy, fry dal and Kodri Pulao. This was accompanied with coconut khajur jaggery sweet and fresh green salad. After lunch the fourth technical session was conducted by Dr. Birju Acharya, Director, Yog Vedic Village. Dr. Acharya focused on the significance of yoga and reinforced the health benefits of a balanced life free of stress with the practice of yoga. Prof. L. B. Singh from Ayurved Mahavidyalaya, in the fifth technical session gave a descriptive account of important medicinal plants. The sixth session was taken by Dr. Lancelot D'cruz, St. Xavier's College. Father Lancy also is part of the aadhi-aushadhi group and delivered a very informative and eye-opening talk on Important medicinal plants and associated traditional knowledge. His vast experience

with the tribals at Rajpipla and experiments on value addition using medicinal plants was appreciated by all. The participants appreciated the functions of Gujarat Medicinal Plant Board and Shashwat and had a hands-on learning experience of making pain balm among other medical formulations in the last concluding session. All participants received a certificate of participation. The participants got an opportunity to buy medicinal formulations prepared by aadhi aushadhi group and Shashwat group besides the all-time favourite amla chunks.



Lighting of the lamp



Prof. M. N. Patel addressing the gathering



Dignitaries on the dais



Rajshri Ma'am welcoming Prof.M.N.Patel



Savita Ma'am welcoming Shri B. N. Patel Chandra



Rajshri Ma'am welcoming Saswati Chandra



Archana Ma'am welcoming Savita ma'am



Dr. Lancelot D'cruz delivering lecture



## MIND THE MIND

WDC organized a seminar on **Mind the Mind** in collaboration with Gujarat Institute of Psychological Science and Research Centre (GIPS). The programme was held on Wednesday, 14th October 2015. Mr. Himanshu Desai from GIPS and Mr Narendra Somani along with Prof Savita Gandhi, Prof. Rajshri Bhatt and Dr. M. N. Patel were on the dias. Speaking on the occasion Mr. Narendra reflected on his life experiences and congratulated WDC for taking this initiative for the benefit of the students. Dr. M. N. Patel in his presidential address expressed the need of such endeavours and was happy that WDC was taking into account such issues and giving the much-needed help to the students from experts. Mr. Himanshu Desai and his team from GIPS participated in the seminar in a very effective manner. They presented various types of mental illnesses in the form of small skits and explained ways to manage them.





## **INTERNATIONAL WOMEN'S DAY 2016**

Gujarat University, organized Women's Day celebrations on Monday, 12th March 2016 in the form of a cultural programme. This year the International Women's Day is being celebrated with the theme "Pledge for Parity". A quick registration was followed by the Brief welcome of all the guests, faculty members, staff and students at the university. The programme started with the prayer by Mr. Krupesh from Microbiology Department. This was followed by Prayer dance by Ms. Nidhi Dave from Microbiology Department. A monocot by Ms. Acharya was next and her prize-winning monocot was focused on sexual harassment. The students of Botany, Bioinformatics and Climate Change Impacts Management presented a group song based on the dreams and aspirations of women. It received a standing ovation. The students of Communication, Journalism and Public relations showcased the video clips prepared by them as part of their assignment on the theme 'save the girl child'. This was followed by a skit presented by the students of statistics on Social Issues: today and tomorrow. It was appreciated by all. The last item was Garba by the students of Botany, Bioinformatics and Climate Change Impacts Management. The staff and students from Department of Computer science had designed a quiz for the audience in which questions related to powerful women were asked. There were prizes for the correct answers. The formal Prize distribution function began with the lighting of the lamp by the Chief Guest, Dr. Kalaben Shah and the Guest of Honour, Mrs. Sonal ben Soni, Dr. Rajshri Bhatt, Dr. Savita Gandhi and Dr. Archana Mankad. Welcoming the guests, Rajshri Ma'am expressed gratitude to the guests for having accepted our humble invitation and for gracing the occasion. Dr. Savita Gandhi gave an overview of the inter-department competitions and expressed satisfaction on the overwhelming response and enthusiastic participation by the students. She also expressed gratitude to the Judges for having spared their valuable time for the events. Dr. Kalaben Shah, gave a very informative talk on relationships and role of women, common health issues affecting women and social aspects woven around women. The prize distribution was coordinated by Dr. Archana Mankad. Dr. Mankad appreciated and acknowledged the wholehearted sponsoring of all prizes by Lions International. The ceremony began by felicitation of the Judges by the Chief Guest, Dr. Kalaben Shah. There were thirteen events including solo and group events wherein more than 200 students participated. The prize distribution was followed by the customary Vote of thanks by the member secretary. A group photograph was followed by piping hot sumptuous lunch. All the participants received a certificate of participation.





Ms. Nidhi Dave



Group song by BOT-BIN-CCIM



Ms. Acharya



Skit- Statistics Dept



Group Dance by BOT-BIN-CCIM



Quiz – Computer science Department



Lighting of the lamp



Welcoming the Guest



Welcoming the Guest



Dr. Rajshri Bhatt



Dr. Kala ben Shah



Dr. Savita Gandhi



Prize Distribution



Prize Distribution



Prize Distribution



Prize Distribution



Group Photograph

**2016-2017**

**CHALLENGE THE CHALLENGE**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized a series of lectures and interactive sessions for the benefit of the students to celebrate the **Women empowerment week** during second week of August 2016. The first in the series was a seminar on **Challenge the Challenge** (CC 2016). The Programme involved a quick inauguration by our Honourable Vice Chancellor, Dr. M. N. Patel. Inaugurating the Seminar, Patel Sir reflected upon his truly inspiring experiences when faced with challenges and how challenging those challenges with determination and skill, he could succeed in life. The guest speaker, Mr. Deepak Pandya also gave a very motivating speech and infused a lot of enthusiasm in the participants. The event was jointly organized with Lions Club. One of the challenges faced by our generation is managing health issues like diabetes. The next speaker very effectively generated the much-needed enthusiasm in the participants towards Diabetes. He suggested ways and means to handle the complicated disease and affirmed that prevention is better than cure. He gave socially useful lifestyle management tips to combat the disease. The participants received a certificate of participation.



## HEALTH MANAGEMENT (HM 2016)

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized a series of lectures and interactive sessions for the benefit of the students to celebrate the **Women empowerment week** during second week of August 2016. The second in the series was a seminar on **Health Management** (HM 2016). The programme involved lectures and interactive quiz by renowned doctors of Ahmedabad. The presentations highlighted on the need to focus on health first and prevent problems arising out of bad eating habits. The doctors particularly focused on gynaecological problems faced by the youngsters. The participants enjoyed participating in the quiz competition and interacted freely with the doctors with their health queries. The event was sponsored by Lion's Club. The participants received a certificate of participation.





## **EMOTIONAL QUOTIENT AND SUCCESS 2017 ( EQ 2017)**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized a Workshop on **Emotional Quotient and Success** for the staff and students at Gujarat University on Friday, 17<sup>th</sup> February-2017. The programme was inaugurated by our Honourable Vice Chancellor, Dr. M. N. Patel. Prof. Savita Gandhi, Chairperson WDC, welcomed the President of the function, Honourable Vice Chancellor, Dr. M. N. Patel and the Invited Speaker Dr. Himanshu Desai from Gujarat Institute of Psychological Sciences and Research (GIPS). Justifying the workshop Dr. Savita Gandhi illustrated that besides IQ, EQ plays a very significant role in the life of successful people. Speaking on the occasion, Honourable Vice Chancellor, Dr. M. N. Patel expressed concern and appreciated the need for a workshop on the selected theme. The Guest Speaker Dr. Himanshu Desai gave an informal interactive presentation highlighting the need to focus on emotional awareness and emotional management for a happy wellbeing. He and his team, Dr. Sandip Siddhapara and Mr. Mehul Patel conducted an EQ test for the participants. They also helped the participants understand their respective EQ and how they could help themselves to improve the same. The participants received a Certificate of Participation.





## **PERSONAL GROOMING FOR SUCCESS 2017 (PG2017)**

WOMEN DEVELOPMENT CELL(WDC) & INTERNAL COMPLAINT CELL(ICC) organized an Interactive seminar on **PERSONAL GROOMING FOR SUCCESS 2017 (PG2017)** for the staff and students of Gujarat University on Wednesday, 1<sup>st</sup> March -2017. Ms. Shanti Sarvagya from Aspire Image Consultancy AIM was the invited resource person. The programme was inaugurated by our Honourable Vice Chancellor, Dr. H. A. Pandya. Prof. Rajshri Bhatt, Chairperson ICC, welcomed the President of the function, Dr. H. A. Pandya and the Invited Speaker Ms. Shanti Sarvagya. Prof. Savita Gandhi, Chairperson WDC introduced the topic and justified on the need of such an activity for all the students. Dr. H. A. Pandya congratulated the organizers for focusing on such an important aspect of the personality of the students. He expressed his concern and highlighted the significance of grooming as a salient aspect of the personality. Ms. Shanti Sarvagya gave a very illustrative account of what grooming means and how the students can improve their personal grooming. Her friendly approach and interactive presentation made her connect with the students very effectively. The students asked lot of questions and she explained at length the need to make grooming as a habit. The seminar was well attended by not only the students but also by the staff from administrative section of the university. All received a certificate of participation.



## **PRATIBHA 2017**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized PRATIBHA 2017, a cultural competency programme that included various inter-department competitions in solo song, group song, group dance, theme-based fashion show, skit, elocution, essay writing, best from waste and healthy snacks categories on Thursday, 23<sup>rd</sup> February 2017. Earlier this year inter-department competitions on poster making, short story writing and short movie making were held and the selected were given a certificate and a prize. The teams displayed tremendous efforts and best were selected for the women's day celebrations on 8<sup>th</sup> March.

## **INTERNATIONAL WOMEN'S DAY 2017**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL celebrated International Women's Day on Wednesday, 8<sup>th</sup> March 2017 at the School of Languages, Gujarat University. The programme included a cultural programme, Quiz Competition, Audience participation and Prize distribution. The cultural programme coordinated by the Department of Botany, Bioinformatics and Climate change impacts management began with a prayer dance. Then the students presented a group song on the theme HAPPINESS - a musical portrayal of definition of happiness during childhood, youth and adulthood. This was followed by a skit on Swachata titled TAMARU SU JAI CHE a comic narrative of day-to-day happenings in most households with a powerful message of consequences of swachata. A fashion show based on the theme AME GUJARATI –evolving through times and yet retaining the vibrancy of colours and traditions, blending the ethnic and the trendy, the costumes that are our identity and pride were showcased in a very creative and stylish manner with music of Garvi Gujarat. A garba in its full gusto was presented with a visual delight of vibrant colours and exciting rhythms towards the end of the cultural programme. The Quiz competition coordinated by the staff and students of Department of Computer Science involved questions about identifying powerful women on the basis of clues. Anyone from the audience could answer and win a prize. The audience enjoyed it a lot. Then audience participated in the programme by voluntary poetry recital / singing songs etc. The Chief Guest Ms. Raksha Bharadiya, Vice Chancellor and President of the function, Dr. Himanshu Pandya were the dignitaries on the dais. Speaking on the occasion Ms. Bharadiya gave her unique perception and shared her opinion on the significance of celebrating women's day. Dr. Himanshu Pandya emphasized on the importance of respecting each and every one as a human. He highlighted the role of women in our lives and upheld their contribution in all walks of life. The Judges for various competitions during PRATIBHA 2017 were felicitated and the judges were requested to further give away the prizes of the respective categories. Dr. Archana Mankad, Member Secretary, WDC-ICC presented the formal vote of thanks wherein in addition to thanking the dignitaries and participants, she also thanked all the powerful women in our lives who helped us in taking care of our families and our homes while we attended to our duties her, *our mummy, sasuma, rasoī ane kaam karva wala ben*. The fun filled day ended with all enjoying sumptuous lunch.



The year 2016-17 thus witnessed a lot of active moments and enthusiastic participation from staff and students from various PG departments of the campus. Certificates of participation were given to all registered participants and prizes were given to the winners of Pratibha 2017.

**2017-2018**

**CYBER SECURITY 2017**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized a Seminar on **Cyber Security 2017 (CS 2017)** for the staff and students of Gujarat University on **Tuesday, 22<sup>nd</sup> August-2017** at the Zoology Department Auditorium. Prof. R. J. Verma, Prof & Head, Department of Zoology and his staff helped the organizers in the smooth conduct of the event. The programme was inaugurated by our Honourable Vice Chancellor, Dr. Himanshu Pandya, Patron WDC and President of the function. Prof. Rajshri Bhatt, Chairperson ICC and Director School of Science, Head, Department of Statistics, welcomed the Invited guests and participants. Prof. Savita Gandhi, Chairperson WDC, Head Department of Computer Science, gave a quick overview of the seminar. Justifying the seminar, Dr. Savita Gandhi illustrated the need of being aware of crimes and introduced the distinguished speakers. Speaking on the occasion, Honourable Vice Chancellor, Dr. Himanshu Pandya expressed concern and appreciated the need for a seminar on the selected theme. Dr. Archana Mankad, Member Secretary, WDC & ICC delivered the formal vote of thanks. Dr. Megha Bhatt anchored the programme very gracefully.

The first Guest Speaker was Dr. Bhushan Trivedi, who is currently working as a Dean, School of Computer Technology, GLS University as well as the Director, GLS Institute of Computer Technology (GLS-ICT). He has completed 25 years in academics. Dr. Trivedi, GLS University gave a very informative presentation on How to thwart common security problems while using social media. Dr. Trivedi was of the opinion that current youth cannot think of their lives without social media and smart phones. They are a real boon if we consider how good they are in bridging the gaps between friends and relatives. At the same point in time, it is a menace if users do not follow simple guidelines on how to use social media safely. Crossing the safety line has troubled many, in some unfortunate cases, with serious consequences. His lecture threw light on some common issues and description of measures to safeguard against them, the significance of cyber world and the hidden dangers therein. He was able to put his point across to the participants about vulnerability and consequences of cybercrimes.

The second Guest Speaker was Mr. Rakesh Singh Kunwar, MCA and M. Tech in Computer networking, Certified Penetration Testing and Ethical Hacking by Cybrary & have vast experience in several software like Volatility, X- Way forensic, Oxygen Forensic Toolkit, FTK, DFF, EnCase etc. As a Researcher, he established complete virtual lab for Malware Analysis and computer forensic Pursuing research on JPEG embedded with malicious codes/malwares as his Ph. D. work, has conducted a Cyber Awareness program in Raksha Shakti University and had many research papers presented in various national & international conferences. Mr.

Rakesh Singh Kunwar, Research Scholar from Raksha Shakti University gave a very effective interactive presentation and described actual crime stories to illustrate not only how the cybercrimes are committed, but also how and where to report and above all how to stay safe in this mystic wired / wireless world of internet. After the session many staff members expressed anguish about how they too are worried about their children using the internet. The key word that emerged was its better to be aware than to be sorry. It is a hidden enemy who does not have a face yet can rob us at least of our peace above all the other nonmaterial things like our precious data. The staff and students from PG departments of the university, admin staff from the university tower and students from Raksha Shakti University participated in the seminar. They interacted with the resource persons, and all received a Certificate of Participation.





## **FINANCIAL MANAGEMENT 2018 ( FM 2018)**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized a



Seminar on **Financial Management 2018 (FM 2018)** for the staff and students of Gujarat University on **Monday, 29<sup>th</sup> January-2018** at the Department of Botany, Bioinformatics and Climate Change Impacts Management Auditorium. Prof. Savita Gandhi, Chairperson WDC, Head Department of Computer Science, welcomed the Resource person, Ms. Palak Lotiya, SEBI Trainer and expert in financial management and gave a quick overview of the seminar. Justifying the seminar, Dr. Savita Gandhi illustrated the need of being aware of finances and introduced the distinguished speaker. Speaking on the occasion, Ms. Palak Lotiya illustrated the need to save and the ways to invest and make more money. Her presentation was interesting and generated a lot of discussion from the students and staff who participated in the seminar. Dr. Archana Mankad, Member Secretary, WDC & ICC delivered the formal vote of thanks. Ms. Snigdha Dixit anchored the programme very gracefully.

## HOME GARDENING (HG 2018)

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT CELL organized a workshop on **Home Gardening (HG 2018)** for the staff and students at Gujarat University on **Wednesday, 17<sup>th</sup> January 2018** at the Botany Auditorium. The programme was inaugurated by our Honourable Vice Chancellor, Dr. Himanshu Pandya, Patron WDC and President of the function. Prof. Rajshri Bhatt, Chairperson ICC and Director School of Science, Head, Department of Statistics, welcomed the Invited guests and participants.

Prof. Savita Gandhi, Chairperson WDC, Head, Department of Computer Science, in spite of ill health inspired the participants by her gracious presence. Ms. Jagriti Bhatt and Dr. Pratiksha Patel were invited as distinguished resource persons for the workshop. Speaking on the occasion, Honourable Vice Chancellor, Dr. Himanshu Pandya expressed concern and appreciated the need for a Workshop on Home gardening. He appreciated the efforts by the students of Botany and Horticulture Science in displaying the terrariums, tray gardens and ornamental plants as an **Exhibition** named **Ark-Essence of nature**. Dr. Archana Mankad, Member Secretary, WDC & ICC delivered the formal vote of thanks. Ms. Snigdha Dixit anchored the programme very gracefully. Dr. Pratiksha Patel justified the need to grow plants indoors and so get rid of toxins in closed rooms. In all the workshop received a lot of appreciation and the students of Botany, Bioinformatics, Climate Change Impacts management and Horticulture Science and Garden management joined hands enthusiastically and participated in the event.



## **PRATIBHA 2018**

WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT CELL (ICC), organized the annual Inter Department competitions **PRATIBHA 2018** in two phases. In the first Phase the competition was announced for BEST FROM WASTE - Theme: Reuse of Mineral water bottles, ESSAY WRITING - Theme: Success redefined, POSTER MAKING - Theme: My University, SHORT MOVIE MAKING - Theme: Learning from nature, STORY WRITING - Theme: Appreciation. In the second Phase competitions for ELOCUTION, HEALTHY SNACKS, SKIT, GROUP SONG, SOLO SONG, GROUP DANCE and FASHION SHOW were organised. Entries were invited from Students of all PG departments of Gujarat University for the same. There was active participation from various departments and the best among them were adjudged.

### **RESULTS : PRATIBHA 2018**

#### **ELOCUTION-Different Topics**

<b>Sr. No.</b>	<b>Prize</b>	<b>Name</b>	<b>Department</b>
1.	First	Kashyap Patel	Climate Change
2.	Second	Dhruv Pandya	Botany
		Shivani Shah	Commerce
3.	Third	Maulik Maheta	Microbiology

#### **HEALTHY SNACKS**

<b>Sr. No.</b>	<b>Prize</b>	<b>Name</b>	<b>Department</b>
1.	First	Jigna Pandya	Bioinformatics
2.	Second	Dhruv Pandya	Botany
3	Third	Harshita Mekhiya	Animation, IT-MS & Mobile applications

#### **Best from Waste**

<b>Sr. No.</b>	<b>Prize</b>	<b>Name</b>	<b>Department</b>
1.	First	Deepti Sharma	Botany
2.	Second	Kavya Radha Krishnan & Anjali Dave	Animation, IT-MS & Mobile applications
3.	Third	Dhruv Pandya	Botany

#### **Solo Song**

<b>Sr. No.</b>	<b>Prize</b>	<b>Name</b>	<b>Department</b>
1.	First	Arya Prashant	Microbiology
2.	Second	Vyas Parina	Biotechnology
3.	Third	Tithi Trivedi	Bioinformatics

### Group Song

Sr. No.	Prize	Name	Department
1.	First	Arya Prashant & Chauhan Dhara	Microbiology
2.	Second	Siddhi Mehta, Amrat Prajapati, Dipali Bhatt	Statistics
3.	Third	Rahul, Nirali, Jay, Megha, Deepika, Heena, Priyal and Rajan	Botany

### Group Dance

Sr. No.	Prize	Name	Department
1.	First	Apurva, Priyanshi, Reeva, Megha, Jaimini, Tanvi, Bhoomi, Shivani, Kinjal, Vaidehi	Biochemistry
2.	Second	Priyanka, Tithi, Shalini, Mrunali, Aarti	Climate Change
3.	Third	Pooja, Bharat Solanki, Jay, Sweta, Dhawal, Saloni, Prakash, Prakash Suthar, Shruti, Megha Lodha, Megha, Bharat, Mitesh, Hetal, Palak, Deepika	Botany

### Skit

Sr. No.	Prize	Name	Department
1.	First	Kathan, Bhavik, Jayesh, Roshani, Rekha, Naisargi	Commerce
2.	Second	Prakash Suthar, Dhruv, Anju, Jay, Megha Lodha, Nirali, Rahul, Bhoomika, Prakash, Digisha, Bharat Rajput, Bharat Chaudhary, Rajan, Megha, Hetal	Botany

### Essay Writing: Theme-SUCCESS REDEFINED

Sr. No.	Prize	Name	Department
1.	First	Deepti Sharma	Botany
2.	Second	Sajan Sharma	Labour welfare
3.	Third	Sohil Vahora	Chemistry

### Story Writing: Theme-APPRECIATION

Sr. No.	Prize	Name	Department
1.	First	Rahul Katara	Botany
2.	Second	Sohil Vahora	Chemistry

**Poster making: Theme-My University**

<b>Sr. No.</b>	<b>Prize</b>	<b>Name</b>	<b>Department</b>
1.	First	Sanjukta Rajhans	Botany
2.	Second	Riddhi Vyas	Chemistry

**Short Movie Making: Theme- learning from nature**

<b>Sr. No.</b>	<b>Prize</b>	<b>Name</b>	<b>Department</b>
1.	First	Immanuel Colaco Francis	Bioinformatics

## **INTERNATIONAL WOMEN'S DAY 2018**

WOMEN DEVELOPMENT CELL AND INTERNAL COMPLAINT CELL (ICC), GUJARAT UNIVERSITY celebrated the **International Women's Day on Thursday, 8<sup>th</sup> March 2018** with a lot of enthusiasm and zest. The programme involved a cultural programme by the students of different PG departments on the campus, an exciting Quiz competition for the audience and proactive faculty participation. The programme started with the University song and Ganesh stuti very creatively presented by Ms. Priyanka Pati (Oddissi) and Ms. Kruti Bhavsar (Kathak), from Department of Botany, Bioinformatics and Climate Change Impacts management. This was followed by a solo song by Mr. Prashant Arya from Department of Microbiology. He had won the first prize in Pratibha competitions and sang Gujarati folk songs and enthralled the audience. The Gujarati garba, an all-time favourite was next presented by the students from Department of Botany, Bioinformatics and Climate Change Impacts Management. The energy and the enthusiasm were palpable when the students danced gracefully in their beautiful attires. The students from Department of Commerce presented a skit on the theme of Save the girl Child-a very creative representation with an element of awareness and sensitization. The skit had won the first prize in Pratibha competitions and was directed by Prof. Sodha from Department of Commerce. A guest performance by Ms. Anjali kept the audience spell bound. It was a very graceful Bharatanatyam dance performed with a story line and an element of drama. The First Prize winners of group dance during Pratibha Competitions, Students from Department of Biochemistry performed the Tippani dance. As a tribute to the legendary Late Mrs. Sridevi Kapoor, the students from Department of Botany, Bioinformatics and Climate Change Impacts Management presented a unique group dance remembering the *Dancing Diva* through her popular dances.

The students from Department of Botany, Bioinformatics and Climate Change Impacts Management presented a skit on the theme Education focusing on the significance of good primary education for the character building of not only persons but also our nation. The programme was anchored by Ms. Snigdha Dixit from Department of Botany, Bioinformatics and Climate Change Impacts Management. The Staff and Students of Department of Computer Science presented a very creative Quiz for all in the audience and all those who gave correct answers received gifts. The quiz was followed by a video showcasing powerful woman of India. The faculty participation witnessed enthusiastic participation by faculty members, Prof. Jyoti Pareek from Department of Computer Science, Mrs. Shamina from K.S. School of Business Management and Ms. Shilpa Thaker. The prize distribution started with a formal welcome of the guests by Prof. Rajshri Bhatt, Chairperson-ICC. Shri Atma Prakash Kumar was the chief Guest for the function. Dr. Himanshu Pandya, Honourable Vice Chancellor was the President of the function. Prof. Savita Gandhi, Chairperson-WDC gave a

quick overview of the activities of WDC-ICC throughout the year. This was followed by Prize distribution and felicitation of the Judges. The Lion's Club Ahmedabad Main had sponsored the gifts for the judges and the first prizes in Pratibha Competitions. Shri Atma Prakash, Chief Guest recited a few of the translated and original poems by him focusing on women.

Dr. Himanshu Pandya, in his speech very rightly suggested that there should not be any competition between women and men. Both have their own respectful existence in the society. He urged one and all present to regard this universal truth to minimize conflicts at home or workplaces. Dr. Archana Mankad, Member Secretary, WDC-ICC delivered the formal vote of thanks wherein besides thanking one and all she thanked all the powerful women in the lives of all working women- mother, mother-in-law, domestic help, cook and the like for taking care of families and homes when women attend to their official duties.



**2018-2019**

**SEXUAL HARASSMENT AT WORKPLACE**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT COMMITTEE with Stree Chetana, organized an awareness programme on **Sexual Harassment at Workplace** for the teaching, administrative and non-teaching women staff from colleges and Post Graduate Departments of Gujarat University on Saturday, 7<sup>th</sup> July 2018 at the Senate Hall. The programme was inaugurated by **Hon. Smt. Vibhavariben Dave, Minister, Women & Child Development, Education (Primary and Higher Education) & Pilgrimage.**



The day started with Registration and hot mouth-watering dalwadadas as breakfast. The guests on the dais were introduced by Dr. Hetal Pandya, Department of Sanskrit. Dr. Gita Patel, President-Stree Chetana, and Smt. Shailaja Andhare, Secretary-Stree Chetana, were on the dais with WDC-Chairperson, Dr. Savita Gandhi and ICC-Chairperson, Dr. Rajshri Bhatt. Honourable Vice Chancellor, Prof. Dr. Himanshu Pandya welcomed Vibhavariben with a memento. Shailajaben and Gitaben welcomed Pandya Sir with a memento. Dr. Savita Gandhi gave a quick overview of the activities of WDC throughout the year. Smt. Vibhavariben delivered an energizing speech conveying the significance of woman in instilling values within a family. She highlighted the ethos of Joint Family that was a pillar of strength not only for the families but for the society at large. Dynamism should not eradicate our roots and growth should not erode our values. Illustrating her experiences, Vibhavariben was able to impress upon the participants the need to stand tall without being rude, to assert without being arrogant and participate without being told to and pave the way to harmonious living. Dr. Himanshu Pandya expressed anguish that it is ironical that such programmes are being envisaged and justified as need of the hour. He strongly suggested that problems arise because of wrong comparisons of a woman with a man. A woman, if at all, can be compared to another woman. He emphasized on respecting one another for peaceful working environment. Smt. Shailaja Andhare appraised all with Stree Chetana and its activities.





Dr. Archana Mankad delivered the formal Vote of Thanks. Mrs. Nipaben Shukla from Stree Chetana anchored the programme very gracefully. Dr. Divya Mishra from Department of Chemistry, Dr. Ankita from K S School of Business Management, Dr. Sangita from Department of Sociology and Dr. Priti from Human Resource Development Centre, along with their team of volunteers excellently managed the registrations and all arrangements.

Adv. Smt. Meghaben Chitalia generated awareness on the topic with her presentation. Smt. Krishanben joined Meghaben in the question hour. The participants were given blank sheets of paper to send questions to the resource persons. It was a very useful session for all the participants. Dr. Rajshri Bhatt summarized the event and expressed hope that the women would be safe in their respective workplaces. All enjoyed hot sumptuous lunch and captured the memorable moments in group Photographs.



## **DON'T WORRY BE HAPPY**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT COMMITTEE with Konnect Women Empowerment Circle (KWEC), organized an Interactive Session on Stress management called ***Don't Worry Be Happy*** for the students, teaching, administrative and non-teaching staff of Gujarat University on Tuesday, 28<sup>th</sup> August 2018 at the Senate Hall. The programme was inaugurated by **Honourable Smt. Bijalben Patel, Honourable Mayor, Ahmedabad Municipal Corporation.**



The day started with Registration. The guests on the dais were introduced by Dr. Kamyani Mathur, Professor & Head, Department of Psychology. Mrs. Jalpa Joshipura, President-Konnect, and Mrs. Nayika Agarwal, Founder - Konnect, were on the dais with WDC-Chairperson, Dr. Savita Gandhi and ICC-Chairperson, Dr. Rajshri Bhatt. Honourable Vice Chancellor, Prof. Dr. Himanshu Pandya welcomed Smt. Bijalben Patel with a memento. Mrs. Jalpa Joshipura & Mrs. Nayika Agarwal welcomed Smt. Bijalben Patel and Pandya Sir with gifts. Prof. Rajshri Bhatt formally welcomed the guests. Dr. Savita Gandhi justified the theme of the session. Smt. Bijalben Patel reflected upon the changing lifestyles and environment that generates stress. She was happy that such event was organized at Gujarat University to generate awareness and address the overall wellbeing of all. As Mayor, she also gave an overview of what was her priority like traffic and parking facilities and what she envisaged in future. Dr. Himanshu Pandya expressed the need to develop self-respect as well as respect for all for harmonious co-existence. He emphasized on the need to develop pride for our own Ahmedabad city as a Heritage City and join hands to enhance its glory. The speakers, Dr. Darshana Thakkar and Dr. Dhiren Ganjwala, both medical doctors by Profession but excellent Motivational speakers were welcomed warmly. They gave a truly interactive presentation and conveyed very effectively the significance of positive attitude, expectations and time management in handling day to day situations. The participants enjoyed the session thoroughly and interacted with speakers to clarify their views.

Mrs. Nayika Agrawal from Konnect gave a quick overview of Konnect. The students from Department of Psychology demonstrated very effective management skills not only in Arrangements and Registration but also anchoring the event under the able guidance of Dr. Kamyani Mathur. The

event attracted a lot of media attention as well. All participants received a certificate of participation.



## HEARTFULNESS FOR HAPPINESS (HH 2019)

WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC) organized a Workshop on **Heartfulness for Happiness (HH 2019)** on Thursday, 14<sup>th</sup> February 2019. The Programme began with the University Song. Dr. Rajshri Bhatt, Chairperson – ICC gave a Formal Welcome to all participants and Invited Guests.



Dr. Savita Gandhi, Chairperson – WDC gave a quick overview about the WDC-ICC and introduced the Team from Heartfulness-Mrs. Manisha ben, Mr. Virendra Jhope and Mr. Sharma. The President of the function, Honourable Vice Chancellor-Gujarat University, Prof. (Dr.) Himanshu Pandya aptly reflected on the theme Heartfulness for Happiness. He illustrated with very simple examples how happiness can be obtained by staying calm, helping others, being passionate about our work and developing a positive outlook towards life. Dr. Archana Mankad, Member Secretary – ICC & WDC presented the formal Vote of Thanks.





The Invited speaker, Mrs. Manisha highlighted the issues that affect the people today irrespective of age and gender. She justified the need of meditation to relieve our mind from everyday stress and thus achieve happiness. She showed a video to illustrate her point that the essence of life is in its simplicity and what a calm positive mind can feel and not in outward show or being in a rat race. Manisha Ma'am, then gave a demonstration of meditation and all were requested to follow her instructions to experience and learn the way to meditate. Dr. Maitri Jhaveri anchored the whole programme very gracefully as Master of Ceremonies. The session ended with all feeling very relaxed and energized to take the tasks ahead in the day.



## **SELF CONFIDENCE FOR SUCCESS (SS 2019)**

WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC) organized a Workshop on **Self Confidence for Success (SS 2019)** on Thursday, 28<sup>th</sup> February 2019.



The Programme began with the University Song. Dr. Rajshri Bhatt, Chairperson – ICC gave a Formal Welcome to all participants and Invited Guests. Dr. Savita Gandhi, Chairperson – WDC gave a quick overview about the WDC-ICC and introduced the Resource person, Ms. Sonia Shah from Pearl Special needs Foundation. Mr. Shambhu Vyas, M Sc Botany, shared a few lines written by himself apropos the theme to convey the need to be happy and content in life.



The President of the function, Honourable Vice Chancellor-Gujarat University, Prof. (Dr.) Himanshu Pandya aptly reflected on the theme of Confidence. He illustrated with very simple examples how confidence can be developed by skill upgradation, knowledge, overall grooming and developing a positive outlook towards life. Dr. Archana Mankad, Member Secretary – ICC & WDC presented the formal Vote of Thanks. The Invited distinguished resource person, Ms. Sonia was successful in generating a lot of enthusiastic participation among the participants through an interactive presentation. Body language, personal grooming, and overall personality help in building self-confidence, and this was illustrated very effectively by

Ms. Sonia. Ms. Kavya Tanna, M Sc Climate Change Impacts Management anchored the whole programme very gracefully as Master of Ceremonies. All participants received certificate of participation.



## **PRATIBHA 2019**

WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC) organized **PRATIBHA 2019** The annual Inter Department competitions. Every Year, entries are invited from Students of all PG departments of Gujarat University for various co-curricular and extracurricular activities. This year competitions were held for *Ek idea jo badal de aapki duniya* : An innovative idea that helps overcome any day to day difficulty/problem and can develop into a Small enterprise as a half page writeup; ESSAY WRITING - Theme: *Challenges of peaceful co-existence*; POSTER MAKING – Theme: *Happiness is a state of mind*; STORY WRITING - Theme: *Forgive and Forget* ;Solo Song ; Elocution ; Best from Waste-solo or team of two ; Healthy Snacks-solo or team of two; SKIT- Not more than 10 participants; Group Dance - Not more than 10 participants ;Group Song - Not more than 10 participants; Theme based Fashion Show - Not more than 10 participants. The activity witnessed enthusiastic participation and was successful in generating the spirit to excel. The judges evaluated the various entries and the winners were announced.

### **RESULTS: PRATIBHA 2019**

#### **ELOCUTION**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Result</b>
1.	Rashi Agrawal	School of Commerce	First Prize
2.	Sanjukta Rajhans	Botany	Second Prize
3.	Mahima Singh	Botany	Third Prize

#### **HEALTHY SNACKS**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Solo/Team</b>	<b>Result</b>
1.	Shivani Patel	School of Commerce	Team	First prize
	Stuti Desai			
2.	Arpi Mehta	Dept. of Statistics	Team	Second Prize
	Pallavi Yadav			
3.	Nirmi Turaknia	Dept. of Statistics	Team	Third Prize
	Chandni Patel			

#### **Best from Waste**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Solo/Team</b>	<b>Result</b>
1.	Shruti Panchal	Botany	Solo	First
2.	Jayswal Swati	Botany	Team	Second
	Sanjukta Rajhans			
3.	Bhanu Barad	Botany	Solo	Third



### Solo Song

Sr. No.	Name	Department	Result
1.	Cheryl Francis	School of Commerce	First
2.	Mansi Bhavsar	Dept. of Botany	Second
3.	Dhruv Pandya	Botany	Third

### Group Dance

Sr. No.	Name	Department	Result
1.	Mananki	Botany	First
	Khusbu		
	Mahima Singh		

### Skit

Sr. No.	Name	Department	Result
1.	Harsh Tripathi	School of Commerce	First
	Aishvi Soni		
	Naisargi Gohel		
	Bhoomi Chaudhary		
	Dax Maniar		

### Group Song

Sr. No.	Name	Department	Result
1.	Charmy Thakkar	School of Commerce	First
	Cheryl Francis		
	Shraddha Ruhela		
	Riddhi Valera		
	Chirag Bhavsar		
	Kaushal Bhati		
2.	Mayank Parmar	Botany	Second
	Chirag Rathod		
	Krina		
	Divya		
	Drushti		
	Pooja		
	Varna		
	Shambhu		

### Essay Writing: Theme-Challenges of peaceful co-existence

Sr. No.	Name	Department	Result
---------	------	------------	--------

1.	Swati Jayswal	Botany	First
2.	Nidhi Jain	K S School	Second
3.	Aqueed Shaikh	Dept. of Computer Science	Third

**Poster making: Theme-Happiness is a state of mind**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Result</b>
1.	Akashi Khetani	K S School	First
2.	Swati Jayswal	Botany	
3.	Vivek Barbhava	Dept. of Computer Science	

**Story Writing: Theme-Forgive and Forget**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Result</b>
1.	Hetaxi Soda	Dept. of Computer Science	First
2.	Nidhi Jain	K S School	Second
3.	Dimple Singhania	Dept. of Computer Science	Third

**Ek Idea Jo Badal De aapki Duniya**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Result</b>
1.	Parth Desai	Botany	First
2.	Sanjukta Rajhans	Botany	Second
3.	Mansoor Safari	Dept. of Computer Science	Third

The prize distribution would be held on Friday 8<sup>th</sup> March-2019 during the celebration of Women's Day.

## **INTERNATIONAL WOMEN'S DAY 2019**

Women Development Cell and Internal Complaint Cell Gujarat University celebrated the **International Women's Day on Friday, 8<sup>th</sup> March 2019** with a lot of enthusiasm and zest. The programme involved a cultural programme by the students of different PG departments on the campus, an exciting Quiz competition for the audience and staff participation. The programme started with the singing of the University song. The symbol of power... Nav durga was very creatively presented by Ms. Priyanka Pati (Oddissi) and Ms. Kruti Bhavsar (Kathak), from Department of Botany, Bioinformatics and Climate Change Impacts management. This was followed by a solo song by Ms. Cheryl Francis from Department of Commerce. She had won the first prize in Pratibha competitions and enthralled the audience. The students from Department of Commerce presented a skit on the theme of issues with the present education system -a very creative representation with an element of awareness and sensitization. The skit had won the first prize in Pratibha competitions and was directed by Prof. Sodha from Department of Commerce. A guest performance by Ms. Purva kept the audience spell bound. It was a very graceful garba and everyone was spell bound to see the young girl dance so gracefully. The students from Department of Commerce presented a group song taking the audience back to the days of ABBA with Dancing queen, Mama Mia and the latest rage... Cheap thrills. The group had won the first prize in Pratibha competitions and left the audience asking for more. The students from Department of Computer Science presented a skit highlighting the challenges faced by families of our armed forces... called Army behind Army. The excellent acting by the students brought tears in the eyes of one and all and sensitized each one how a woman holds the families together in testing circumstances. The students from Department of Botany, Bioinformatics and Climate Change Impacts Management presented a group song with a patriotic flavour. The faculty participation witnessed enthusiastic participation by faculty members, Prof. Jyoti Pareek from Department of Computer Science, Mrs. Shamina from K.S. School of Business Management, Ms. Nidhi from Department of Computer Science presented solo songs while a group of administrative staff presented a very nice garba. The programme was anchored by Ms. Maitri Jhaveri from Department of Computer Science. The Staff and Students of Department of Computer Science presented a very creative Quiz for all in the audience and all those who gave correct answers received gifts. The prize distribution started with a formal welcome of the guests by Prof. Rajshri Bhatt, Chairperson-ICC. Mrs. Neelam Arya, Regional Passport officer was the chief Guest for the function. Dr. Himanshu Pandya, Honourable Vice Chancellor was the President of the function. Prof. Savita Gandhi, Chairperson-WDC gave a quick overview of the activities of WDC-ICC throughout the year. Mrs. Neelam Arya, Chief Guest reflected on the plight of rural women and how her success became a turning point in the lives of women in her own household. She emphasized on the need to

educate and upgrade one's skills and never stop believing in oneself. Dr. Himanshu Pandya, in his speech very rightly suggested that there should not be any competition between women and men. Both have their own respectful existence in the society. He urged one and all present to regard this universal truth to minimize conflicts at home or workplaces. This was followed by Prize distribution and felicitation of the Judges. This year the faculty members who went out of their way to support the activities and events of WDC were felicitated by Honourable Vice Chancellor with a gift. This Happy to help faculty members were Prof. Kamayani Mathur, Department of Psychology, Dr. Divya Mishra, Department of Chemistry, Dr. Ankita Kathiria, B. K. School, Dr. Sangita Patel, School of Sociology, Dr. Priti Maiyani, Human Resource Development Centre and Dr. Hetal Pandya, Department of Sanskrit. Dr. Archana Mankad, Member Secretary, WDC-ICC delivered the formal vote of thanks wherein besides thanking one and all she thanked all the powerful women in the lives of all working women- mother, mother-in-law, domestic help, cook and the like for taking care of families and homes when women attend to their official duties. All participants enjoyed delicious hot lunch and received a certificate of Participation.







**2019-2020**

## **RESPECT REDEFINED ( RR 2019)**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT COMMITTEE had organized a workshop and Interactive Session on the very emotional issue called **Respect Redefined** for the students, teaching, administrative and non-teaching staff of Gujarat University on Wednesday, 17<sup>th</sup> July 2019 at the Seminar Hall of Botany Department, Gujarat University. The programme was inaugurated by Dr. Himanshu Pandya, Honourable Vice Chancellor of Gujarat University and Dr. Jagdish Bhavsar, Honourable Pro Vice Chancellor, of Gujarat University. Dr. Savita Gandhi (Chairperson WDC and ICC) and Smt. Shailaja Andhare (National Vice President of All India organization, Bhartiya Stree Shakti) welcomed all the esteemed dignitaries by presenting them a memento as a token of appreciation. Smt. Shailaja Andhare gave a brief introduction of the workshop.



Respected Vice Chancellor sir talked about how to respect everyone irrespective of their gender, age, position and qualification. He also quoted on maintaining respect among all family members with emphasis on being good rather than being correct.





Inauguration session was followed by the talk of the speakers. Three eminent speakers delivered talk and conducted panel discussions. To begin with, the first speaker was Ms. Shailendra Zala, Gender Resource Officer from Gender Resource Centre, Women and Child Department, Gujarat University. She talked about the violence that take place on women. She first introduced all activities conducted by the gender resource centre and efforts put in by them to bring the females into mainstream. She also showed a video demonstrating the concept of gender equality. She also talked about the provision of female counsellors at various police stations. She was presented a memento as a token of respect.



The second speaker was Dr. Gaurang Jani from sociology department of school of social science, Gujarat University. He has worked on gender equality and cast equality. He talked about gender equality, how women can work to achieve their active status in society. He also talked about the male female ratio, marriages in tribal communities, 'saata' system and human trafficking in various states of India. He emphasized on importance of discussion to solve any problem. He emphasized on making boys and girls sit on the same bench in a classroom, so that the boys can know how to behave with girls from the beginning of their life.



The talks were followed by a panel discussion led by Dr. Sarika Dave, from CU Shah College Gujarat University. The session was highly interactive with multiple questions from the students. The questions were on self-decision on choosing life partner, restriction on girls willing to marry as per their choice, honour killing and equality in public transport.



Dr. Savita Gandhi also emphasized that WDC is for both boys as well as girls. The session was concluded by Mrs. Shailaja Andhare. Dr. Archana Mankad, Member Secretary – ICC & WDC presented the formal Vote of Thanks. Ms. Maitri Jhaveri anchored the whole programme very gracefully as Master of Ceremonies. All participants received a certificate of participation.

## **HEALTHY WOMEN, HAPPY HOME (HWHH 2019)**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT COMMITTEE had organized a workshop and Interactive Session on “Healthy woman, Happy Home” for the students, teaching, administrative and non-teaching staff of Gujarat University on Wednesday, 14th August 2019 at the Seminar Hall of Zoology Department, Gujarat University.



The programme was inaugurated by Dr. R.J. Verma, Director School of Sciences, Professor and Head, Zoology Department, Gujarat University.

He appreciated the efforts and initiatives taken by WDC and ICC towards women empowerment. Dr. Savita Gandhi, Chairperson-WDC & ICC welcomed the esteemed dignitaries. Dr. Savita Gandhi gave a brief introduction of the workshop and welcomed the speaker, Dr. Mukesh Bavishi.



Dr. Mukesh Bavishi, renowned Gynec Surgeon, Fertility Specialist and Gynec Cancer Surgeon conducted the workshop. He disseminated his knowledge about women health and also got us familiar with the new and emerging technology for curing many fatal diseases. Dr. Archana Mankad welcomed the esteemed speaker with a token of appreciation. Being man or a woman has a significant impact on health, as a result of both biological and gender related differences. The health of a woman is of particular concern. Unequal power relationship between men and women, social norms that decrease education and paid employment opportunities, exclusive focus on women’s reproductive roles are some of the sociocultural factors that

prevent women and girls to benefit from quality health services and attaining best possible level of health. Dr. Bavishi discussed about problems like irregular menstruation, breast cancer, cervical cancer, PCOD and Endometriosis. He also introduced to us about a new way of taking medicine other than capsules, tablets and injections. He announced his initiative for spreading information about Pap test by conducting it free of cost. He also discussed about some of his patients who had severe health problems and mentioned a particular instance where he encouraged one of his patients to take decision on her own about her surgery. He discussed the importance of self-breast examination and also gave instructions about how and when to perform it.



The session was followed by an interactive question answer session, where the audience could resolve many of their doubts. The speaker asked multiple questions to the audience and distributed chocolates for every correct answer. The session was concluded by vote of thanks by Dr. Archana Mankad. A token of appreciation and a certificate was presented to the speaker by Dr. Savita Gandhi. Ms. Maitri Jhaveri anchored the whole programme very gracefully as Master of Ceremonies. All participants received a certificate of participation.

## MISSION SAHASI

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT COMMITTEE had organized a workshop “**Mission Sahasi**” for the students, teaching, administrative and non-teaching staff of Gujarat University from 23-25 September 2019 at Gujarat University. The workshop was for teaching various self-defence techniques. Around 65 girls participated in the workshop.



## **CELEBRATING LIFE**

WOMEN DEVELOPMENT CELL & INTERNAL COMPLAINT COMMITTEE had organized a workshop and Interactive Session on “Celebrating Life” for the students, teaching, administrative and non-teaching staff of Gujarat University on Monday, 23rd December 2019 at the Seminar Hall of Botany Department, Gujarat University. The Programme began with the University Song. A quick Inaugural ceremony involved welcome Member Secretary, Dr. Archana Mankad Address by Chairperson WDC-ICC, Dr. Savita Gandhi. Dr. Jagdish Bhavsar, Honourable Pro Vice Chancellor inaugurated the session and shared his words of wisdom. Shri Bhagyesh Jha was the Invited Speaker for the workshop. Bhagyeshbhai energized the participants with his session on Life is a Celebration reflecting on his life experiences and Bhagwat Geeta in a very humorous way. He defined PREM. P for positivity, R for response, E for emptying the mind of prejudices thus adding energy to development and M for motivation. Conveying in a very subtle way values in life upholding Gujarati culture, Bhagyeshbhai left participants asking for more. Mr. Shambhu Vyas anchored the programme very gracefully.





## **RESULT: PRATIBHA 2020**

PRATIBHA, is the Annual Interdepartmental competitions and like every year, this year too it witnessed enthusiastic participation this year. Various competitions planned this year were ***Ek idea jo badal de aapki duniya*** : An innovative idea that helps overcome any day to day difficulty/problem and can develop into a Small enterprise – to be submitted as a half page writeup; **ESSAY WRITING** - Theme: Challenges of succeeding today; **POSTER MAKING** – Theme: Growing gracefully ; **SOLO SONG** ; **BEST FROM WASTE** ; **HEALTHY SNACKS**; **SKIT** ;**GROUP DANCE** and **GROUP SONG**. The Head of Departments of almost all departments of Gujarat University positively motivated the students to participate. The Judges supported the event by helping in identifying the best among the participants in each category. The results - names of students with their department names is as follows:

### **Essay Writing**

Prize	Name	Department
First	Shaikh Faizan	Computer Science
Second	Sinha Ankita	Computer Science
Third	Swati Jayswal	Botany
Third	Shreya Johnson	Zoology

### **Ek Idea jo Badal de aapki Duniya**

Prize	Name	Department
First	Hitakshee Bhamare	Botany
Second	Pratik Awasthi	Computer Science
Third	Dhwani Pandya	Statistics

### **Poster Making**

Prize	Name	Department
First	Vinay Suthar	Physics
Second	Nazar S Durrani	Statistics
Third	Parth Chokshi	Computer Science

### **Healthy Snacks**

Prize	Name	Department
First	Vidhi Joshi-Krishna Gadhvi	Botany
Second	Dhwani Pandya	Statistics
Third	Arpi Mehta-Parth Prajapati	Statistics

### **Best from Waste**

Prize	Name	Department
First	Dhruva Jani-Riti Shah	Botany
Second	Palak Sapariya-Niyati Ruparelia	Computer Science
Third	Kalpa Oza – Milan Vala	Botany

### **Solo Song**

Prize	Name	Department
First	Mithun Bhatt	Climate Change
Second	Tithi Trivedi	Bioinformatics
Third	Rupali Soni	Labour Welfare

### **Group Song**

Prize	Name	Department
First	Urvashi Ganesh Shraddha Ruhela Sreejit Nair Chirag Bhavsar Cheryl Francis Charmy Thakkar	Commerce
Second	Ritika Parmar Heli Shah Manushi Dave	K.S. School
Third	Soni Rupali Vithlani Paavan Suthar Karan Moury Vijaylaxmi Joshi Viral J Bhatt Ankit Kalyani Jignesh Kadachha Nagarjun Prajapati Rimpal	Labour Welfare

### **Skit**

Prize	Name	Department
First	Atin Sojitra Dhwani Pandya Gajjar Manan Goyani Krushali Ganpatbhai	Statistics
Second	Khadodara Aneri Ajinkya Rathore	Computer Science



	Ankita Gadnkar Kshitij Modi Tanishka Vadwala Vaibhav Sharma Vraj Patel Rakesh Keshri Pratik Awasthi	
Third	--	--

**Group Dance**

Prize	Name	Department
First	Juhi Khanchandani Vedant Soni Dhwani Pandya Kalariya Nisha Prajapati Parth	Statistics
Second	Manali Shah Shukla Priya Maurya Shivangi Zala Priyanka Priyanshi Shah Hitakshee Bhamare Sneha Pandey Vidhi Joshi Rathore Divya	Botany
Third	Krishna Gadhvi Riti Shah Dhruvisha Mehta	Botany

These winning teams were further invited to be part of the cultural programme during the celebrations of Women's Day 2020.

## DEPRESS DEPRESSION

Women Development Cell and Internal Complaint Committee, Gujarat University organized a workshop on **DEPRESS DEPRESSION** on Saturday, 18th January 2020. The focus was on suicide prevention which is fairly common due to depression.



Prof Savita Gandhi, Chairperson WDC and ICC welcomed the guests and explained the need for such a workshop. Prof Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University emphasized on being happy by respecting one's own self and respecting others. Dr Arti Oza from St. Xavier's college delivered a very good lecture highlighting on the need to remain positive and shun negativity to ward off depression. Shri Praveen Valera from Jivan Astha and Ms. Nishmin Marshall from Saath helpline shared their perspectives. Dr. Sandip Siddhpara, Psychologist provided a hands-on exercise to the participants and conveyed effectively ways to perceive suicidal tendencies and provide timely help.



Dr. Savita Gandhi talked about the topics on which WDC has held workshops and seminars. They included issues related to physical health, mental health and societal pressure. The welcome address was followed by the blessings from the VC Sir, Dr. Himanshu Pandya. He talked about focusing on subject and gaining its thorough knowledge. He advised students to be not influenced by the society and social media networks. He emphasized on striving for blissfulness.



To begin with the session, Dr. Arti Oza distributed a questionnaire to all the participants. There were 20 questions in total. The questions were related to the emotions exhibited in different situations of life. Dr. Archana Mankad, Member Secretary-WDC and ICC delivered the formal vote of thanks. All participants received a certificate of participation.

## LEGAL AWARENESS



Women Development Cell WDC and Internal Complaint Committee (ICC) along with Gujarat State Commission for Women organized a Seminar on “**Legal Awareness**” on Friday, 24<sup>th</sup> January 2020. The day was abuzz with guests, students and participants registering enthusiastically at the senate hall. The programme began with the Inaugural ceremony, Smt. Lilaben Ankolia, Chairperson, Gujarat State Commission for Women was the president of the function.



Mrs. Vina Patel, Member Secretary, Gujarat State Commission for Women was invited as the Guest of Honour. Dr. Savita Gandhi welcomed the guests. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University and Patron WDC addressed the gathering and expressed his anguish for the need of such seminars in present day. Smt. Lilaben Ankolia gave a very detailed account on the functions of the Women Commission and expressed concern for all to be aware of their self-respect and all the same respect one-another. She assured all possible help to aggrieved complainants and emphasized on the need to empower oneself with knowledge and wisdom.



The technical session began with Dr. Dimple Raval, Head, Department of Law, Raksha Shakti University delivering a comprehensive and informative account on Women rights and Human rights. ACP Ms. Mini Joseph, Head, Mahila Police, Ahmedabad generated a lot of interest in her talk with short films depicting children passively learning bad behaviour from their parents. She also emphasized on how the society treats boys and girls differently. Police Sub Inspector, Ms. Dipti Gamara explained the role of SHE TEAM a novel venture of Ahmedabad Police to handle women related cases.



All participants received certificate of Participation. The seminar ended with a lot of brainstorming by student participants with the resource persons. Everyone enjoyed piping hot delicious lunch in the front lawns.

## INTERNATIONAL WOMEN'S DAY 2020

Gujarat University celebrated the International Women's Day on Thursday, 5th March 2020 with a lot of enthusiasm and zest. The program started with the University song and lamp lighting by dignitaries. Ganesh stuti was very creatively presented by the students as a combination of 2 dance forms, Kathak and Bharatnatyam. The main attraction of the inauguration of IWD celebrations was the E-inauguration of 'Shishu Niketan', the balghar. This initiative of Gujarat University is a beautiful, attractive place amidst calm and cool natural surroundings of Gujarat University. It provides enough amenities and facilities for playing and overall growth of kids. 'Shishu Niketan' is meant for kids of university students, research scholars and staff. The inauguration was done by Dr. Himanshu Pandya, the Honourable Vice Chancellor of Gujarat University.



The event then followed with a formal welcome of the guests by Dr. Savita Gandhi, Chairperson-WDC. She also gave a quick overview of the activities of WDC-ICC throughout the year. A movie depicting the activities of WDC was also shown. Prof. Dr. Himanshu Pandya, the honourable vice chancellor of Gujarat University was the patron of the event. In his address, he said that instead of just celebrating womanhood for a day, we should respect women always in all our day-to-day activities. He also criticized the practice of EMBRYOCTONY in the Indian society. The guest of Honor was Dr. Jagdish Bhavsar, the pro vice-chancellor of Gujarat University. Students from various departments of Gujarat University showcased their talents in Skit, Solo singing, Group singing and Group dance. Winners of 'Pratibha' contest were awarded prizes. The 'Pratibha' competition is an inter department competition held in the beginning of every year. This competition explores different skills of students such as theatre skills, innovative skills and content writing and presenting skills.





The faculties of Gujarat University also participated enthusiastically in solo singing and group dancing. The Staff and Students of Department of Computer Science presented a very creative Quiz for all in the audience. The quiz was meant to spread awareness of Indian women achievers in various fields. A video was prepared for each question in the quiz. Then based on the clippings the audience was supposed to give the answer. All those who gave correct answers received gifts. The celebration was then followed with lunch having mouth-watering dishes.



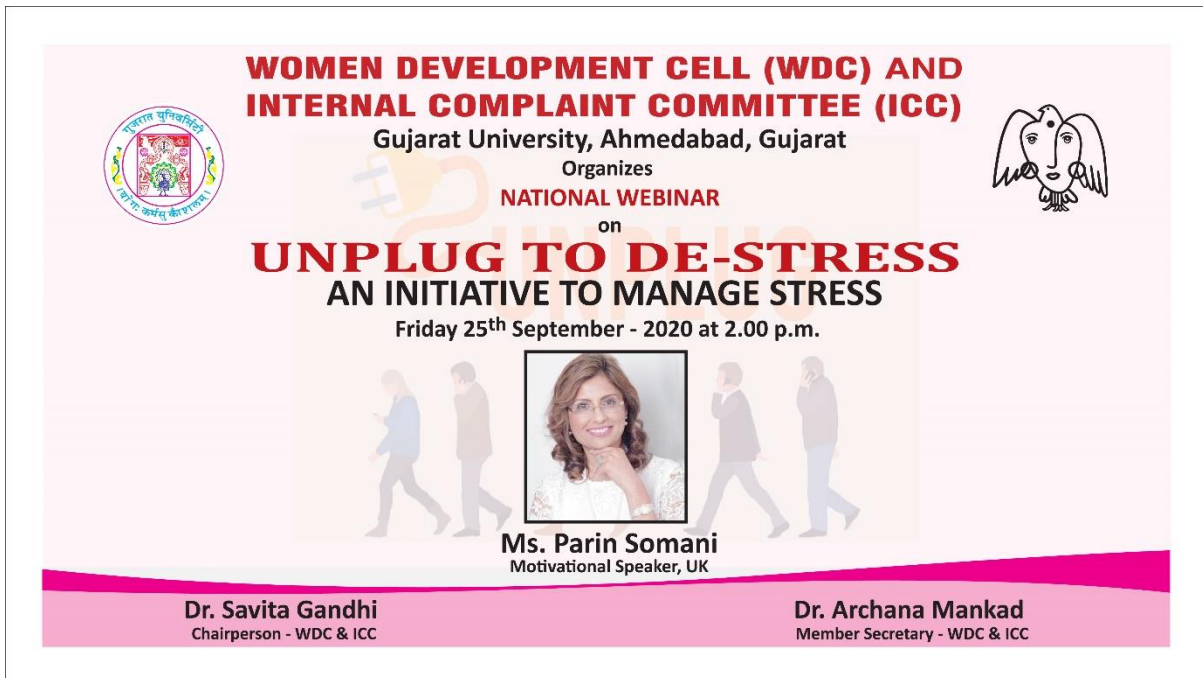
## **GUJARAT UNIVERSITY DAY CARE CENTER: SHISHUNIKETAN**

The Day Care centre for children of staff and students was inaugurated and will provide for the much-needed comfort to young parents.

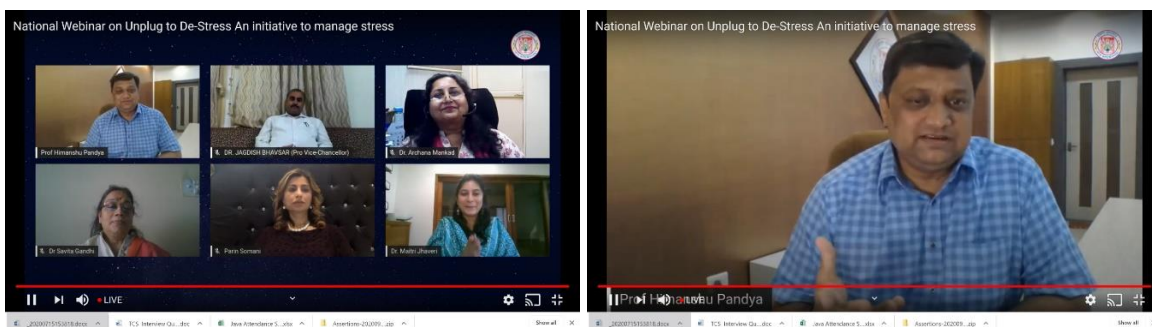


**2020-2021**

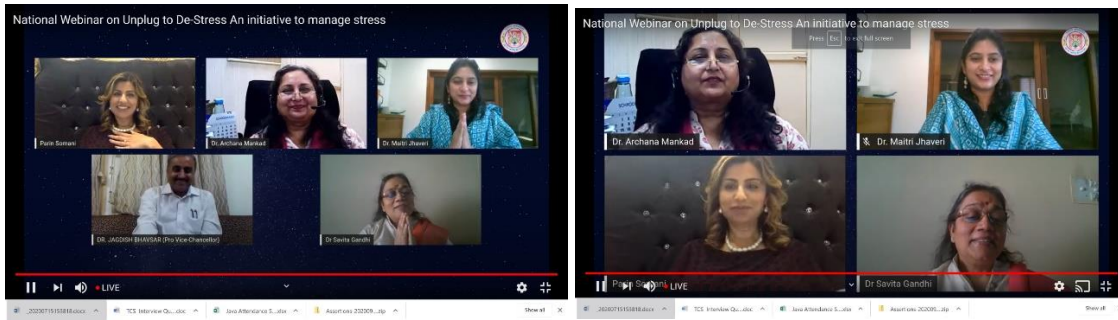
**UNPLUG TO DE-STRESS-AN INITIATIVE TO MANAGE STRESS**



Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on **UNPLUG to DE-STRESS-An initiative to manage stress** on Friday, 25<sup>th</sup> September 2020 at 2.00 p.m. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Savita Gandhi, Chairperson, WDC-ICC.

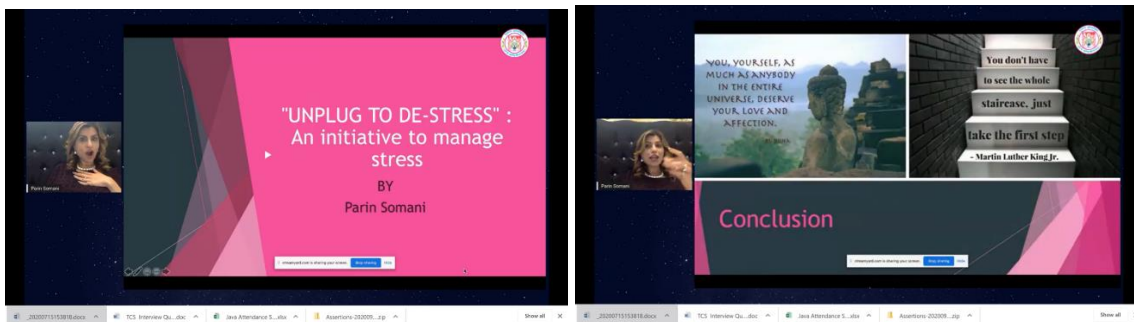


Prof. Himanshu Pandya, Vice Chancellor, Gujarat University, Ahmedabad, Gujarat expressed pleasure on focussing on stress as a top priority issue in the wake of the pandemic. He highlighted the need to listen to one's own inner voice instead of following others blindly to achieve happiness. Dr. Jagdish Bhavsar, Pro-Vice Chancellor, Gujarat University, Ahmedabad, Gujarat appreciated the theme and congratulated the team for the webinar.



Dr. Archana Mankad, Member Secretary, WDC-ICC presented the formal Vote of Thanks.

The distinguished invited speaker, **Ms. Parin Somani**, a motivational speaker from London, UK and recipient of several awards has been conducting online sessions for various Indian organizations all over the world.



She shared her presentation and very humbly explained the causes and ways to overcome stress. The lifestyles that we live in has left us stressed and the pandemic has just compounded it further. We relax better when in a place where, by default there is no network, so it is like an unplug situation. Along the same lines, we need to unplug ourselves from negativity, from all that causes stress and move on because life is worth living happily not only for all the loved ones around us but also for ourselves. Ms. Somani gave various real-life examples to convey her views on managing stress. The session concluded with a gracious acknowledgement and appreciation by the Pro-Vice Chancellor, Dr. Jagdish Bhavsar. The programme was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B. S. Agrawal, Director, Rollwala Computer Centre, Mr. Sagar Panchal from GUSEC and Ms. Jigna and Ms. Jinali from Department of Computer Science. All participants received e-certificates.

## TKCR 2020 : AN INITIATIVE TOWARDS CANCER AWARENESS IN WOMEN



**WOMEN DEVELOPMENT CELL (WDC) AND  
INTERNAL COMPLAINT COMMITTEE (ICC)**  
Gujarat University, Ahmedabad, Gujarat  
Organizes  
**NATIONAL WEBINAR**  
on  
**TKCR 2020**  
**AN INITIATIVE TOWARDS CANCER AWARENESS IN WOMEN**  
Friday 16<sup>th</sup> October-2020, at 3.00 p.m.

**Dr. MANASI SHAH**  
Consultant, Medical Oncologist  
HCG Cancer Center, Ahmedabad  
**Updates in Cancer Care**

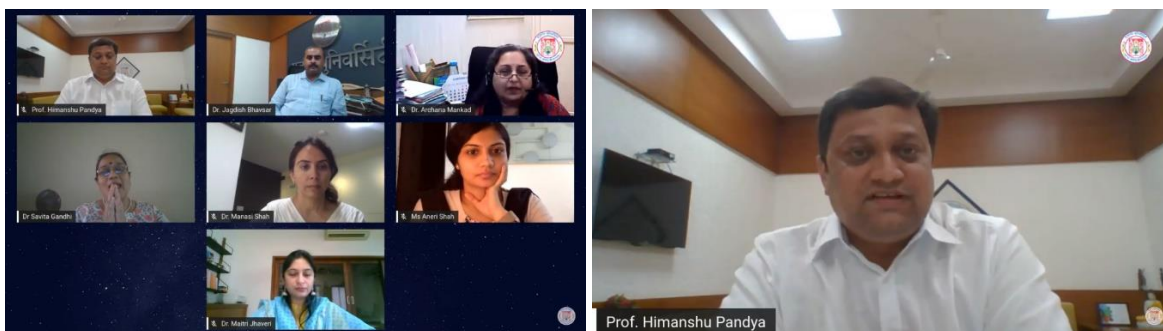
**Ms. ANERI SHAH**  
Certified Clinical Psycho - Oncologist  
HCG Cancer Center, Ahmedabad  
**Emotional Spa :  
Rejuvenating Your Mental Space**

**Dr. CHAITASI SHAH**  
Obstetrician- Gynecologist  
Ahmedabad  
**Common Gynecologic  
Problems in Young Adults**

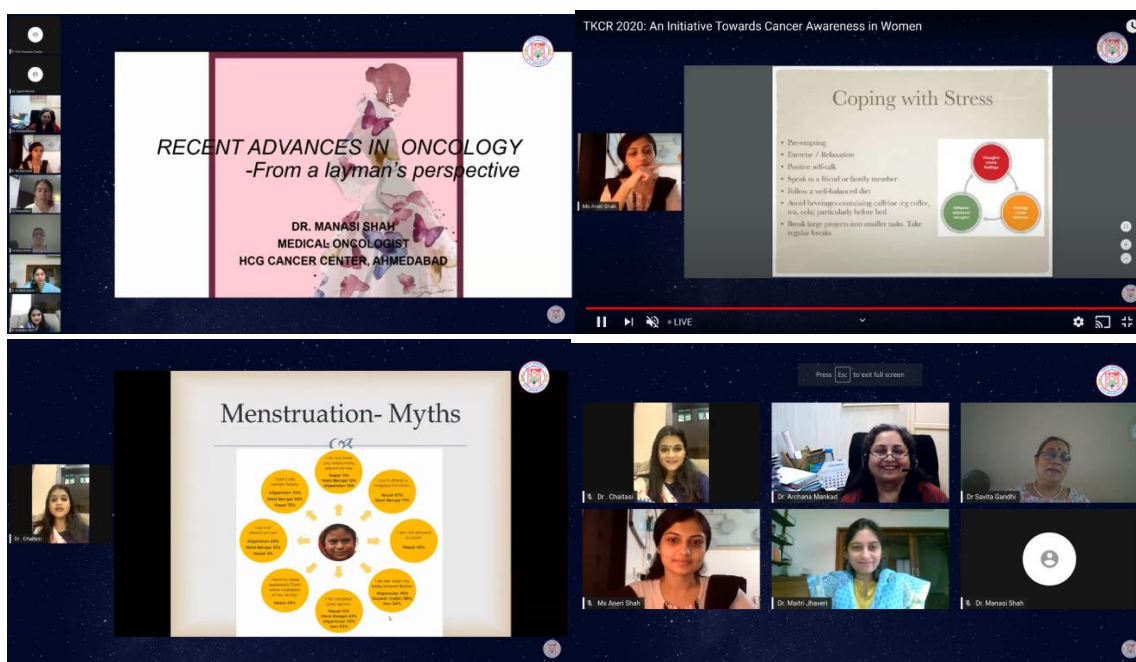
**Dr. Savita Gandhi**  
Chairperson - WDC & ICC

**Dr. Archana Mankad**  
Member Secretary - WDC & ICC

WOMEN DEVELOPMENT CELL (WDC) AND INTERNAL COMPLAINT COMMITTEE (ICC), Gujarat University, Ahmedabad, Gujarat organized a **National Webinar** on **TKCR 2020: An initiative towards cancer awareness in women** on Friday, 16<sup>th</sup> October - 2020 at 3.00p.m. The webinar was streamed live on University FB page and YouTube. The distinguished invited speakers were, **Dr. Manasi Shah**, who is an American Board Certified Medical Oncologist with 12 years of experience in taking care of oncology patients and is currently working as a senior consultant at HCG Cancer Centre, Ahmedabad with a special focus on women's oncology, i.e. breast and gynaecologic cancers; **Ms. Aneri Shah**, who is a certified clinical psycho oncologist at HCG Cancer Centre, has counselled more than a 1000 cancer patients through their cancer journey and is also currently doing her Ph.D. at PDPU, studying the fear of Cancer Recurrence and **Dr. Chaitasi Shah**, who is one of the leading obstetrician/ gynaecologist in Ahmedabad with special expertise in laparoscopic surgeries, cosmetic gynaecology and reconstructive surgery and IVF specialist. The session began with a brief Inaugural session. Dr. Savita Gandhi, Chairperson, WDC-ICC welcomed the guests and emphasized on the need to take care of oneself apropos with the theme of the webinar. Prof. Himanshu Pandya, Vice Chancellor, Gujarat University appreciated the endeavour and emphasized the need for such timely and appropriate webinars to focus on not only mental wellbeing but overall health of individuals specially students and staff of the University.



Dr. Archana Mankad, Member Secretary, WDC-ICC gave the Formal Vote of Thanks. Dr. Manasi delivered a presentation on **Updates in Cancer Care** and gave a very impressive account on Cancers common among women in India specially the fear and the concerns particularly conveying that an early detection and treatment thereof can prevent damage and save lives. Ms. Aneri Shah shared her presentation on **Emotional Spa: Rejuvenating your mental space** and presented the ways and means of handling various kinds of stresses particularly those arising from illness. Dr. Chaitasi Shah discussed the **Common gynaecologic problems in young adults** and focused on the issues pertaining to young girls and women, ways to manage personal hygiene and look out for symptoms that might be the beginning of diseases or infections.



All the three speakers handled the very sensitive topic very professionally and this was appreciated by all. The webinar attracted participation from not only students and staff of Gujarat University but all over India and even abroad. The webinar concluded in time with all registered participants receiving the e-certificates. Dr. Maitri Jhaveri anchored the session very gracefully and Ms. Jigna and Ms. Jinali from Department of Computer Science and Mr. Sagar Panchal from GUSEC provided the technical support under the guidance of Dr. B. S. Agrawal, Director, Rollwala Computer Centre, Gujarat University.

## Meeting with Dr Rajulben Desai, Member, National Commission for Women

WOMEN DEVELOPMENT CELL (WDC) AND INTERNAL COMPLAINT COMMITTEE (ICC), Gujarat University, Ahmedabad, Gujarat hosted the meeting of **Dr Rajulben Desai, Member, National Commission for Women with the IC members of different universities** of Gujarat at Department of Forensic Science and Biochemistry, Gujarat University on Friday, 8<sup>th</sup> January 2021. Prof. Savita Gandhi, Chairperson WDC-ICC and Mrs. Vaishali Padhiar, Development officer, Gujarat University welcomed Dr. Rajulben Desai on her arrival at the Department of Forensic Science. The ICC Chairperson and ICC Member Secretary along with ICC members from Parul University, Sabarmati University, Rai University, SNDT Women's University, Raksha Shakti University, Institute of Infrastructure Technology Research and Management University, Kadi Sarva Vishwavidyalaya, Dr. Babasaheb Ambedkar open University, Dharmsinh Desai University, Children's University, Karnavati University, Gujarat Vidyapith, GLS University and Nirma University were invited for the meeting. All observed social distancing and other COVID norms while attending the meeting. Prof. Savita Gandhi formally welcomed Rajulben and presented a dossier of activities of WDC-ICC at Gujarat University. Rajulben delivered a very focussed lecture sharing her concern of preventing harassment of women at workplace.



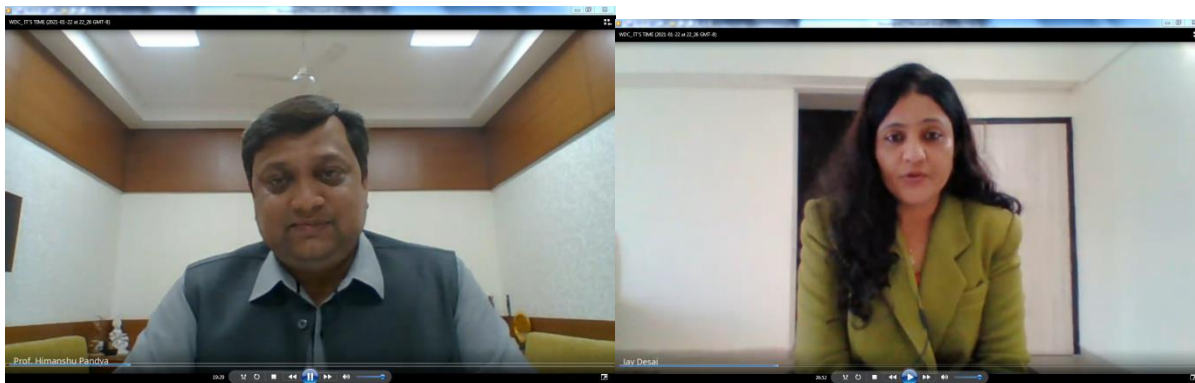


The meeting was aimed at sensitizing the members towards the role and support of NCW in handling cases with reference to sexual harassment of women at workplace. Rajulben also emphasised on an urgent need to train the IC members towards their responsibilities, powers and approach while handling sensitive cases. The training programme can be done with the help of NGOs that are officially empanelled for such training programmes like Stree Chetna. Dr. Archana Mankad, Member Secretary, WDC-ICC delivered the formal Vote of Thanks. Dr. Maitri Jhaveri anchored the session very gracefully. All enjoyed hot authentic packed lunch after the meeting.



## **IT'S TIME: Training IC members in handling complaints related to sexual harassment of women at workplace**

WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC), GUJARAT UNIVERSITY organized **IT'S TIME: Training IC members in handling complaints related to sexual harassment of women at workplace** online on Friday, 22<sup>nd</sup> January-2021 at 12.00 noon. The programme began with the University Song and a formal welcome of guests by Prof. Savita Gandhi, Chairperson WDC-ICC. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University and President of the function emphasised on the need of such training programmes for the positive gender sensitive approach on the campus.



Dr. Rajulben Desai, Member, National Commission for Women delivered the Keynote address and gave very significant guidelines to all IC members participating in the training. Rajulben had emphasised on an urgent need to train the IC members towards their responsibilities, powers and approach while handling sensitive cases during her recent visit to Gujarat University and She appreciated the efforts of ICC – Gujarat University in organizing this training immediately.

Smt. Shailaja Andhare, National Vice President, Bharatiya Stree Shakti and President-Stree Chetna, Gujarat was the Distinguished Resource person for the training. She gave a very detailed account of what accounts for sexual harassment, how this can be reported and how such instances can be addressed.

The ICC Chairperson and ICC Member Secretary along with ICC members from Parul University, Sabarmati University, Rai University, SNDT Women's University, Raksha Shakti University, Institute of Infrastructure Technology Research and Management University, Kadi Sarva Vishwavidyalaya, Dr. Babasaheb Ambedkar Open University, Dharmsinh Desai University, Children's University, Karnavati University, Gujarat Vidyapith, GLS University, Nirma University, Indrashil University, Indian Institute of Teacher Education, Khyati Institute along with local business houses like ONGC actively participated in the training. Dr. Archana Mankad, Member

Secretary-WDC-ICC delivered the formal vote of thanks. Dr. Maitri Jhaveri anchored the event very gracefully. The participants discussed their queries with Shailaja ma'am and asked relevant questions for necessary clarifications. In all, the training was appreciated by all. It also, further strengthened our conviction to assert positive and socially acceptable behaviour from one and all. It was envisaged that a *code of conduct* should be given adequate visibility on all department notice boards for awareness among all to prevent unnecessary friction and harassment. All participants received e-certificates.

## National Webinar on TIMELESS TIME-An initiative to manage TIME

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on **National Webinar on TIMELESS TIME-An initiative to manage TIME** on Friday, 29<sup>th</sup> January 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Savita Gandhi, Chairperson, WDC-ICC.



Prof. Himanshu Pandya, Vice Chancellor, Gujarat University, Ahmedabad, Gujarat expressed pleasure on focussing on Time Management as a top priority issue for all. He expressed concern that not only punctuality but utilizing available time to the optimum is significant. He asserted that mastering time can pave the way to success.

The distinguished invited speaker, **Ms. Sonia Parikh**, a motivational speaker from Confidence Academy, Ahmedabad has been conducting online sessions for various corporate organizations and academic institutions. She shared her views on Time management very effectively. Ms. Sonia emphasised on Planning, Prioritizing, Scheduling, avoiding distractions, use of technology to automate-delegate-team up to effectively manage time. She also expressed an urgent need to accept one's biorhythm - body clock to identify the perfect time for a task or activity and to learn to accept if a task or activity is beyond one's domain/ability etc.

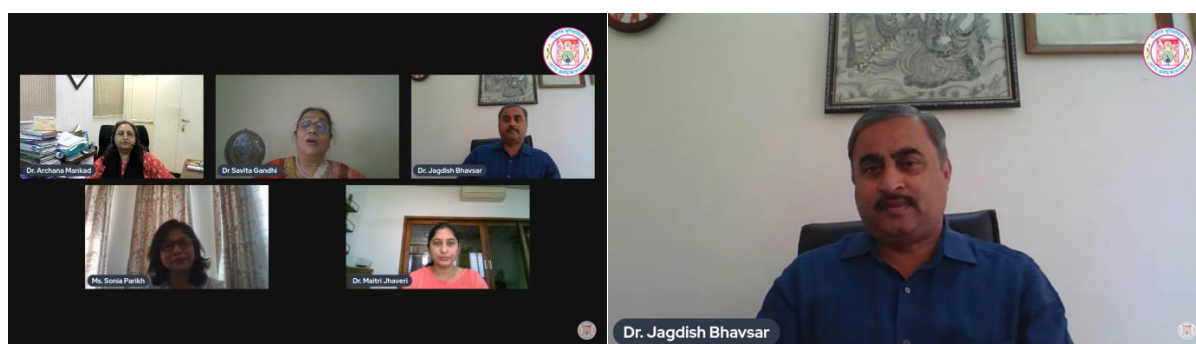


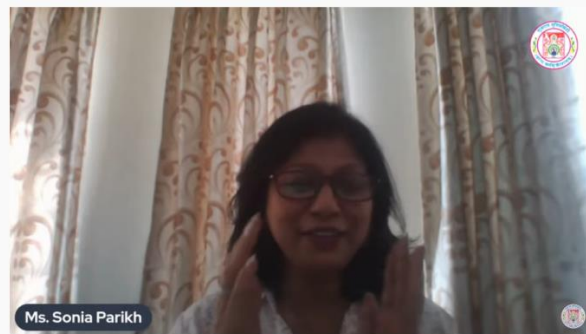
The session concluded with a gracious acknowledgement and presence of the Pro-Vice Chancellor, Dr. Jagdish Bhavsar and Registrar, Dr. P. M. Patel. Dr. Archana Mankad, Member Secretary, WDC-ICC presented the formal

Vote of Thanks. The programme was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B.S. Aggrawal, Director, Rollwala Computer Centre, Ms. Jigna, Ms. Jinali and Ms. Kruti from Department of Computer Science. All participants received e-certificates.

## **National Webinar on CULTIVATING RESILIENCE-An initiative to manage oneself in difficult times**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on **National Webinar on CULTIVATING RESILIENCE-An initiative to manage oneself in difficult times** on Saturday, 20<sup>th</sup> February 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Savita Gandhi, Chairperson, WDC-ICC. Dr. Jagdish Bhavsar, Pro-Vice Chancellor, Gujarat University, Ahmedabad, Gujarat expressed pleasure on focussing on resilience as a top priority issue for all. He expressed concern that not only will this help in reducing anxiety but also help in overall stress management. The distinguished invited speaker, **Ms. Sonia Parikh**, a motivational speaker from Confidence Academy, Ahmedabad has been conducting online sessions for various corporate organizations and academic institutions. She shared her views on Cultivating Resilience very effectively. Ms. Sonia shared that the pandemic has made the world today a VUCA world meaning thereby, volatile, uncertain, chaotic & ambiguous. So, let us vaccinate and try PFIZER i.e., Pause-think, Flex-Face, Imitate-Inspire, zero down to focus, energise-enjoy, reframe -rewrite-rise. Her presentation along with explanations of everyday experiences and our responses, explicitly conveyed that difficult times need different approaches, was truly praiseworthy. The session concluded with a gracious acknowledgement and presence of the Pro-Vice Chancellor, Dr. Jagdish Bhavsar. Dr. Archana Mankad, Member Secretary, WDC-ICC presented the formal Vote of Thanks. The programme was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B.S. Aggrawal, Director, Rollwala Computer Centre, Ms. Jigna, Ms. Jinali and Ms. Kruti from Department of Computer Science. All participants received e-certificates.





## National Webinar on ATMANIRBHAR BHARAT- N. E.P. 2020 WOMEN'S PERSPECTIVE

WOMEN DEVELOPMENT CELL (WDC) AND INTERNAL COMPLAINT COMMITTEE (ICC), Gujarat University, Ahmedabad organized a National Webinar on **Atmanirbhar Bharat- N. E. P. 2020 Women's Perspective** on Friday, 5<sup>th</sup> march-2021. The webinar started with the University song. Prof. Savita Gandhi delivered the formal welcome speech. Inaugurating the webinar, Pro-Vice Chancellor, Gujarat University, Dr. Jagdish Bhavsar emphasised on understanding Atmanirbhar as a way of life and guiding the generation next accordingly. Dr. Meena Chandawarkar, Former VC Karnataka State Women's University, Vijaypur, Jt. General Secretary, Bharatiya Shikshana Mandal was the distinguished resource person. Speaking on the occasion, Dr. Meena highlighted the historical significance of education in gurukuls when disciples obtained a wholistic education. There was a thrust on skill building and value education. She very amply illustrated that true success is rising each time we fall. The spirit of Atmanirbhar Bharat has already seen the light of the day in the form of the vaccine for Covid 19 and indigenous production of PPE kits to combat the Corona virus. N E P also advocates Vocal for local, Local for Global and Make in India for the world. There is an unequivocal thrust on the pursuit of knowledge, Wisdom and Truth. The N E P 2020 aims to achieve 100% G. E. R in preschool to secondary level by 2030 and 50% in higher education. The unforeseen pandemic might see 20% girls' students not returning to schools after lockdown is removed. Prof. Archana Mankad delivered the formal Vote of Thanks. Dr. Maitri Jhaveri anchored the event very gracefully.



Meena Chandawarkar

Come, let us all join hands and dedicate our time, talent and support to help in the effective implementation of the XEF 2020 Anusandhan Bharat

Fill Feedback form from following link <http://bit.ly/3pYielm>



## **RESULTS: PRATIBHA 2021**

PRATIBHA, is an Annual Interdepartmental competitions organized by WDC-ICC and like every year, this year too it witnessed enthusiastic participation. Owing to the Corona virus pandemic, the competitions were online. Various competitions planned this year were ***Ek idea jo badal de aapki duniya*** : An innovative idea that helps overcome any day to day difficulty/problem and can develop into a Small enterprise; **ESSAY WRITING** - Theme: Gujarat University -Then and Now; **POSTER MAKING** – Theme: Struggle for Survival; **ARTICLE WRITING** – Theme : Sensitizing ourselves to uphold the Heritage status of Ahmedabad; **SOLO SONG** ; **SKIT** ; **GROUP DANCE** and **GROUP SONG**. The Head of Departments of almost all departments of Gujarat University positively motivated the students to participate. The Judges supported the event by helping in identifying the best among the participants in each category. The Judges who were happy to help this year are Dr. Richa Soni, Dr. Nidhi Gondaliya, Mr. Malay Shukla, Dr. Darshana Bhatt, Prof. Jyoti Pareek, Dr. Divya Chandel, Dr. Devyani Tipre, Prof. Rajshri Jotania, Prof. Pranav Shrivastav, Dr. Parul Mehta and Dr. Dhara Bhavsar Rajput.

The results - names of students with their department names is as follows:

### **Ek Idea jo Badal de aapki Duniya**

Prize	Name	Department
First	Dhruva Jani	M Sc Botany
Second	Hitakshee Bhamare	M Sc Botany
Third	Gunjan Gulabwani	MBA

### **Essay Writing**

Prize	Name	Department
First	Shivang Babriya	MLW
Second	Meet Desai	M Sc Physics
Third	Chaitali Bhagde	M Sc CA & IT
Third	Mukul Jha	M Sc Biochemistry

### **Poster Making**

Prize	Name	Department
First	Ankita Goenkar	MCA
Second	Palak Modi	MBA
Second	Krushali Panchal	M Sc Mathematics
Third	Nukur Koshti	M Sc Earth Science

### **Article Writing**

Prize	Name	Department
First	Tanvar Shamsheer Ali	M Sc Physics
Second	Reena Sarvaliya	M Sc Microbiology
Third	Mukul Jha	M Sc Biochemistry
Third	Pratik Awasthi	MCA

### **Solo Song**

Prize	Name	Department
First	Sweta Bhatt	MBA
Second	Prashant Kumbhare	M Sc AI & MI
Third	Priyanka Kumari	M Sc Zoology
Third	Hemang Sharma	MCA

### **Skit**

Prize	Name	Department
First	Ankit Prajapati Anjali Gidvani Anjali Kulshreshtha Avaniba Chudasama Brijen Lad Kunjali Simzia Nandkrishan Nair Naveen Gurram Rahul Modi	MCA-1
First	Kshitij Modi Pratik Awasthi Rakesh Keshri Milind Modi Hemang Sharma Vaibhav Sharma Ankita Goenkar Mohini Parmar Tanishka Vadawala Yash Soni Ajinkya Rathod	MCA-4
Second	Prathna Patel Ketki Karndikar Khushbu Patel Kailash Prajapati Jaxaykumar Prajapati	M Sc AI & ML
Third	Rajavi Pandya Suneeta Rajput Ravindra Mehta Falak Bhankar	PG DCA

### **Group Dance**

Prize	Name	Department
First	Niyati Bhadesiya Mukti Chaudhari Hilery Joshi Monil Shah Rahul Tailor Amit Raj	MBA
Second	Heni Shah Hetvi Priya Anushka Koyna	MBA
Third	Nivedita Hule Chaitali Bhagde	M Sc IT

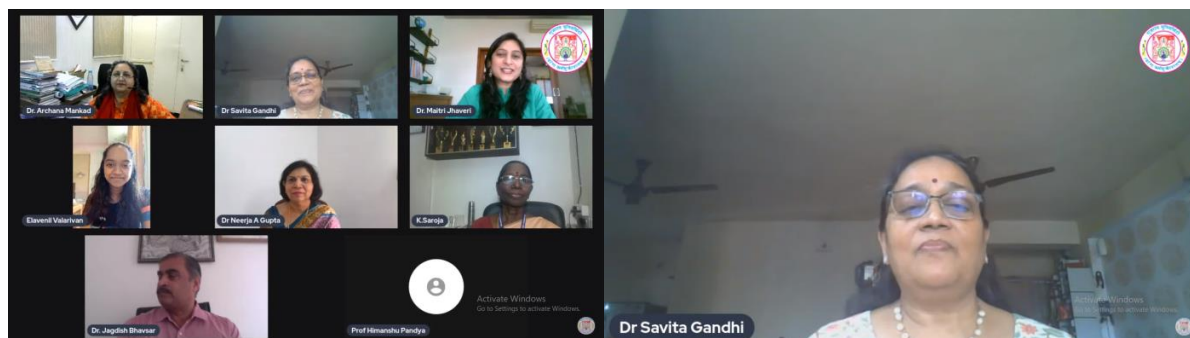
These winning videos were further selected to be part of the cultural programme during the celebrations of Women's Day 2021.

## International Women's Day

WOMEN DEVELOPMENT CELL (WDC) AND INTERNAL COMPLAINT COMMITTEE (ICC), Gujarat University, Ahmedabad celebrated the International Women's Day on Wednesday, 10<sup>th</sup> March 2021 online.

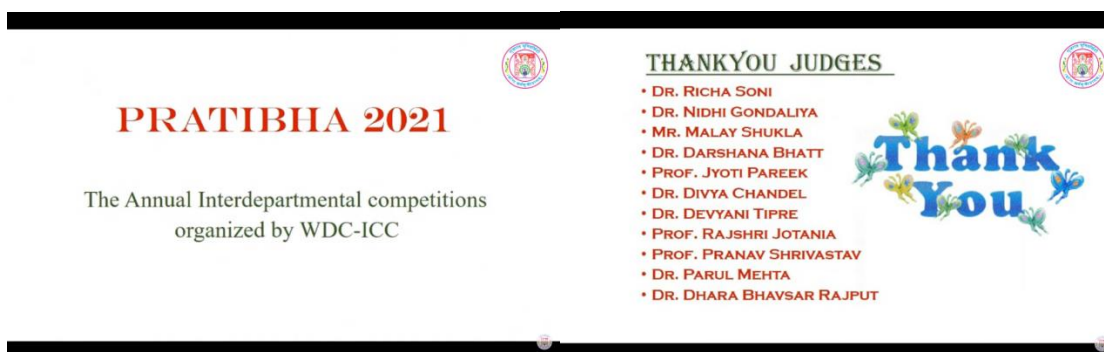


The celebration started with the University song. Prof. Savita Gandhi, Chairperson, WDC-ICC delivered the formal welcome speech. Inaugurating the function, Prof. Himanshu Pandya emphasised the respect given to any woman in our society. Pandya sir acknowledged and appreciated the efforts by WDC-ICC in addressing various aspects of women issues throughout the year in the form of events. It is heartening to see almost 70% gold medallists being girls. Pro-Vice Chancellor, Gujarat University, Dr. Jagdish Bhavsar appreciated the efforts made by TEAM WDC-ICC in invited the guests for the event as an opportunity to greet and convey wishes to Ex-Principal, R. A. Bhawan's college, Dr. Neerja Gupta, Vice Chancellor of Sanchi University of Buddhist Indic studies, take inspiration from World No. 1 Shooter, Ms. Elavenil and her Mother, Dr. K. Saroja as well as congratulate the winners of Pratibha 2021.





A nicely crafted video showcased the events of WDC-ICC since 2014 which included a wide array of relevant and significant themes.



The Pratibha 2021 competitions were online, and the results were announced in the form of a presentation. The winning entries were showcased as a video show and an online cultural programme. Towards the end, the video of women with extra ordinary courage and determination was shown. Dr. Archana Mankad, Member Secretary, WDC-ICC delivered the formal vote of thanks wherein besides thanking one and all she thanked all the powerful women in the lives of all working women- mother, mother-in-law, domestic help, cook and the like for taking care of families and homes when women attend to their official duties. The whole event was anchored by Dr. Maitri Jhaveri very gracefully. All participants received e-certificates of participation.

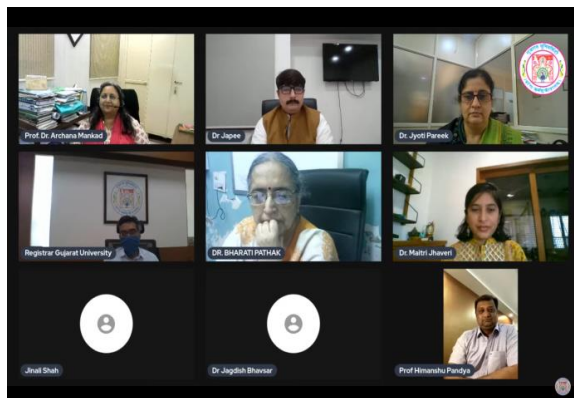
**2021-2022**

**National Webinar on Cyber Security- Challenges and Threats**

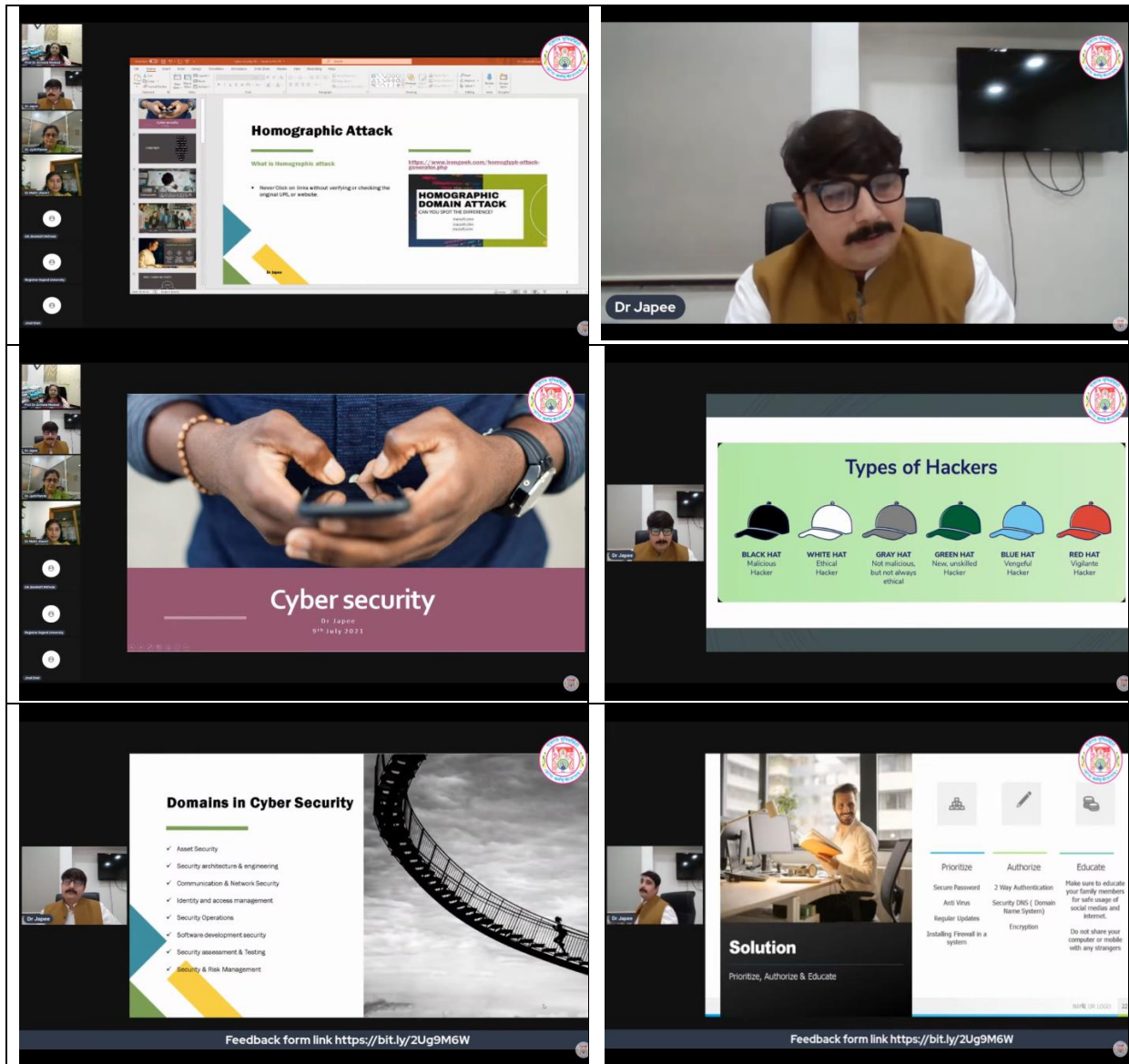
Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Cyber Security - Challenges and Threats**” on Friday, 9th July 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Archana Mankad, Chairperson, WDC. Now that online is the new normal, there is an urgent need to focus on the theme of the webinar by one and all.



Prof. Dr. Himanshu Pandya, Vice Chancellor, Gujarat University appreciated the endeavour and emphasized the need for such timely and appropriate webinars to enlighten and update the students and staff of the University., Pro-Vice Chancellor, Dr. Jagdish Bhavsar, Registrar, Dr. P. M. Patel and Prof. Bharati Pathak, Chairperson-ICC graced the Inaugural Session. Dr. Jyoti Pareek, Member Secretary, WDC-ICC gave the Formal Vote of Thanks.



The distinguished invited speaker was Dr. Gurudatta Japee, Head of the Department of Advanced Business Studies, SD School of Commerce, Gujarat University and Deputy Director of IQAC, Gujarat University, Ahmedabad. He talked about password security, various types of cyber-attacks, ways to achieve security services and different websites offering these services. He also talked about types of hackers and password pawning.



The program was gracefully anchored by Dr. Maitri Jhaveri, Department of Computer Science. The technical support was provided by Dr. B. S. Agrawal, Director, Rollwala Computer Centre, Mr. Dharmesh Sonagara, Ms. Jinali, Ms. Jigna, Ms. Vaidehi and Ms. Kruti from Department of Computer Science. All participants received e-certificates.

## National Webinar on REDEFINING CAREERS

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Redefining Careers**” on Friday, 23<sup>rd</sup> July 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Prof. (Dr.) Bharati Pathak, Chairperson, ICC.

**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC)**  
Gujarat University, Ahmedabad, Gujarat  
organises  
**National Webinar**  
**REDEFINING CAREERS 2021**

**Patron**  
PROF. DR. HIMANSHU PANDYA  
Honourable Vice Chancellor,  
Gujarat University

**Guest of Honour**  
DR. JAGDISH BHAVSAR  
Pro-Vice Chancellor,  
Gujarat University

**Guest of Honour**  
DR. P. M. PATEL  
Registrar,  
Gujarat University

**Distinguished Invited Speaker**  
DR. JAYRAJ PANDYA  
Director, K S School of Business Management  
Gujarat University, Ahmedabad.

Friday, 23<sup>rd</sup> July, 2021 | Time : 12 noon onwards

Prof. Dr. Archana Mankad  
Chairperson - WDC

Prof. Dr. Bharati Pathak  
Chairperson - ICC

Prof. Dr. Jyoti Pareek  
Member Secretary-WDC & ICC

Prof. (Dr.) Himanshu Pandya, Hon. Vice Chancellor, Gujarat University, to start with, expressed his respect to the teaching fraternity on the occasion of Guru Purnima which coincided with the webinar. The challenges faced by one and all, due to the pandemic are real and everyone is trying to figure out ways to manage them. He emphasized on the need to work towards building a new Self-reliant India. It would lead us to achieve universal brotherhood thus making this world a better place to live. Pandya Sir also suggested that we make a calendar to celebrate Azadi ka Amrut Mahotsav, all through the year, through events and visits to celebrate and thus, value our freedom. Dr. Jagdish Bhavsar, Pro VC sir and Dr. P. M. Patel, Registrar sir graced the event by their presence. The Distinguished Resource Person, Dr. Jayraj Pandya, gave a very informative and motivating presentation. He emphasized on identifying one's aptitude - skills and their worth in job market. Whether in business or a job, change needs to be accepted and accordingly one must adapt. Online Teaching, e.g., needs specialized skills on the part of both, the teachers and the students. Covid has caused loss of jobs for more than one reasons in almost all sectors. Sustaining this unprecedented change is a challenge and we all need to work for it. Success in this Post Covid world will need leadership, flexibility and adaptability,



being tech savvy, better communication skills and innovation. Dr. Pandya justified the theme by giving a number of day-to-day examples and gave a very good overview.

Prof. (Dr.) Jyoti Pareek, Member Secretary, WDC-ICC, presented the formal Vote of Thanks. The program was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Mr. Dharmesh, Mr. Dhaval from Rollwala computer Centre, Ms. Jinali, Ms. Vaidehi from Department of Computer Science and Ms. Kruti from WDC. Dr. Jyoti Pareek, Member Secretary, WDC-ICC gave the Formal Vote of Thanks. All participants received e-certificates.

## **National Webinar on MONEY MATTERS – LET US VALUE IT**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Money Matters - Let us Value it**” on Friday, 13th August 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Archana Mankad, Chairperson, WDC. Money is important and the sooner we learn to value it the better for all of us.

**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC)**  
Gujarat University, Ahmedabad, Gujarat  
organises  
**NATIONAL WEBINAR**  
**MONEY MATTERS: LET'S VALUE IT**

**Patron**  
**PROF. DR. HIMANSHU PANDYA**  
Honourable Vice Chancellor,  
Gujarat University

**Guest of Honour**  
**DR. JAGDISH BHAVSAR**  
Pro-Vice Chancellor,  
Gujarat University

**Guest of Honour**  
**DR. P. M. PATEL**  
Registrar,  
Gujarat University

**Distinguished Invited Speaker**  
**MR. DEEPESH ARORA**  
Silverline Wealth Management Pvt. Ltd.  
Ahmedabad

**on Friday, 13<sup>th</sup> August, 2021 | Time : 12.00 noon onwards**

**Prof. Dr. Archana Mankad**  
Chairperson - WDC

**Prof. Dr. Bharati Pathak**  
Chairperson - ICC

**Prof. Dr. Jyoti Pareek**  
Member Secretary-WDC & ICC

Dr. Jagdish Bhavsar, Pro-Vice Chancellor, Gujarat University appreciated the efforts by WDC – ICC to focus on timely issues for all. Dr. P. M. Patel, Registrar, Gujarat University also joined the session. Prof. Bharati Pathak, Chairperson-ICC graced the Inaugural Session. Understanding the need to prioritize savings and handling money judiciously, the distinguished resource person, Mr. Deepesh Arora very effectively explained how much and when to start saving. It was truly an eye – opener session for many students who might be nurturing a very casual approach for money. Mr. Deepesh emphasized that if one wishes to continue with the lifestyle, one has today, one should start saving now. It was truly a very informative session. Dr. Jyoti Pareek, Member Secretary, WDC-ICC gave the Formal Vote of Thanks. All participants received e-certificates.

## National Webinar on “AMULYA MULYO”

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Amulya Mulyo**” on Friday, 27th August 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Archana Mankad, Chairperson, WDC. The webinar emphasized on moral Values with respect to Indian Scripts.



**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC)**  
Gujarat University, Ahmedabad, Gujarat  
organises  
**NATIONAL WEBINAR**  
on  
*Amulya Mulyo*

**Patron**  
**PROF. DR. HIMANSHU PANDYA**  
Honourable Vice Chancellor,  
Gujarat University

**Guest of Honour**  
**DR. JAGDISH BHAVSAR**  
Pro-Vice Chancellor,  
Gujarat University

**Guest of Honour**  
**DR. P. M. PATEL**  
Registrar,  
Gujarat University

**Distinguished Invited Speaker**  
**DR. KANAIYA THAKER**  
Section Officer, EMRC, I/C Chief Accounts  
Officer, Gujarat University, Ahmedabad

**on Friday, 27<sup>th</sup> August, 2021 at 12.00 noon onwards**  
**ALL ARE INVITED TO ATTEND.**

**Prof. Dr. Archana Mankad**  
Chairperson - WDC

**Prof. Dr. Bharati Pathak**  
Chairperson - ICC

**Prof. Dr. Jyoti Pareek**  
Member Secretary-WDC & ICC



Dr. Jagdish Bhavsar, Pro-Vice Chancellor, Gujarat University appreciated the efforts by WDC - ICC to focus on timely issues for all. He emphasized that one should always come forward and help the needy people and work for the betterment of the society. He quoted the line “live and let live”. Dr. P. M. Patel, Registrar, Gujarat University also joined the session. The distinguished invited speaker was Dr. Kanaiya Thaker, Section officer, EMRC, I/C Chief Accounts Officer, Gujarat University, Ahmedabad. He talked about clearly defining one’s priorities in life and act on them. He started his talk with evolution of civilization on earth. He talked about

importance of culture, values, traditions, ideologies and morals in uplifting of one's life cycle. He briefly narrated the three hymns of SHRIMAD BHAGWATGEETA.



**The Beginning**

- Humans are called "Social Animal". Being "Social", human race has developed their way of living which is called as "Civilization".
- Indian sub-continent has witnessed almost all civilizations of the earth.
- In spite of number of infiltrations Indian civilization survived and retained its uniqueness among "oldest civilization of the earth".
- Many civilizations like Maya, Egyptian, Roman etc., were emerged, developed and buried in pages of history, while Indian civilization has survived.

National Webinar on Amulya Mulyo

Culture means unique life style of a society.

Culture includes activities for development in aspects of literature, branches of philosophy, religious traditions, arts, painting, sculpture and archeology, social institutions and commerce.

**Three Hymns of SHRIMAD BHAGWATGEETA.**

- अन्नं सत्त्वसंयुद्धिः गानयोगव्यवस्थितिः।  
दानं दमश्च वगण्य स्वाध्यायस्तप आर्जवम्॥116.11॥
- अहिंसा सत्यमक्रोधस्त्यागः शान्तिरपेक्षुणम्।  
दया भृशेभ्यस्तोषुष्वं मादेवं हीरपापलम्॥116.2॥
- तेजः क्षमा धृतिः शौचमद्रोहो नातिमानसा।  
भवन्ति सत्यं दैवीमित्रजातस्य भारत॥116.3॥

Whole world is a family and human being are member of this family, considering this thought indian culture has adopted people from various civilization and culture to indian culture resulting acceptance of indians in whole world.

Our scripts have discussed these moral values in brief, for ease of understanding and importance of implementation these "sutras" in life.

Ahimsa (Non-violence)	Satya (Truth)
Asteya (Non Stealing)	Brahmacharya (Self Discipline)
Asaucha (Non-possession)	Shaitchram (workmanship)
Audada (Healthy diet)	Sarva-Bhayaerjuna (Fearlessness)
Sarva Dharma Samanta (Equality)	
Swadeshi (local products)	Sparsbbharana (untouchability)

The informative session led to an active panel discussion with Pro-VC sir on values and cultures of life and Mrs. Vaishali Padhiyar on relevance of the

moral values in present time. Prof (Dr.) Jyoti Pareek, Member Secretary, WDC-ICC presented the formal Vote of Thanks. The program was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Mr. Dharmesh, Mr. Dhawal, Ms. Kruti from WDC, Ms. Jinali and Ms. Vaidehi and from Department of Computer Science. All participants received e-certificates.

## National Webinar on STRENGTHENING POSITIVITY

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Strengthening Positivity**” on Thursday, 23<sup>rd</sup> September 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Prof. (Dr.) Bharati Pathak, Chairperson, ICC.

Strength emanates from a strong character and helps achieve the unthinkable. Strength also emanates from positive outlook towards challenges in life. Being **Optimistic** and making an effort, **accepting** that results can be unexpected and developing **resilience** by bouncing back from failure, can pave the way towards success. Dr. Nirali Pandit emphasized on the need to develop positivity and outlined the means to do so. In all the session was appreciated by the participants.

**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC)**

ORGANIZES  
**NATIONAL WEBINAR**  
on  
**STRENGTHENING POSITIVITY**

**Patron**  
**PROF. DR. HIMANSHU PANDYA**  
Honourable Vice Chancellor,  
Gujarat University

**Guest of Honour**  
**DR. JAGDISH BHAVSAR**  
Pro-Vice Chancellor,  
Gujarat University

**Guest of Honour**  
**DR. P. M. PATEL**  
Registrar,  
Gujarat University

**Distinguished Invited Speaker**  
**DR. NIRALI PANDIT**  
Certified Positive Psychology and Life Coach  
Founder – schoolE, Ahmedabad, Gujarat  
**Recommitting to Well-being with Character Strengths**

**Thursday, 23<sup>rd</sup> September 2021 | Time : 12 noon onwards**

**Prof. Dr. Archana Mankad**  
Chairperson - WDC

**Prof. Dr. Bharati Pathak**  
Chairperson - ICC

**Prof. Dr. Jyoti Pareek**  
Member Secretary-WDC & ICC

Prof. (Dr.) Jyoti Pareek, Member Secretary, WDC-ICC gave the Formal Vote of Thanks. The program was gracefully anchored by Dr. Maitri Jhaveri, Department of Computer Science. The technical support was provided by Dr. B. S. Agrawal, Director, Rollwala Computer Centre, Mr. Dharmesh Sonagara, Ms. Jinali, Ms. Jigna, Ms. Vaidehi and Ms. Kruti from Department of Computer Science. All participants received e-certificates.

## Interactive Seminar on **JAGRUT MAHILA-SURAKSHIT MAHILA**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, in collaboration with Gujarat State Commission for Women, Gandhinagar, Gujarat organised an Interactive Seminar on **JAGRUT MAHILA-SURAKSHIT MAHILA** on Thursday, 7<sup>th</sup> October-2021 in Senate Hall, Gujarat University. **Smt. Leelaben Ankoliya**, Chairperson, Gujarat State Commission for Women was the **Chief Guest** for the Seminar.

**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC) GUJARAT UNIVERSITY**

In collaboration with  
**GUJARAT STATE COMMISSION FOR WOMEN, Gandhinagar, Gujarat**

Organizes  
**An Interactive Seminar**  
on  
**JAGRUT MAHILA - SURAKSHIT MAHILA**

On Thursday, 7<sup>th</sup> October 2021 at 11.00 am  
Venue: Senate Hall, Gujarat University

**Smt. Leelaben Ankoliya**  
Chairperson  
Gujarat State Commission for Women

**Shri Bhupendrabhai Patel**  
Hon'ble Chief Minister,  
Gujarat

**Prof. Dr. Archana Mankad**  
Chairperson - WDC

**Prof. Dr. Bharati Pathak**  
Chairperson - ICC

**Prof. Dr. Jyoti Pareek**  
Member Secretary - WDC & ICC

The event witnessed enthusiastic participation of staff from university academic- administrative departments and more than 200 students. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University welcomed Smt. Leelaben with a bouquet of flowers and a gift. Prof. Dr. Bharati Pathak, Chairperson-ICC, welcomed Prof. Dr. Himanshu Pandya and Prof. Dr. Jyoti Pareek, Member Secretary-WDC & ICC, welcomed Dr. Jagdish Bhavsar with a bouquet of flowers. Prof. Dr. Archana Mankad, Chairperson-WDC gave a formal welcome. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor justified the significance such awareness programmes for the students. He emphatically expressed his point of view that women can never be at par with men because he believes that women are much more capable than men. They are the embodiment of courage and perseverance who give birth to generations, care and nurture them modestly. Smt. Shailaja Andhare, Stree Chetana briefly overviewed the activities of Stree Chetana and invited young minds to take part in such socially useful activities. **Smt. Leelaben Ankoliya** gave a very informative account of the mandate of State Women Commission. She explained the various ways in which anyone can reach out to the commission for help be it for depression, domestic violence, abuse, eve teasing, cyber-crime or even loan. The commission helpline and WhatsApp helpline is also on the website. Leelaben extended her earnest help and support to anyone who needed it. Students interacted with Leelaben by asking their queries. Prof.

Jyoti Pareek presented a formal Vote of Thanks. Dr. Maitri Zaveri anchored the event very gracefully. The event could be managed well due to the support of faculty members and students who participated in good numbers and the help from enthusiastic volunteers from School of Commerce and Department of Computer Science. All participants enjoyed Tea and Upma before the programme and hot sumptuous lunch after the seminar.



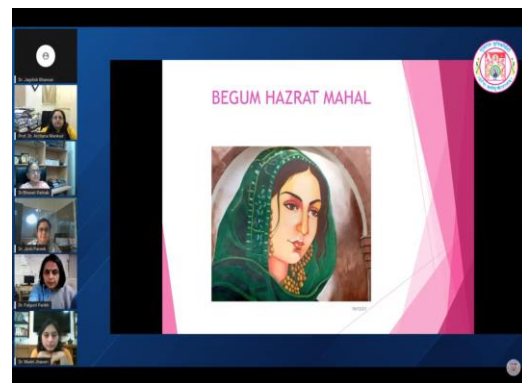
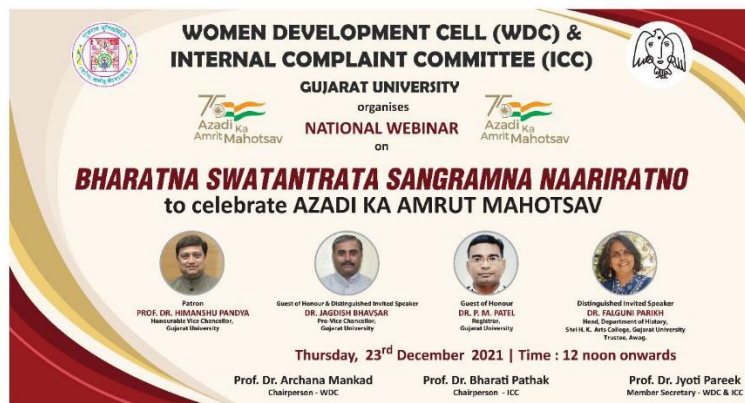




## National Webinar on **BHARATNA SWATANTRATA SANGRAMNA NAARI RATNO**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Bharatna Swatantrata Sangramna Naari Ratno**” on Thursday, 23<sup>rd</sup> December 2021 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Prof. (Dr.) Bharati Pathak, Chairperson, ICC.

The distinguished invited speakers, Dr. Jagdish Bhavsar and Dr. Falguni Parikh generated a lot of excitement by reflecting on the lives and struggles of freedom fighters. The message was loud and clear to the youth today that we need to contribute to the society with utmost conviction and take inspiration from those who have made *Bharat Swatantra*.



KAMALADEVI CHATTOPADHYAY



Feedback Link: <https://forms.gle/tKt24SxtWM1VyMS29>

BASANTI DEVI




Feedback Link: <https://forms.gle/tKt24SxtWM1VyMS29>

RANI GAIDINLIU



Feedback Link: <https://forms.gle/tKt24SxtWM1VyMS29>

Hansaben Mehta




Feedback Link: <https://forms.gle/tKt24SxtWM1VyMS29>

USHA MEHTA

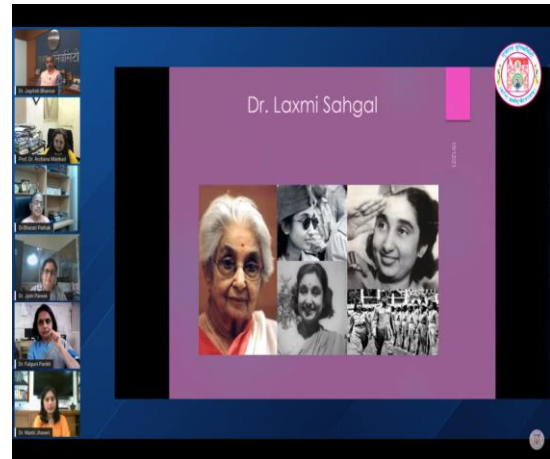
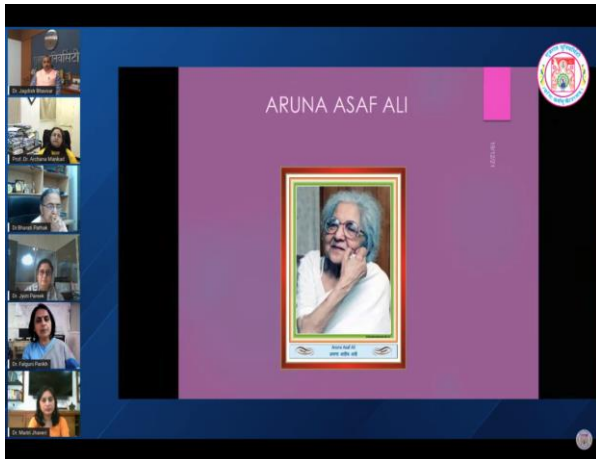


Feedback Link: <https://forms.gle/tKt24SxtWM1VyMS29>

BHIKHAJI CAMA



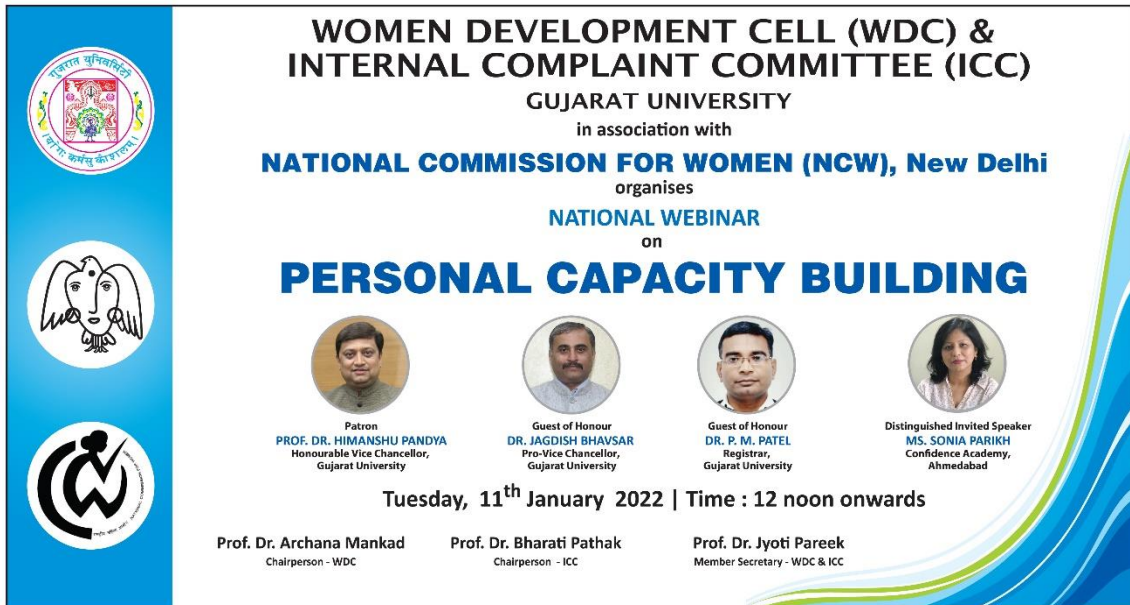
Feedback Link: <https://forms.gle/tKt24SxtWM1VyMS29>



Prof. (Dr.) Jyoti Pareek, Member Secretary, WDC-ICC gave the Formal Vote of Thanks. The program was gracefully anchored by Dr. Maitri Jhaveri, Department of Computer Science. The technical support was provided by Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Mr. Sagar Panchal, Ms. Jinali, Ms. Jigna, Ms. Vaidehi and Ms. Namrata from Department of Computer Science. All participants received e-certificates.

## National Webinar on PERSONAL CAPACITY BUILDING

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat in association with National Commission for Women (NCW), New Delhi organized a National Webinar on **Personal Capacity Building** on Tuesday, 11<sup>th</sup> January 2022 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Archana Mankad, Chairperson, WDC-ICC.



**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC)**  
GUJARAT UNIVERSITY  
in association with  
**NATIONAL COMMISSION FOR WOMEN (NCW), New Delhi**  
organises  
**NATIONAL WEBINAR**  
on  
**PERSONAL CAPACITY BUILDING**

Patron  
**PROF. DR. HIMANSHU PANDYA**  
Honourable Vice Chancellor,  
Gujarat University

Guest of Honour  
**DR. JAGDISH BHAVSAR**  
Pro-Vice Chancellor,  
Gujarat University

Guest of Honour  
**DR. P. M. PATEL**  
Registrar,  
Gujarat University

Distinguished Invited Speaker  
**MS. SONIA PARIKH**  
Confidence Academy,  
Ahmedabad

Tuesday, 11<sup>th</sup> January 2022 | Time : 12 noon onwards

Prof. Dr. Archana Mankad  
Chairperson - WDC

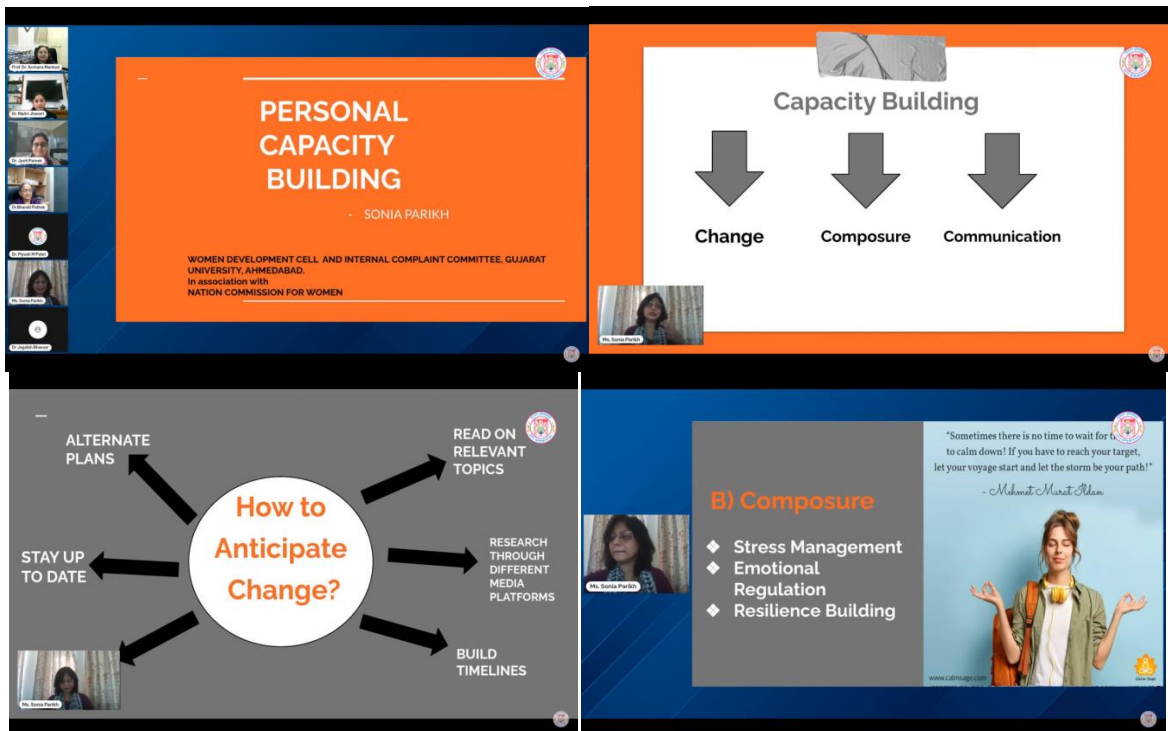
Prof. Dr. Bharati Pathak  
Chairperson - ICC

Prof. Dr. Jyoti Pareek  
Member Secretary - WDC & ICC

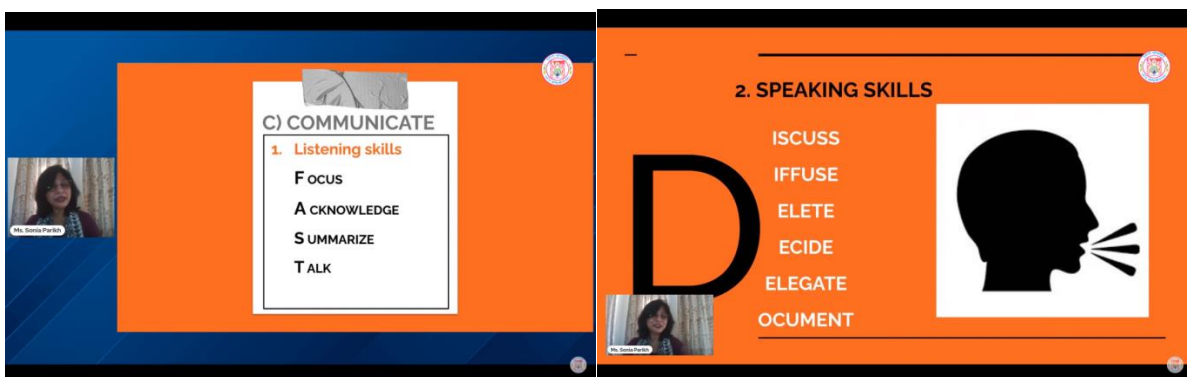
Dr. P. M. Patel, Registrar, Gujarat University congratulated WDC-ICC team for organising such timely and useful webinars. Dr. Jagdish Bhavsar, Pro-Vice Chancellor, Gujarat University, Ahmedabad, Gujarat expressed pleasure on focussing on communication as a top priority issue for all.



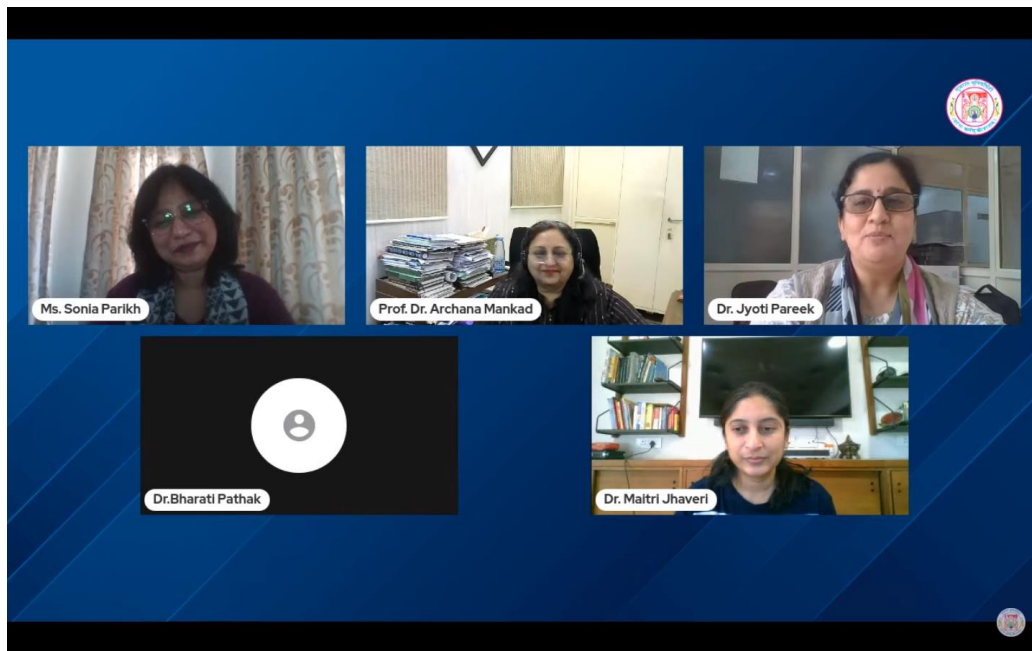
It is important to inculcate skills to develop personal capacity specially in these unusual times of the pandemic. The distinguished invited speaker, **Ms. Sonia Parikh**, a motivational speaker from Confidence Academy, Ahmedabad has been conducting online sessions for various corporate organizations and academic institutions.



The objective of this session on **Personal Capacity Building**, was to make the learners engage in effective communication, by respecting diversity and embracing good listening skills, Practice Brainstorming, Group discussion, learning effective time management skills, thereby, avoiding unwarranted stress. Ms. Sonia Parikh successfully highlighted the need to accept change, strengthen composure while accepting change. Further, develop effective listening and speaking skills for better communication through her presentation. Her explanations of everyday experiences and our responses, explicitly conveying the need to communicate effectively and avoid stress was truly praiseworthy.



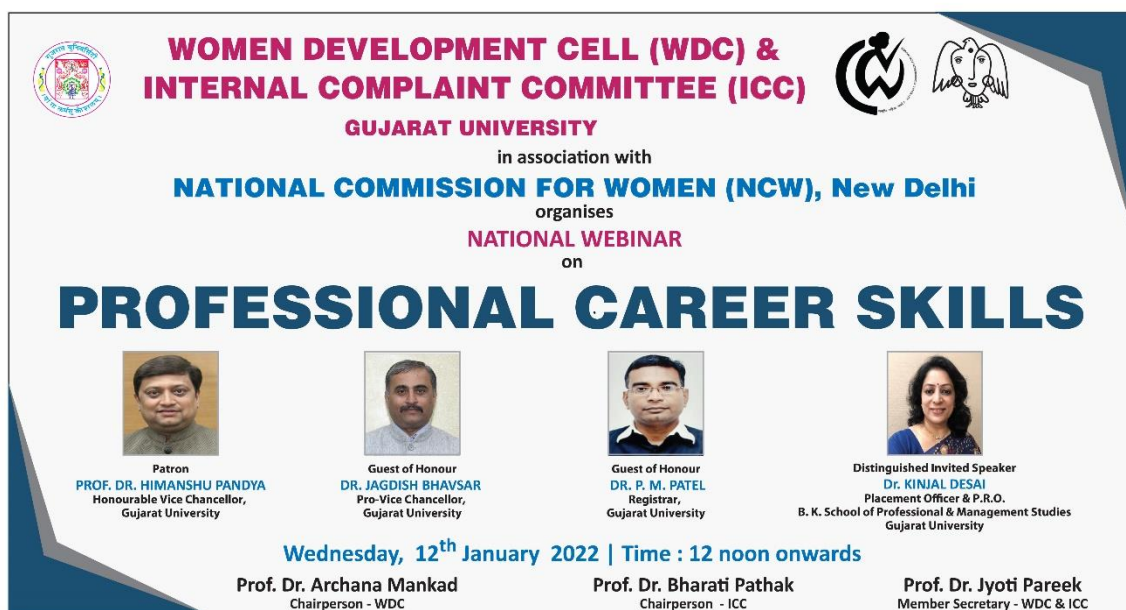
The session concluded with a gracious acknowledgement by Dr. Jyoti Pareek, Member Secretary, WDC-ICC, who presented the formal Vote of Thanks. The programme was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully.



The technical support was provided by Mr. Sagar Panchal, GUSEC and Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Ms. Jinali, Ms. Vaidehi from Department of Computer Science and Ms. Namrata from WDC-ICC. All participants received e-certificates.

## National Webinar on PROFESSIONAL CAREER SKILLS

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat in association with **National Commission for Women (NCW)**, New Delhi organized a National Webinar on **Professional Career Skills** on Wednesday, 12<sup>th</sup> January 2022 at 2.00 p.m. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Archana Mankad, Chairperson, WDC-ICC.



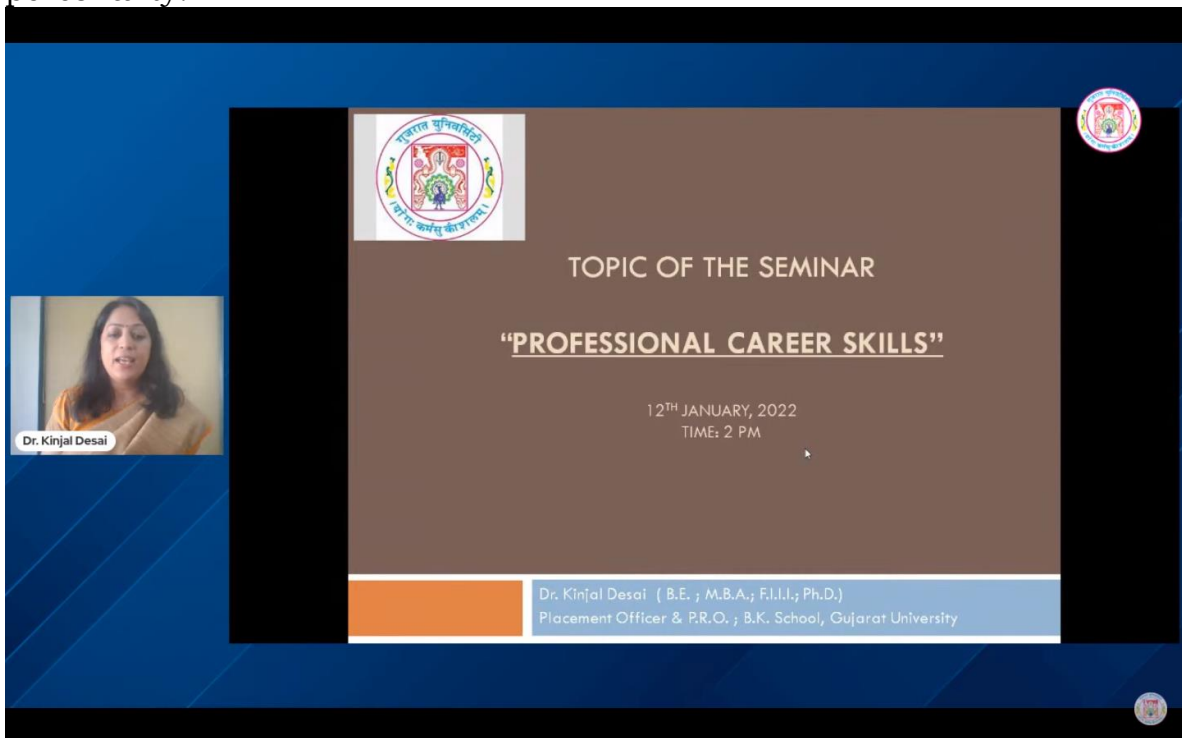
The poster features the logos of Gujarat University and the National Commission for Women (NCW) at the top. The text reads: 'WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC) GUJARAT UNIVERSITY in association with NATIONAL COMMISSION FOR WOMEN (NCW), New Delhi organises NATIONAL WEBINAR on PROFESSIONAL CAREER SKILLS'. Below this, four portraits are shown with their names and titles: Prof. Dr. Himanshu Pandya (Patron, Honorable Vice Chancellor, Gujarat University), Dr. Jagdish Bhavsar (Guest of Honour, Pro-Vice Chancellor, Gujarat University), Dr. P. M. Patel (Guest of Honour, Registrar, Gujarat University), and Dr. Kinjal Desai (Distinguished Invited Speaker, Placement Officer & P.R.O., B. K. School of Professional & Management Studies, Gujarat University). At the bottom, the date and time are listed as 'Wednesday, 12<sup>th</sup> January 2022 | Time : 12 noon onwards', followed by the names and roles of the chairpersons: Prof. Dr. Archana Mankad (Chairperson - WDC), Prof. Dr. Bharati Pathak (Chairperson - ICC), and Prof. Dr. Jyoti Pareek (Member Secretary - WDC & ICC).

It is important to inculcate Professional Skills for students. The distinguished invited speaker, **Dr. Kinjal Desai**, from B.K. School of Business Management, Gujarat University, Ahmedabad has been conducting training sessions for various departments to prepare the students in upgrading their professional skills as they identify their careers. The objective of this session on **Professional Career Skills** was to help the learners identify career opportunities, learn resume writing, interview skills and presentation skills.





**Dr. Kinjal Desai** successfully highlighted the need to identify the difference between resume, CV and biodata. Her explanations were well received by the participants. She emphasised on use of appropriate information to be shared while applying for a job. A person's social media profile also needs to be appropriately handled so as to give the employer an insight into the personality.



### Resume v/s CV

Particulars	Resume	CV
<b>Meaning</b>	Summary	Course of life in a detailed manner.
<b>Audience</b>	Employers who hire for a wide variety of positions	Employers from companies related to your field of study as you apply for jobs or internships.
<b>Goal</b>	Represent the skills and experience necessary to succeed in the position from all areas—job-related, volunteer, and extracurricular activities	Demonstrate your academic achievements and scholarly potential
<b>Essential Information</b>	Only those skills and experiences which are relevant to the position you are seeking; co-curricular activities; extra-curricular activities in summary	Experiences, Technical proficiency, Research work, Achievements, Positions of responsibility, extracurricular activities in detail
<b>Concentrate upon</b>	Fresh, middle and senior level job	Research jobs, people looking for a career change, academic positions/ middle level and top

### Resume writing tips

- It is your first introduction to the Potential Employer.
- A resume is a marketing document designed to sell your skills and strengths rather than just to portray a biodata of the candidate.
- Generally a resume gets scanned for 25 seconds
- Logical format and wide margins, clean type and clear headings.
- Apply **bold** and *italic* typeface that help guide the reader's eye.
- Use bullets to call attention to important points.

### Use Accomplishment Statements

- PAR**  
Problem, Action, Result
- A+B=R**  
Action + Benefit = Result

- Achievements
- Awards and Certificates
- Seminars
- Special Responsibilities at College level

### Hobbies Vs. Interest

- Travelling
- Reading
- Cooking
- Writing
- Theatre
- Painting
- Sports
- Social Work etc.

### INTERVIEWING TECHNIQUE

Dr. Kijal Desai (B.E., M.B.A., Ph.D.)  
Placement Officer & I.T. Cell, JRF-School, Osmania University

### WHAT YOU SAY..... ITS HOW YOU SAY IT!

Impress with your delivery  
Engage – Put your point of view across  
Build Rapport – Become a convincing speaker

### Prior Interview

- Read your CV/ application
- Understand the skills demanded
- Know the company
- Go to the company web site
- Annual reports
- Business news papers, magazines
- Directly contact the employees

### "Choose the one you want to be"

Thank You.

Feedback Link: [gu-e.co/pcs](http://gu-e.co/pcs)

The session concluded with a gracious acknowledgement by Dr. Jyoti Pareek, Member Secretary, WDC-ICC, who presented the formal Vote of Thanks. The programme was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully.



The technical support was provided by Mr. Sagar Panchal, GUSEC and Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Ms. Jinali, Ms. Vaidehi from Department of Computer Science and Ms. Namrata from WDC-ICC. All participants received e-certificates.

**National Webinar on**  
**DIGITAL LITERACY & EFFECTIVE USE OF SOCIAL MEDIA**

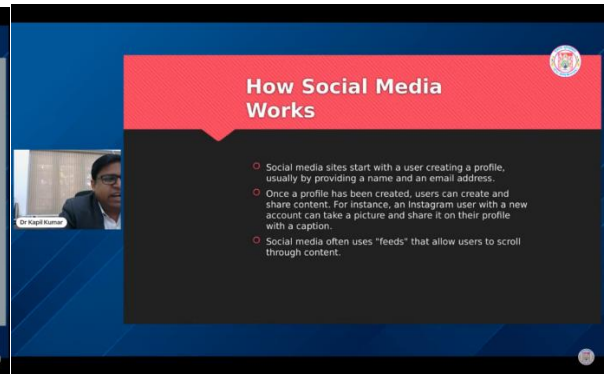
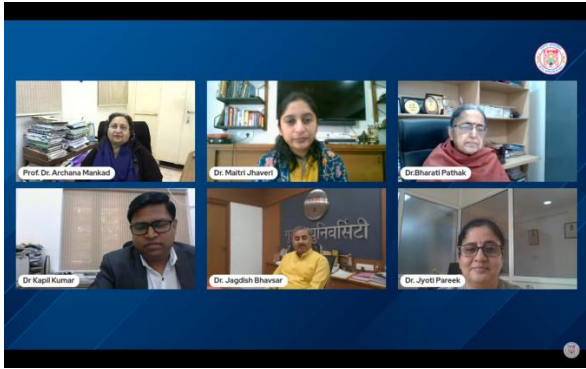
Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat in association with National Commission for Women (NCW), New Delhi organized a National Webinar on **Digital Literacy & Effective Use of social media** on Thursday, 13<sup>th</sup> January 2022 at 12.00 noon. The event was live on Facebook and YouTube. The session started with a brief Inaugural session followed by the Invited talk. The Inaugural session began with the University song and a formal welcome of the guests and participants by Dr. Archana Mankad, Chairperson, WDC-ICC.

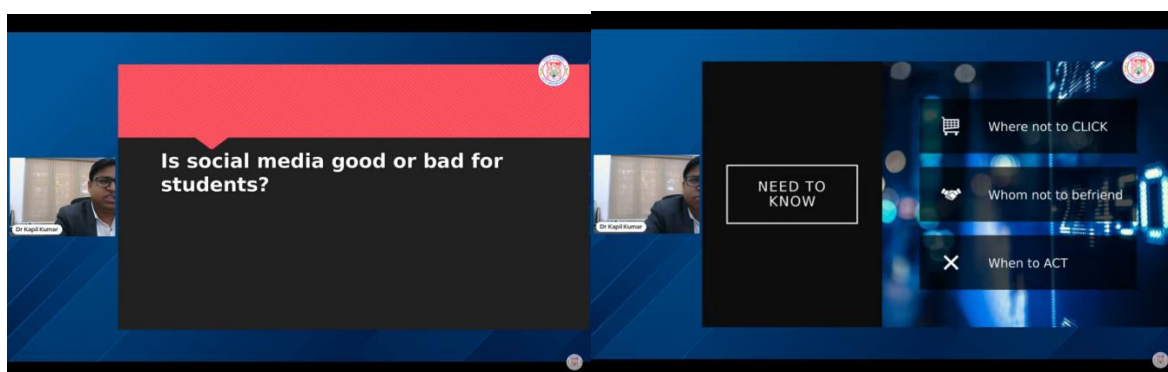
**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC)**  
**GUJARAT UNIVERSITY**

in association with  
**NATIONAL COMMISSION FOR WOMEN (NCW), New Delhi**  
organises  
**NATIONAL WEBINAR**  
on  
**DIGITAL LITERACY & EFFECTIVE USE OF SOCIAL MEDIA**

 Patron <b>PROF. DR. HIMANSHU PANDYA</b> Honourable Vice Chancellor, Gujarat University	 Guest of Honour <b>DR. JAGDISH BHAVSAR</b> Pro-Vice Chancellor, Gujarat University	 Guest of Honour <b>DR. P. M. PATEL</b> Registrar, Gujarat University	 Distinguished Invited Speaker <b>DR. KAPILKUMAR</b> Department of Forensic Science Gujarat University
<b>Prof. Dr. Archana Mankad</b> Chairperson - WDC	<b>Prof. Dr. Bharati Pathak</b> Chairperson - ICC	<b>Prof. Dr. Jyoti Pareek</b> Member Secretary - WDC & ICC	<b>Thursday, 13<sup>th</sup> January 2022</b> Time : 12 noon onwards

Dr. Jagdish Bhavsar, Pro Vice Chancellor, Gujarat University, congratulated the WDC-ICC team for organizing such important webinars in the larger interest of all. He emphasized on the urgent need to understand the use and risks associated with the use of social media. The distinguished invited speaker, **Dr. Kapil Kumar**, from Department of Forensic Science, Gujarat University gave very informative talk. He besides being an expert in Forensic Science is also an expert in Cyber Security. The objective of this session on **Digital Literacy & Effective use of social media** was to generate awareness among all and specially women on safe usage of internet and social media platforms; raising awareness about cybercrimes; advising users about the recourse available specially to women so as to prevent, and if required, how to handle such crimes.





Dr. Kapil Kumar emphasised on safe use of social media and be aware about cyber security. He explicitly explained that sharing passwords, leaving webcams on, sharing live location or sharing information about being on vacation can invite problems. Antivirus software should be added on all devices. Women should protect themselves by going by their own instinct and should unfriend anyone or block anyone if they feel unsafe.



The session concluded with a gracious acknowledgement by Dr. Jyoti Pareek, Member Secretary, WDC-ICC, who presented the formal Vote of Thanks. The programme was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Mr. Sagar Panchal, GUSEC and Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Ms. Jinali, Ms. Vaidehi from Department of Computer Science and Ms. Namrata from WDC-ICC. All participants received e-certificates.

## **INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2021**

WOMEN DEVELOPMENT CELL (WDC) AND INTERNAL COMPLAINT COMMITTEE (ICC), Gujarat University, Ahmedabad celebrated the International Women's Day on Tuesday, 8<sup>th</sup> March 2021 at the Senate Hall. The celebration started with the University song. Prof. Bharati Pathak, Chairperson-ICC delivered the formal welcome speech. Ms. Kiral Ghodadra, Scientist SE, SAC-ISRO was invited as the Chief Guest for the function. Ms Kiral Ghodadra is working as a Scientist/Engineer at Space Applications Centre, ISRO Ahmedabad since the year 2009. She had obtained Bachelor of Engineering in Electronics and Communications from L D College of Engineering, Ahmedabad. She has significantly contributed in the design, development and qualification of Payload Controller subsystems for various microwave payloads of various missions like Gaganyaan, NASA-ISRO Synthetic Aperture Radar (NISAR), Chandrayaan-2 SAR, L and S Band Airborne SAR, Scatsat-1, Ka-Band Radar Altimeter, Radar Imaging Satellite-1 (RISAT-1), C & X band DMSAR, etc. She has developed MIL-STD-1553 Remote Terminal (RT) Intellectual Property (IP) core that has received a copyright from the Government of India in December 2015. **Ms. Kiral had successfully participated in the 36th Indian Scientific Expedition to Antarctica (36th ISEA) during December 2016 to April 2017.** She performed Ground Penetrating Radar survey and Differential Global Positioning System data collection on land & sea ice for validation of parameters of Antarctic Ice Dynamics extracted from Indian Remote Sensing Data. Her presentation outlined the significant preparatory training acclimatization, physical fitness training and actual expedition. It was fascinating for all to listen first hand experiences from Ms. Kiral when she shared nostalgic moments, fears, and issues emerging during the expedition. She also showed photos of animals there and shared a short video. The presentation left everyone spell bound and in awe with Ms. Kiral, her proud achievement and experiences. Prof. Himanshu Pandya acknowledged and appreciated the zeal and outstanding feat of Ms. Kiral for being part of the scientific team to Antarctica. He mentioned that our scholars from the department have also been part of research teams with MoES & SAC-ISRO and been on high seas. Sir gave ideas to young minds to see challenges mentioned by Kiral Ma'am as opportunities and invest time and be innovative to find solutions. This was followed by felicitation of the Judges and prize distribution to the winners in Pratibha competitions. The following Judges were felicitated for their support in evaluating the online entries. Prof. Darshana Trivedi, Dr. Jayraj Pandya, Mr. Malay Shukla, Prof. Hitesh Solanki, Dr. Divya Chandel, Dr. Nidhi Gondaliya, Dr. Richa Soni, Dr. Milan Vala, Prof. Rajshri Jotania, Dr. Dhara Rajput, Dr. Pujan Pandya, Dr. Bhumika Barot & Dr. Parul Mehta. The winners in various competitions were:

### **Ek idea jo badal de aapki duniya**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>	<b>Prize</b>
1.	Shreyansh Mevada	Department of Chemistry	First

2.	Pratik Baloliya	School of Commerce	Second
3.	Rawat Satvir	School of Commerce	Third

### Poster Making Competition

Sr. No.	Name	Department	Prize
1.	Nirali Parmar	School of Commerce	First
2.	Jhanvi Rathod	Department of Statistics	Second
3.	Kaushal Daki	Department of Chemistry	Third

### Article writing competition

Sr. No.	Name	Department	Prize
1.	Megha Balyan	School of Commerce	First
2.	Vibhukumar Vadaliya	Department of Chemistry	Second
3.	Prashant Shah	Department of Chemistry	Third

### Essay writing Competition

Sr. No.	Name	Department	Prize
1.	Jayvi Patel	Department of Microbiology	First
2.	Tejal Sharma	School of Commerce	First
3.	Smit Makwana	School of Commerce	Second
4.	Pratik Baloliya	School of Commerce	Second
5.	Gargi Sharma	Department of Microbiology	Third

### Quick Cooking competition

Sr. No.	Name	Department	Prize
1.	Janvi Sharma	Department of Microbiology	First
2.	Neha Parmar	School of Commerce	Second
3.	Richa Mayavanshi	Department of Chemistry	Third

### Best from Waste

Sr. No.	Name	Department	Prize
1.	Khusbhu Prasad	School of Commerce	First
2.	Janvi Sharma	Department of Microbiology	Second



### Solo Song Competition

Sr. No.	Name	Department	Prize
1.	Janavi Prajapati	School of Commerce	First
2.	Jahnavi Vyas	School of Commerce	Second
3.	Komal Rajpurohit	Department of Chemistry	Third

### Skit Competition

Sr. No.	Name	Department	Prize
1.	Neha Kaku Jay Pandya Rohit Darji Ajay Gorasava Nandini Panchal Kinjal Maheriya	School of Commerce	First

### Group Song Competition

Sr. No.	Name	Department	Prize
1.	Jahnavi Vyas Janavi Prajapati Urmi Suchak Sharaddha Ruhela	School of Commerce	First

### Group Dance Competition

Sr. No.	Name	Department	Prize
1.	Riya Jain Komal Kandoi Twinkle Gupta	School of Commerce	First

Prof. (Dr.) Jyoti Pareek, Member Secretary, WDC-ICC gave the Formal Vote of Thanks. The formal function was followed by the much-awaited cultural programme wherein the staff and students participated enthusiastically. Students' cultural events were directed by Prof. Sodha from Department of Commerce. A tribute to the Legendary singer, Lata Mangeshkar was very nicely & creatively presented as a quiz by the Department of Computer Science. The program was gracefully anchored by Dr. Maitri Jhaveri, Department of Computer Science. The volunteers helped coordinate the various aspects of the event and received certificates of appreciation. All enjoyed delicious hot lunch.





**2022-2023**

**National Webinar on EAT RIGHT AND LIVE HEALTHY**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat Organized a National Webinar on “**Eat Right and Live Healthy**” on Wednesday, 27<sup>th</sup> July 2022 at 12.00 noon. The event was live on Facebook and YouTube. The session started with the formal welcome of the Distinguished Resource Person, Dr. Richa Soni, Food Science and Nutrition, Department of Life Science, Gujarat University, by Prof. Archana Mankad, Chairperson, WDC.



Prof. (Dr.) Himanshu Pandya, Hon. Vice Chancellor, Gujarat University, was busy and had conveyed his best wishes for the webinar. Dr. P. M. Patel, Prof. Bharati Pathak and Prof. Jyoti Pareek were busy and also conveyed best wishes for the webinar. Dr Richa explained the need to develop healthy eating habits as a lifestyle change and not celebrate with sweets. Dr. Richa very appropriately explained the emotional need of food during stress and fatigue. The meaning of balanced diet, calculating the BMI, significance of vitamin B12, amount of water consumed, timing of meal, being in the company of family members, affect healthy living. Parents can inculcate healthy eating habits in children from a young age. Richa ma'am also shared some of the products like cookies from ragi flour, made by her students as healthy alternatives for better health. Gujarat University is all set to be the eat right healthy campus when all such healthy options would be made available to staff and students. She was able to generate a lot of enthusiasm among the participants and the session ended with many questions from the participants.

**LIVE 16:50**

## Emotional vs. Physical Hunger

- Why do we eat when not hungry?
- How do we feel after we eat because of these emotions?
- Boredom- Create Distractions
- Anger-Crave for crunchy, Spicy, and/or Hot foods.
- Fear- Crave for smooth and creamy and Comfort foods
- Stress- changes appetite Up or down
- Fatigue- Crave sweets and carbohydrates

**LIVE 17:56**

## IMPORTANCE OF DIET DURING DIFFERENT STAGES OF LIFE

For being physically active and healthy.  
**Nutrient-dense low fat foods.**

For maintaining health, productivity and prevention of diet-related diseases and to support reproductive functions.  
**Nutritionally adequate diet with water food for child bearing/rearing.**

For growth spurt, maturation and bone development.  
**Body building and protective foods.**

For growth, development and to fight infections.  
**Energy-rich, body building and protective foods (milk, vegetables and fruits).**

For growth and appropriate milestones.  
**Breastmilk, energy-rich foods (fats, Sugar).**

**LIVE 20:43**

## What is balanced diet?

ICMR FIVE FOOD GROUPS

Food Group	Main Nutrients
I. Cereals, Grains and Products: Wheat, Rice, Jowar, Maize, Jowar, Barley, Rice, Bajra, Whole Flour	Energy, protein, Carotenes, Vitamins B1, B2, Folic Acid, Iron, Fibre
II. Pulses and Legumes: Bengal gram, Black gram, Green gram, Red gram, Lentils (chick, as well as dhal), Cowpea, Peas, Soybean, Chickpeas, Beans	Energy, Protein, Insoluble fat, Vitamin-B1, Vitamin-B2, Folic Acid, Calcium, Iron, Fibre
III. Milk and Meat Products: Milk, Curd, Skimmed milk, Cheese, Paneer, Liver, Fish, Egg, Meat	Protein, Fat, Vitamin-B12, Calcium, Protein, Fat, Vitamin-B2
IV. Fruits and Vegetables: Mango, Guava, Tomato, Ripa, Papaya, Orange, Sweet Lime, Watermelon, Vegetable (Carrot, Ladyfinger, Drumstick, Cucumber, beans, Mustard leaves, Fenugreek leaves)	Carotenoids, Vitamin-C, Fibre
V. Other Vegetables: Cauliflower, Broccoli, Spinach, Capsicum, Beans, Cucumber, Drumstick, Cauliflower	Insoluble fat, Carotenoids, Vitamin-B2, Folic Acid, Calcium, Iron, Fibre
VI. Fats and Sugars: Butter, Ghee, Hydrogenated oils, cooking oils like Groundnut, Mustard, Jaggery	Carotenoids, Folic Acid, Calcium, Fibre Energy, Fat, Essential Fatty Acids
	Energy

**LIVE 38:42**

## Calculate fat allowance for your family

For one person, maximum 675 ml of total fat (oil, ghee, butter) should be used for one month. If there are 5 family members,

Allowance of fat will be = 675 X 5 = Approx 3.4 kg

This means, 3.4 kg of fat should be used for the entire family in one month.

Not more than 1/4<sup>th</sup> part of 3.4 kg should be in the form of ghee and butter. And 3/4 part as vegetable oil.

i.e 1/4<sup>th</sup> part of 3.4 kg = 850 g ghee and butter.  
3/4<sup>th</sup> part of 3.4 kg = 2.5 kg oil.

**LIVE 44:06**

## Vitamin B12

RDA - 2.2 µg/day

Vitamin B<sub>12</sub> essential for maintaining the health of all cells as it is needed for production of DNA and RNA, the body's genetic material. Vitamin B<sub>12</sub> is produced in nature only by vitamin B<sub>12</sub>-producing microorganisms.

"Organically grown" food may have higher vitamin B<sub>12</sub> concentrations than the food exposed to chemical fertilizers.

It is speculated that polluted environment and unhygienic practices could be providing the necessary minimal vitamin B<sub>12</sub>.

sources - Meat, poultry, fish, fortified food, dairy products (Cow's milk) and eggs.

**LIVE 52:37**

## Concept of Probiotics and Prebiotics

Probiotics → Intestinal Microbiota ← Prebiotics

Stomach

Small Intestine

Colon

Live bacteria → Active eubiotic bacteria

Non-absorbable oligosaccharides → Available endogenous bacteria

Barrier function  
Suppression of pathogenic bacteria  
Immune function

**LIVE 53:46**

## Timing of meal

Breakfast, Lunch, Dinner, Snack

Food is our bodies main fuel, we need to top it up regularly with a balance of food groups to keep blood sugars stable

**LIVE 1:00:07**

## What to do ?? How to control Obesity ?

Prevention is the key strategy

Primary prevention

secondary prevention

Simple Formula: Balance your diet and activity

**LIVE 1:06:22**

## Modify your diet

There are a number of specific treatment approaches, one of which is the Traffic light diet with its child friendly approach to categorizing food into RED (Stop), YELLOW (Caution) and GREEN (Go).

- Red Zone (Eat very rarely):**
  - Food foods - pork, lamb, venison, mutton, chicken, game, duck, venison, turkey, wild, venison, rabbit, fish
  - Meats - game, venison, rabbit, mutton, venison, wild, venison, rabbit
  - Chickens - venison, rabbit
  - Full cream milk, cream, processed cheese, butter, ghee
  - Hard cheese, butter, chocolate, fish, salmon, tuna, egg
  - High protein, bread and sweet food products
- Yellow Zone (Moderately nutritious, Eat in limited quantity):**
  - Milk and milk products (cond, powder)
  - Milk, eggs
  - Cereals and pulses
  - Banana, chika, kacha, mango, grapes
  - Leafy vegetables (spinach, arbi)
  - Sugar and fat
- Green Zone (Eat liberally):**
  - All seasonal vegetables
  - Green leafy vegetables (spinach)
  - Non-vegetarian (chicken)
  - All whole fresh fruits, those with skin (apple, guava, pear, and mango, grapes, lemon, lime, orange, kiwi, papaya, watermelon) and those with skin (orange, papaya, watermelon)
  - Whole grain (wheat, ragi, jowar, millets)
  - Whole grain (wheat, ragi, jowar, millets)
  - Whole grain (wheat, ragi, jowar, millets)

**LIVE 1:10:02**

## Products we have developed

To be supplemented to University Girls students three times in a week

**Nutritious Bites**

Nutritional claims : High protein, high in vitamin A, iron, calcium and zinc

S. No	Nutrient	Content / serving	% RDA
1.	Energy (kcal)	137	101
	Protein (g)	15.59	34.1
	Fat (g)	15.39	35.0
	Carbohydrate (g)	15.54	37.1
	Fiber (g)	4.55	13.7
	Vitamin A (µg)	419.3	49.8
	Vitamin B1 (mg)	0.17	12.5
	Vitamin B2 (mg)	0.14	7.8
	Vitamin B3 (mg)	2.33	20.2
	Vitamin E (mg)	0.65	8.7
	Iron (mg)	23.2	30.0
	Calcium (mg)	489	48.9
	Zinc (mg)	6.9	53.4
	Sodium (mg)	45.57	2.1
	Protein (mg)	35.84	8.7

Prof. Archana Mankad, Chairperson, WDC presented the formal Vote of Thanks. The program was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Mr. Sagar Panchal from GUSEC, Ms. Jinali, Ms. Jigna from Department of Computer Science. All participants received e-certificates.

## Interactive Seminar on **MANAGING PERSONAL FINANCE**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat organized an Interactive Seminar on **Managing Personal Finance** on Saturday, 6<sup>th</sup> August 2022 at 12.00 noon. The event was live on Facebook and YouTube.



The session started with the Lighting of the Lamp during the brief Inaugural Session. Prof. Archana Mankad, Chairperson-WDC formally welcomed everyone. Prof Himanshu Pandya, Honourable Vice Chancellor, Gujarat University set the mood of the seminar with his motivational address. He emphasized on understanding finance in a holistic perspective. Every rupee spent creates a ripple effect which we need to manage. Sir very rightly pointed out that the solutions to finances have to be different for different individuals. The distinguished speaker, Dr. Pervin Gandhi, CA had proudly completed her Ph.D. under the guidance of Prof. Bharati Pathak, Chairperson-ICC. Her presentation began with an unusual fact that an unimaginable amount is lying unclaimed in the banks just because we fail to nominate our loved ones on financial documents. The FIRE: Financial Independence and Retire Early has been the magic motto of most of us but how many of us work towards realizing it. It is more important to practice and advocate financial freedom. There is urgent need to understand how money grows by comprehending the active incomes and the passive incomes. It is also absolutely essential to begin retirement planning immediately and keep in mind the significance of compounding while planning the finances and the savings. The session generated a lot of enthusiasm and participants interacted with Dr. Pervin and got solutions to their queries. Dr. Jyoti Pareek warmly delivered the Formal Vote of Thanks. Dr. Maitri Jhaveri anchored the event very gracefully. All registered participants received e-certificates of Participation.

## Interactive Seminar on **STRENGTHENING RESEARCH ACUMEN**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat organized an Interactive Seminar on **Strengthening Research Acumen** on Monday, 12<sup>th</sup> September 2022 at 2.00 p.m. The event was live on Facebook and YouTube.

The poster is framed in a dark teal border. At the top left is the Gujarat University logo, and at the top right is a circular logo of a bird. The main text is centered and reads: "WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC) GUJARAT UNIVERSITY Organize INTERACTIVE WEBINAR on STRENGTHENING RESEARCH ACUMEN". Below this, three speakers are listed with their photos and titles: Prof. Dr. Himanshu Pandya (Honourable Vice Chancellor, Gujarat University), Dr. Hitesh Patel (Professor, Department of Chemistry, Gujarat University, Writing a Review Article), and Dr. Kaid Johar (Associate Professor, Department of Zoology, Gujarat University, Writing a Research Paper). At the bottom, three organizers are listed: Prof. Dr. Archana Mankad (Chairperson - WDC), Prof. Dr. Bharati Pathak (Chairperson - ICC), and Prof. Dr. Jyoti Pareek (Member Secretary - WDC & ICC). The date and time are given as "Monday, 12<sup>th</sup> September, 2022 | 2.00 pm onwards; live on Gujarat University FB page".

Prof. Dr. Archana Mankad, Chairperson-WDC along with Prof. Bharati Pathak, Chairperson ICC and Prof. Dr. Jyoti Pareek, Member Secretary WDC-ICC welcomed the participants to the webinar. The webinar had generated a lot of interest with more than 400 registered participants. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University was busy and had conveyed his best wishes for the participants. The focus of the webinar was on **Documenting** our research findings, reviewing research papers and articles which is a skill that needs to be strengthened. It is an absolute must to excel in academics.

The distinguished speakers, Prof. Dr. Hitesh Patel from Department of Chemistry, Gujarat University delivered the much needed and very informative talk on **Writing a review article** and Dr. Kaid Johar, from Department of Zoology, Gujarat University delivered the much needed and very informative talk on **Writing a research paper**. Both the distinguished speakers have excellent academic achievements in terms of patents, publications and collaborations. Their experience and expertise were evident in their presentations.

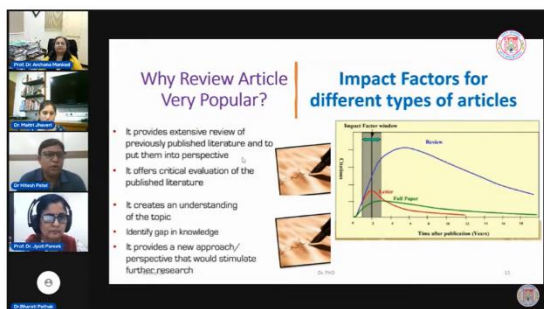




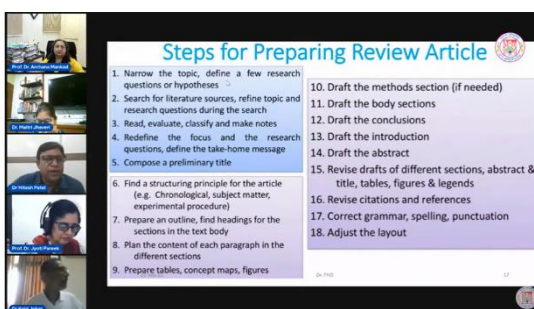
STRENGTHENING RESEARCH ACUMEN



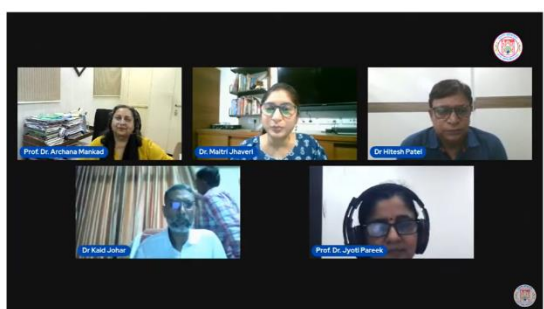
STRENGTHENING RESEARCH ACUMEN



STRENGTHENING RESEARCH ACUMEN



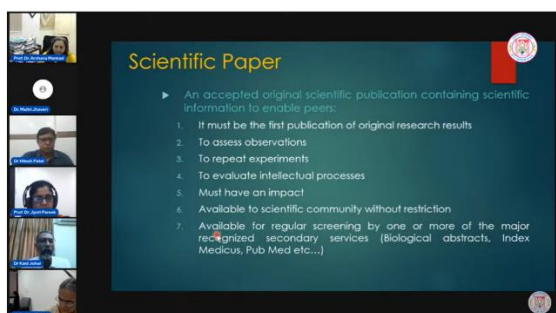
STRENGTHENING RESEARCH ACUMEN



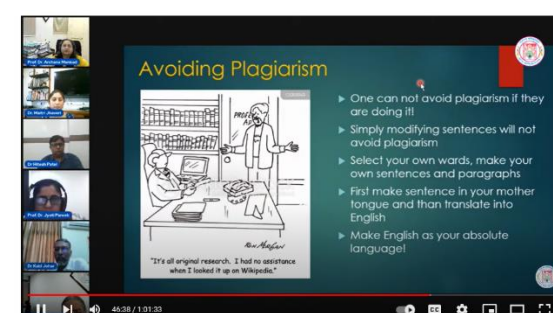
STRENGTHENING RESEARCH ACUMEN



STRENGTHENING RESEARCH ACUMEN



STRENGTHENING RESEARCH ACUMEN



STRENGTHENING RESEARCH ACUMEN

Prof. Dr. Jyoti Pareek warmly delivered the Formal Vote of Thanks. Dr. Maitri Jhaveri anchored the event very gracefully. The webinar was streamed live on Gujarat University FB page and YouTube with the help of technical support by Dr. B. S. Agrawal, Director-Rollwala computer centre, Mr. Sagar Panchal, GUSEC, Ms. Jinali and Ms. Jigna from Department of Computer Science. All registered participants received e-certificates of Participation.

## **AME AATMANIRBHAR**

Women Development Cell & Internal complaint Committee celebrated Azadi ka Amrut Mahotsav in the form of “**AME AATMANIRBHAR**”- an Exhibition cum sale of hand-made items on Friday, 7<sup>th</sup> October 2022 from 12 noon to 2 p.m. in the University lawns. Students from PG departments on the campus, administrative staff and Jan Shikshana Sansthan participated enthusiastically by putting up their hand made craft items and yummy food items. The staff and students on the campus visited the stalls and purchased innovative items. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University visited the exhibition and generated a lot of excitement among the participants. Dr. Jagdish Bhavsar, Dr. Vaishali Padhiar and officers from university main building congratulated the participants. Prof. Savita Gandhi graced the occasion as a Chief Guest and was accompanied by Prof. Jyoti Pareek. Everyone enjoyed yummy Pani puris, Bhel, Bingo Chat, Kachoris and baked sweets. The students from Department of Botany as a group KALPAVRUKSH showcased plant based innovative products. Students from Department of Journalism displayed craft items with beads, and staff displayed yummy kachoris and packed snacks. Students from KSSBM displayed useful products made with natural materials. Paintings made with resin were displayed by students from Zoology department and Magic box were also displayed by MLW students. AIC-GUSEC startup showcased Biopot. Academic Section staff and Account section staff displayed hand-made sweets, hand-made Pani puris-Bhel and handcrafted jewellery. Everyone enjoyed being together and had a lot of Fun. Prof. Dr. Archana Mankad, Prof. Dr. Jyoti Pareek, Ms. Namrata Bhavsar and Mr. Jitendra Thakor as a TEAM coordinated the whole event.

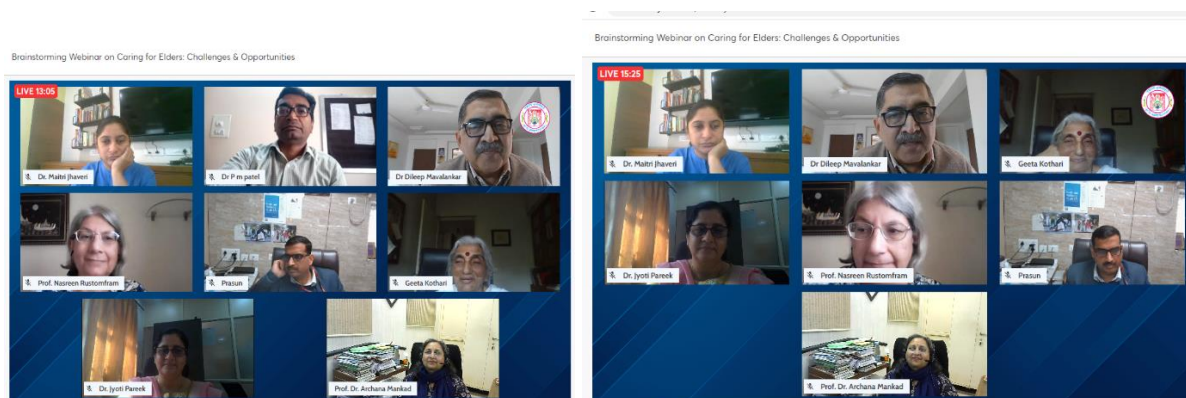




## National Webinar on

### CARING FOR ELDER- CHALLENGES AND OPPORTUNITIES

National Webinar on “**Caring for Elders- Challenges and Opportunities**” was organized on Wednesday, 11<sup>th</sup> January 2023 at 11.00 a.m. The event was live on Facebook and YouTube. The Distinguished Resource Persons invited were **Prof. Dr. Dileep Mavlankar**, Director, Indian Institute of Public Health, Gandhinagar, **Prof. Nasreen Rustom ram**, Tata Institute of Social Sciences, Mumbai, **Prof. Prasun Chatterjee**, All India Institute of Medical Sciences, New Delhi and **Mrs. Geeta Kothari**, Founder-Umang, Ahmedabad. Prof. Dr. Archana Mankad, Chairperson-WDC, formally welcomed the Guests, Distinguished speakers and participants. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University was travelling and had conveyed his best wishes for the webinar. Dr. P. M. Patel, Registrar Gujarat University and Guest of Honor conveyed his best wishes for the webinar and congratulate WDC-ICC for taking up such a relevant theme for a webinar. It is said, Age is only a number and we are as young as we feel. But, biologically speaking, as time passes, we all grow old. Socially speaking, elders have different and special needs. Above all, they need care and support. The webinar focused on social, medical and emotional needs of elders.



Prof. Dileep Mavlankar explained the role of IIPH and their efforts in training the elder care providers. His emphasis was to sensitize one and all towards providing care and support to the elders.

Prof. Nasreen Rustom ram very aptly explained the social concerns of the elders and how family members can provide the much-needed warmth and care.

**LIVE 44:19**

Tata Institute of Social Sciences  
Contd.....

### Patient-Centred Care

'Providing care that is respectful of and responsive to individual patient preferences, needs, and values and ensuring that patient values guide all clinical decisions'. The definition lists six dimensions to patient centred care:

- Compassion, empathy and responsiveness to need, values and expressed preferences.
- Coordination and integration.
- Information, communications and education.
- Physical comfort.
- Emotional support, relieving fear and anxiety.
- Involvement of family and friends.

Prasun Chatterjee  
Platform from  
eMing Learning

**LIVE 45:05**

Tata Institute of Social Sciences

### The Planetree Model of Patient-Centred Care

— Initially focused on hospital care but also covers outpatient settings.  
— It stipulates that health care environment should :

- Welcome the patient's family and friends.
- Value human beings over technology.
- Enable patients to fully participate as partners in their own care.
- Provide flexibility to personalize the care of each patient.
- Encourage caregivers to be responsive to patients.
- Foster a connection to nature and beauty.

Prasun Chatterjee  
Platform from  
eMing Learning

Dr. Prasun Chatterjee explained how healthy wellbeing can prevent Dementia.

**LIVE 109:24**

**AIIMS**  
New Delhi

अखिल भारतीय आयुर्विज्ञान संस्थान, नई दिल्ली  
All India Institute Of Medical Sciences, New Delhi

**Dementia and Healthy ageing**

**Dr. Prasun Chatterjee**  
Additional Professor  
Department of Geriatric Medicine  
All India Institute of Medical Sciences, New Delhi, India  
Member Technical Advisory Group for Measurement, Monitoring and evaluation  
UN Decade of Healthy Ageing (2021-2033), WHO HQ  
Founder President -Healthy Aging India

Prasun Chatterjee  
Platform from  
eMing Learning

**LIVE 1:11:28**

### Life course Dementia Trajectory

Prasun Chatterjee  
Platform from  
eMing Learning

Gill, et al. "Dementia prevention, intervention, and care: 2020 report of the Lancet Commission." The Lancet 395:10243 (2020): 113-446.

**LIVE 1:22:40**

Book | Open Access | © 2019

### Health and Wellbeing in Late Life

Perspectives and Narratives from India

Authors: Prasun Chatterjee

First of its kind book to focus on preparing for graceful ageing within the existing social fabric both at individual and societal level  
Includes narratives from the elderly patients and their family members  
Explains issues of multiple generations related to the aging population with a focus on intergenerational solidarity

Prasun Chatterjee  
Platform from  
eMing Learning

**LIVE 1:22:08**

### Conclusion

Prasun Chatterjee  
Platform from  
eMing Learning

Mrs. Geeta Kothari outlined the foundation of Umang and various activities being conducted there. Umang is a day centre for the elders at Ahmedabad.



Prof. Dr. Jyoti Pareek, Chairperson, ICC presented the formal Vote of Thanks. The program was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Dr. B.S. Agrawal, Director, Rollwala Computer Centre, Mr. Sagar Panchal and Mr. Sanyam Chhajed from GUSEC, Ms. Jinali, Ms. Vaidehi from Department of Computer Science and Ms. Namrata Bhavsar, WDC-ICC. All participants received e-certificates.

## **Symposium on MENTAL, EMOTIONAL AND PHYSICAL HEALTH OF ADOLESCENT AND ADULTHOOD IN WOMEN- SAKHI SWASTHYA**

Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University, Ahmedabad, Gujarat in collaboration with Rotary Club of Kankaria, Ahmedabad organized a “**Symposium on Mental, Emotional and Physical Health of adolescent and adulthood in women- Sakhi Swasthya**” on Thursday, 12<sup>th</sup> January 2023 at 11.00 a.m. The event was held in the Senate Hall, Gujarat University and well attended by students and faculty members. More than 750 students from other Universities and various affiliated colleges of Gujarat University participated in symposium. It was also live on Facebook and YouTube. The Distinguished Resource Persons invited were Ms. Navika Kumar, Group Editor, Times Now, Dr. Darshana Thakker, Gynaecologist and Dr. Himanshu Desai, GIPS Psychiatric Clinic & De-Addiction Centre. Prof. Dr. Archana Mankad, Chairperson-WDC, formally welcomed the Guests, Distinguished speakers and participants. Prof. Dr. Himanshu Pandya, Honourable Vice Chancellor, Gujarat University was travelling and had conveyed his best wishes for the Symposium.



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



Mental Emotional and Physical Health of Adolescent and Adulthood in Women

Rtn Nikhil Shukla, President of the Rotary Club of Kankaria, Ahmedabad gave an overview of the various activities of Rotary Club. Dr. Ashish Desai, Dean of Students Affairs at NIRMA University, Past District Governor of Rotary Club, remembered his association with past Vice Chancellors of Gujarat University. He inspired the participants to take up activities with Rotary Club. Dr. Darshana Thakker generated a lot of excitement with her interactive session. She explained the various health concerns in young girls.



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



Mental Emotional and Physical Health of Adolescent and Adulthood in Women



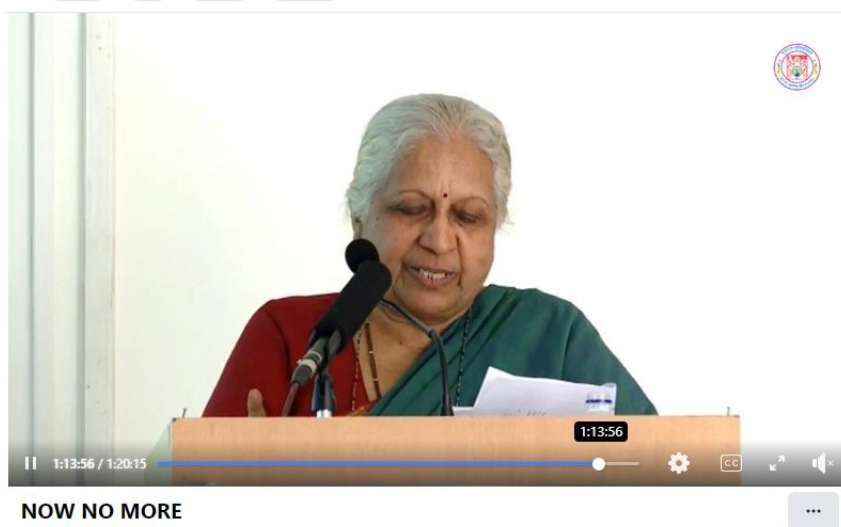
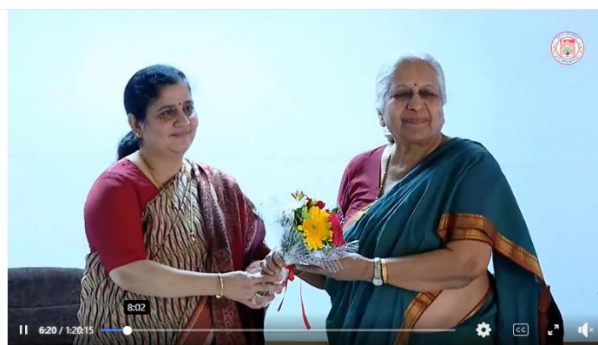


Dr. Himanshu Desai, and his team conducted a role play session to bring home the conflicts the adolescents face while communicating with their parents. The session enthralled the participants and witnessed active participation from the young girls in the audience. Ms. Navika Kumar joined online and shared her success journey to motivate the girls to believe in themselves and not succumb to pressures. Prof. Dr. Jyoti Pareek, Chairperson, ICC concluded the session graciously. The program was anchored by Dr. Maitri Jhaveri, Department of Computer Science very gracefully. The technical support was provided by Prashantbhai and his team from EMRC, Mr. Sagar and his team from GUSEC, Ms. Jinali and Ms. Vaidehi from Department of Computer Science and Ms. Namrata Bhavsar, WDC-ICC. All participants enjoyed snacks after the session and received e-certificates.

Seminar on **NOW NO MORE** An awareness initiative for Prevention of **Sexual Harassment (PoSH) at workplace.**

Interactive Brainstorming Seminar on **NOW NO MORE** An awareness initiative for Prevention of Sexual Harassment (PoSH) at workplace was organized by Women Development Cell (WDC) & Internal Complaint Committee (ICC), Gujarat University on Friday, 20th January - 2023 at 11.30 a.m. at the Botany Auditorium. The session was also live of FB and YouTube.

The Session started with a brief welcome address by Chairperson-WDC, Prof. Dr. Archana Mankad. Prof. Dr. Jyoti Pareek, Chairperson-ICC, welcomed Shailaja ma'am with a bouquet of flowers. Himanshu Pandya was busy in another meeting and had conveyed best wishes for the seminar. Prof. Jyoti Pareek Harassment of any kind is traumatic. Abuse of any kind, whether at home or at work, adversely affects our mental wellbeing. We, as a society need to address this urgently. So **NOW NO MORE**. The distinguished resource person, Mrs. Shailaja Andhare presented the topic with everyday examples, addressed both girls and boys, sensitizing them to be aware of the abuse and ways to prevent it. She also overviewed the process of submitting the complaint.



The session generated a lot of interest among the students. Prof. Dr. Jyoti Pareek, Chairperson-ICC, presented a certificate of appreciation to Shailaja ma'am after the session. Dr. Prachi Motiyani, Member-Secretary, WDC-ICC presented the Formal Vote of Thanks. The session was anchored by Dr. Maitri Jhaveri. All participants received e-certificate of participation.

## PRATIBHA 2023

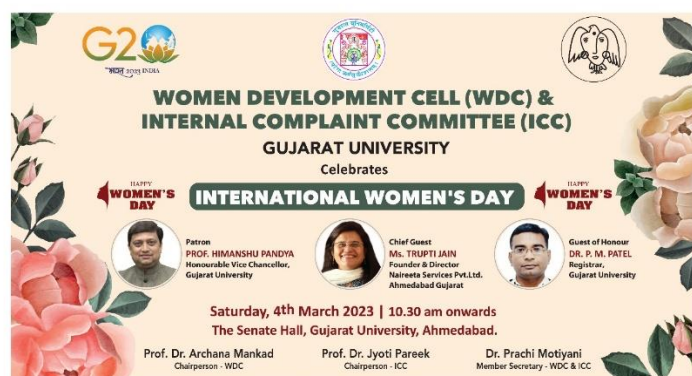
**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC), GUJARAT UNIVERSITY** Organized **PRATIBHA 2023: Annual Inter Department competitions** for the students on the campus studying in different departments. This is our initiative to provide a platform to our students to explore their innate potential and excel while also bonding with students in other departments. Ten different competitions were **EK IDEA JO BADAL DE AAPKI DUNIYA**: An innovative idea that helps overcome any day-to-day difficulty/problem and can develop into a small enterprise was to be submitted as a half page writeup, **ON THE SPOT ESSAY WRITING COMPETITION** on Sexual Harassment at workplace-challenges and solutions, **ON THE SPOT ELOCUTION COMPETITION** on different topics, **QUIZ COMPETITION** on Comprehending the Constitution of India, **HEALTHY COOKING, BEST FROM WASTE, SOLO SONG COMPETITION, SKIT COMPETITION, GROUP DANCE COMPETITION** and **GROUP SONG COMPETITION**. The activity witnessed enthusiastic participation and were conducted in a phased manner starting with the Quiz competition in November 2022 and other competitions in January 2023. The faculty members on the campus, as Judges for the various competitions provided timely help and support to the initiative. The best performances will get a chance to perform during the International Women's Day Celebrations by WDC-ICC on Saturday, 4th March 2023. All participants received e-certificates of participation and the winners will receive prizes.



The activity was well coordinated with the help of Ms., Namrata Bhavsar, WDC-ICC office who provided the much-needed information and communication to the anxious and enthusiastic participants.

## INTERNATIONAL WOMEN'S DAY CELEBRATION 2023

**WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC), GUJARAT UNIVERSITY** celebrated the **INTERNATIONAL WOMEN'S DAY** on Saturday, 4th March 2023. The celebrations involved prize distribution and cultural programme.



Prof. Jyoti Pareek welcomed the guests and shared the bird's eye view of the activities organized by WDC-ICC in this year. Ms. Trupti Jain, Founder and Director, Naireeta Services was the Chief Guest for the formal function. The Guest of Honour, Dr. P. M. Patel, Registrar, Gujarat University congratulated everyone on the occasion and conveyed his best wishes. Ms. Trupti Jain shared her success story and motivated the young audience. Prof. Archana Mankad announced the names of recipients of Certificate of Appreciation and names of Pratibha Judges and Winners. WDC-ICC felicitated Women faculty members who have contributed enormously towards their subject in the form of a **Certificate of Appreciation**. The Judges for Pratibha Competitions were also honoured with certificates and gifts for their valuable help. The winners in Pratibha competition also received certificates and gifts.

### **Certificate of Appreciation**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>
1.	Dr. Meenu Saraf	Director, School of Science
2.	Dr. Viraj Amar	Upasana School of Performing Arts
3.	Dr. Nita Shah	Department of Mathematics
4.	Dr. Sonal Pandya	Department of Journalism and Mass Communication
5.	Dr. Darshna Bhatt	Department of English
6.	Dr. Nisha Rampal	Department of Hindi
7.	Dr. Shital Shukla	Department of Earth Science
8.	Dr. Kamayani Mathur	Director, School of Psychology,

		Philosophy and Education
9.	Dr. Bharati Pathak	Director, School of Commerce
10.	Dr. Preeti Maiyani	Department of Human Resource Development
11.	Dr. Rajshree Jotania	Department of Physics
12.	Dr. Margie Parikh	B K School of Business Management
13.	Dr. Rajasi Clerk	Director, School of Social Sciences
14.	Dr. Mayuri Bhatia	Department of Sanskrit
15.	Dr. Divya Chandel	Department of Zoology
16.	Dr. Geeta Gadhavi	Department of Library and Information Science
17.	Dr. Bhumika Shah	Department of Computer Science

### **Judges : Pratibha Competitions**

<b>Sr. No.</b>	<b>Name</b>	<b>Department</b>
1.	Prof. Dr. Hitesh Solanki	Department of Botany, Bioinformatics & Climate Change
2.	Dr. Dhara Bhavsar Rajput	Department of Botany, Bioinformatics & Climate Change
3.	Dr. Prachi Motiyani	School of Law
4.	Prof. Dr. Kaushik Rawal	School of Law
5.	Mr. Malay Shukla	GUSEC
6.	Prof. Dr. Rajshri Jotania	Department of Physics
7.	Prof. Dr. Pranav Srivatsav	Department of Chemistry
8.	Prof. Dr. Rakesh Rawal	Department of Life Science
9.	Dr. Kinjal Desai	B. K. School of Business Management
10.	Prof. Dr. Meenu Saraf	Department of Microbiology & Biotechnology
11.	Dr. Nidhi Gondaliya	Department of Life Science
12.	Dr. Richa Soni	Department of Life Science
13.	Mrs. Sukanya Rawal	Department of Botany, Bioinformatics & Climate Change
14.	Dr. Pujan Pandya	Department of Botany, Bioinformatics & Climate Change
15.	Prof. Dr. Divya Chandel	Department of Zoology
16.	Dr. Milan Vala	Department of Botany, Bioinformatics & Climate Change

Prof. Dr. Hitesh Solanki		Department of Botany, Bioinformatics & Climate Change				
Dr. Dhara Bhavsar Rajput		Department of Botany, Bioinformatics & Climate Change				
Dr. Prachi Motiyani		School of Law				
Prof. Dr. Kaushik Rawal		School of Law				
Mr. Malay Shukla		GUSEC				
Prof. Dr. Rajshri Jotania		Department of Physics				
Prof. Dr. Pranav Srivatsav		Department of Chemistry				
Prof. Dr. Rakesh Rawal		Department of Life Science				
Dr. Kinjal Desai		B.K.School of Business Management				
Prof. Dr. Meenu Saraf		Department of Microbiology & Biotechnology				
Dr. Nidhi Gondaliya		Department of Life Science				
Dr. Richa Soni		Department of Life Science				
Mrs. Sukanya Rawal		Department of Botany, Bioinformatics & Climate Change				
Dr. Pujan Pandya		Department of Botany, Bioinformatics & Climate Change				
Prof. Dr. Divya Chandel		Department of Zoology				
Dr. Milan Vala		Department of Botany, Bioinformatics & Climate Change				

### Winners of Pratibha Competitions:

<b>Sr. No.</b>	<b>Name</b>	<b>Competition Name</b>	<b>Prize</b>
1.	Jaiman Shaileshkumar Prajapati	Ek Idea Jo Badal de Aapki Duniya Competition	First
2.	Bhavsar Aadity Snehalbhai	Ek Idea Jo Badal de Aapki Duniya Competition	Second
3.	Vaghela Pruthviraj Pravinsinh	Ek Idea Jo Badal de Aapki Duniya Competition	Second
4.	Devangi M. Rabari	Ek Idea Jo Badal de Aapki Duniya Competition	Third
5.	Madhuri M. Joshi	On The Spot Essay Writing Competition	First
6.	Zohra Qureshi	On The Spot Essay Writing Competition	Second
7.	Nilam Prajapati	On The Spot Essay Writing Competition	Third
8.	Jeel Desai	Healthy Cooking Competition	First
9.	Krupali Khatri	Healthy Cooking Competition	Second
10.	Minal Patel	Healthy Cooking Competition	Third
11.	Jeel Desai	Best From Waste Competition	First
12.	Minal Patel	Best From Waste Competition	Second
13.	Nazmeen Ramjanibhai Barafwala	Best From Waste Competition	Second
14.	Priyanka Ratwani	Best From Waste Competition	Third
15.	V Harish Kumar	Best From Waste Competition	Third
16.	Ishika Rajeshbhai Raval	On the Spot Elocution Competition	First
17.	Kashish Govind Thadani	On the Spot Elocution Competition	Second
18.	Ekta Narendrakumar Agja	On the Spot Elocution Competition	Third
19.	Jaykishan Modi	Quiz Competition	First
20.	Jainam Gandhi	Quiz Competition	First
21.	Mehul Gohil	Quiz Competition	First
22.	Nikunj Parmar	Quiz Competition	Second
23.	Pratik Parmar	Quiz Competition	Second
24.	Kanojiya Riya Ghanshyambhai	Quiz Competition	Second
25.	Mahavirsinh Chavda	Quiz Competition	Third



26.	Harpalsinh Rathod	Quiz Competition	Third
27.	Raj Gohel	Quiz Competition	Third
28.	Karan Gangwani	Quiz Competition	Consolation
29.	Romesh Nayi	Quiz Competition	Consolation
30.	Manishsinh Zala	Quiz Competition	Consolation
31.	Ashvi Doshi	Quiz Competition	Consolation
32.	Maitri Mewada	Quiz Competition	Consolation
33.	Khushi D. Patel	Quiz Competition	Consolation
34.	Kanisha Shah	Group Dance Competition	First
35.	Akanksha Damani	Group Dance Competition	First
36.	Trusha Thakur	Group Dance Competition	First
37.	Shubhraa Chaudhari	Group Dance Competition	First
38.	Sanika Mukadam	Group Dance Competition	First
39.	Steffy Burry	Group Dance Competition	First
40.	Sunny Mirchandani	Group Dance Competition	Second
41.	Komal Kandoi	Group Dance Competition	Second
42.	Shreya Panchal	Group Dance Competition	Second
43.	Roshni Kotwani	Group Dance Competition	Second
44.	Maitriba Chudasama	Group Dance Competition	Second
45.	Neha Devda	Group Dance Competition	Second
46.	Abhay Raval	Group Dance Competition	Second
47.	Neha Kaku	Group Dance Competition	Third
48.	Siddharth Mer	Group Dance Competition	Third
49.	Bhavsar Aadity Snehalbhai	Group Dance Competition	Third
50.	Sonu Prajapati	Group Dance Competition	Third
51.	Nandini Panchal	Group Dance Competition	Third
52.	Trusha Thummar	Group Dance Competition	Third
53.	Kinjal Maheriya	Group Dance Competition	Third
54.	Snehal Parmar	Group Dance Competition	Third
55.	Nazima Malik	Group Song Competition	First
56.	Janavi Prajapati	Group Song Competition	First
57.	Jahnavi Vyas	Group Song Competition	First

58.	Shraddha Ruhela	Group Song Competition	First
59.	Jahnavi Vyas	Solo song Competition	First
60.	Shraddha Ruhela	Solo song Competition	First
61.	Shekhaliya Babu Gopalbhai	Solo song Competition	Second
62.	Vaghela Dhaval Bharatbhai	Solo song Competition	Third
63.	Panwar Divyanshi	Skit Competition	First
64.	Dhaval Kalsariya	Skit Competition	First
65.	Sajan Bharvad	Skit Competition	First
66.	Nandini Panchal	Skit Competition	First
67.	Bhavsar Aadity Snehalbhai	Skit Competition	First
68.	Kaku Neha Sanjeev Kumar	Skit Competition	First
69.	Prapti Dave	Skit Competition	First

The prize distribution was followed by a cultural programme wherein the students, administrative staff and teaching faculty participated enthusiastically. A very exciting quiz coordinated by Dr. Bhumikia Shah, Department of Computer Science was also played, and everyone enjoyed receiving gifts for the right answers. Dr. Maitri Jhaveri was also felicitated for her support as anchor all through the year. Dr. Prachi Motiyani, Member Secretary, WDC-ICC presented the formal Vote of Thanks. The fun and happy moments ended with sumptuous piping hot lunch by all. All participants received e-certificates of Participation.





## Awareness Programme on **NRI MARRIAGES-DO'S & DONT'S : A WAY**

### **FORWARD**

**NATIONAL COMMISSION FOR WOMEN (NCW) New Delhi** in collaboration with **WOMEN DEVELOPMENT CELL (WDC) & INTERNAL COMPLAINT COMMITTEE (ICC), GUJARAT UNIVERSITY** organized an Awareness Programme on **NRI MARRIAGES-DO'S & DONT'S: A WAY FORWARD** on Monday, 6th March 2023.

The poster features a blue and white color scheme with a curved top and bottom. At the top, there are logos for NCW, Gujarat State Non-Resident Gujaratis Foundation, G20 India 2023, and Gujarat University. The main text reads: 'National Commission for Women (NCW) and Gujarat University Organize An Awareness Programme on NRI Marriages – Do's and Don'ts : A way Forward'. Below this, there are two portraits: Mrs. Rekha Sharma, Honorable Chairperson of NCW, and Prof. Dr. Himanshu Pandya, Honorable Vice Chancellor of Gujarat University. The event details are: 'Monday, 6th March, 2023, Time : 12.30 pm onwards' and 'Venue : Shyama Prasad Mukherjee Auditorium, Gujarat University'. At the bottom, three names are listed: Prof. Dr. Archana Mankad (Chairperson WDC), Prof. Dr. Jyoti Pareek (Chairperson ICC), and Dr. Prachi Motiyani (Member Secretary WDC-ICC).

Prof. Archana Mankad, Chairperson-WDC, Prof. Jyoti Pareek, Chairperson-ICC & Dr. Prachi Motiyani, Member Secretary WDC-ICC coordinated the whole event. The day began with distribution of informative books published by the Gujarat State Non Resident Gujaratis foundation, GoG to participants. Advocate Pooja Shah, the distinguished invited speaker, shared the legal aspects of the NRI marriages and how fraud can be prevented. Her session generated a lot of enthusiasm and participants got an insight into the law of the land. Two short films were also shown to convey the need to focus on what is important while deciding the NRI marriages. Dr. Falguni Parikh sensitized all towards the social concerns in NRI marriages and how the vulnerable get into trouble. She gave a very informative lecture on how society plays a significant role in NRI marriages and how the frauds can be prevented. Shri Pravin Singh, Officer from National Commission for Women (NCW) gave a very precise overview of the functions of NCW in NRI marriages. He explained citing examples from his experiences and explained the help available to the victims if any. Dr. Prachi Motiyani, Member Secretary WDC-ICC presented the formal Vote of Thanks. Dr. Maitri Jhaveri anchored the session very gracefully. The volunteers from

Department of Computer Science put their best foot forward and helped in the success of the event. All participants received e-certificates after the session and enjoyed the yummy snacks.



